



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Jessen, Berit

00: Berits L?beskole

00: 139

00: 160.90 km

100MeilenBerlin

0000:

Seniorinnen W40 (40-44 Jahre)

000: 22:55:48

00: 6.98 km/h

0000: 8:33 min/km

00000/0000: 95 (of 246)

00000/0: 8 (of 35)

000000: 18:16:29

00000: 5(of 10)

0000000: 18:16:29

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:03:55	7:05	8	8:13	15	12:23	9.02	1:03:55	7:05	8	8:13	15	12:23
VP2 - Schlesische	5.98	39:40	6:37	7	5:37	12	6:41	15.00	1:43:35	6:54	7	12:38	14	19:04
VP3 - Sonnenalle	6.00	40:09	6:41	7	5:10	15	6:40	21.00	2:23:44	6:50	7	16:43	14	25:44
VP4 - Stubenrauc	5.73	38:55	6:47	6	6:12	12	7:33	26.73	3:02:39	6:49	7	22:55	14	33:17
VP5 - U-Bahnhof	4.30	33:02	7:40	6	5:13	12	6:27	31.03	3:35:41	6:57	7	28:08	14	39:44
VP6 - Buckower I	5.40	39:29	7:18	6	4:48	12	6:55	36.43	4:15:10	7:00	6	32:56	13	46:39
VP7 - Kirchhainer	5.54	40:57	7:23	6	7:55	11	8:01	41.97	4:56:07	7:03	6	40:51	12	54:40
VP8 - Lichtenradi	4.42	30:45	6:57	5	4:22	7	4:30	46.39	5:26:52	7:02	6	45:13	11	59:10
VP9 - Osdorfer St	5.77	44:36	7:43	6	9:29	11	9:42	52.16	6:11:28	7:07	6	54:42	11	1:08:52
VP10 - Sportplatz	6.41	57:34	8:58	5	17:30	12	17:30	58.57	7:09:02	7:19	6	1:12:12	12	1:22:37
VP11 - Königswe	6.18	45:47	7:24	5	5:58	6	7:09	64.75	7:54:49	7:19	6	1:18:10	11	1:29:46
VP12 - Gedenkst	6.18	50:14	8:07	5	6:45	6	6:45	70.93	8:45:03	7:24	6	1:24:55	9	1:33:42
VP13 - Brauhaus	6.84	1:00:24	8:49	6	17:37	13	17:37	77.77	9:45:27	7:31	6	1:42:32	9	1:45:48
VP14 - Revierförs	6.06	50:42	8:21	5	10:08	14	10:16	83.83	10:36:09	7:35	6	1:52:40	9	1:56:04
VP15 - Schloß Sa	6.20	1:16:03	12:15	7	29:29	17	29:29	90.03	11:52:12	7:54	6	2:22:09	10	2:22:39
VP16 - Pagel & Fi	7.63	58:59	7:43	2	9:39	3	9:39	97.66	12:51:11	7:53	6	2:31:48	8	2:31:48
VP17 - Wilhelmst	4.84	40:36	8:23	4	7:37	5	7:37	102.50	13:31:47	7:55	6	2:39:25	8	2:39:25
VP18 - Falkensee	6.58	53:41	8:09	3	8:59	4	8:59	109.08	14:25:28	7:56	5	2:48:24	7	2:48:24
VP19 - Schönwal	5.70	49:12	8:37	4	7:10	5	7:10	114.78	15:14:40	7:58	5	2:55:34	7	2:55:34
VP20 - Grenzturn	7.53	1:08:58	9:09	4	14:03	7	20:31	122.31	16:23:38	8:02	5	3:09:37	7	3:09:37
VP21 - Ruderclub	4.78	1:06:34	13:55	6	26:18	23	26:18	127.09	17:30:12	8:15	5	3:35:55	7	3:35:55
VP22 - Frohnau (	4.03	39:55	9:54	2	9:46	8	9:46	131.12	18:10:07	8:18	5	3:45:41	7	3:45:41
VP23 - Naturschu	6.78	1:05:02	9:35	2	12:40	8	12:40	137.90	19:15:09	8:22	5	3:58:21	7	3:58:21
VP24 - Oranienbu	4.75	50:42	10:40	3	12:10	10	12:10	142.65	20:05:51	8:27	5	4:10:31	7	4:10:31
VP25 - Lübars	5.69	55:34	9:45	3	9:12	9	10:07	148.34	21:01:25	8:30	5	4:19:43	8	4:19:43
VP26 - S-Bahnhö	5.71	57:07	10:00	4	12:07	10	12:58	154.05	21:58:32	8:33	5	4:31:50	8	4:31:50
VP27 - Wollankst	3.09	23:07	7:28	3	4:26	11	6:08	157.14	22:21:39	8:32	5	4:36:16	8	4:36:16
Friedrich-Ludwig	3.76	34:09	9:04	2	3:03	4	8:03	160.90	22:55:48	8:33	5	4:39:19	8	4:39:19