



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Kirchner, Andreas

□□: Berlin

□□: 81

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 22:59:51

□□: 7.00 km/h

□□□□: 8:35 min/km

□□□□□/□□□: 97 (of 246)

□□□□□/□: 89 (of 211)

□□□□□□: 13:06:52

□□□□□: 20(of 43)

□□□□□□□: 16:18:36

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmäl P	9.02	1:03:03	6:59	30	20:42	129	22:07	9.02	1:03:03	6:59	30	20:42	129	22:07	
VP2 - Schlesische	5.98	39:48	6:39	29	12:20	121	13:42	15.00	1:42:51	6:51	29	33:02	120	35:49	
VP3 - Sonnenalle	6.00	38:07	6:21	21	9:54	89	12:29	21.00	2:20:58	6:42	28	42:56	111	48:18	
VP4 - Stubenrauch	5.73	37:29	6:32	22	10:50	103	12:14	26.73	2:58:27	6:40	28	53:46	111	1:00:32	
VP5 - U-Bahnhof	4.30	31:44	7:22	22	10:01	95	10:37	31.03	3:30:11	6:46	27	1:03:47	105	1:10:03	
VP6 - Buckower L	5.40	41:11	7:37	32	13:27	150	15:48	36.43	4:11:22	6:53	28	1:17:14	109	1:25:50	
VP7 - Kirchhainer	5.54	39:50	7:11	20	9:59	96	13:39	41.97	4:51:12	6:56	25	1:27:13	103	1:38:52	
VP8 - Lichtenrade	4.42	31:36	7:08	20	7:43	93	11:23	46.39	5:22:48	6:57	25	1:34:43	103	1:50:15	
VP9 - Osdorfer Si	5.77	41:34	7:12	19	10:35	90	15:22	52.16	6:04:22	6:59	25	1:40:59	104	2:04:59	
VP10 - Sportplatz	6.41	58:04	9:03	28	24:08	126	29:16	58.57	7:02:26	7:12	24	2:05:07	102	2:32:41	
VP11 - Königswei	6.18	47:55	7:45	21	13:22	95	19:02	64.75	7:50:21	7:15	24	2:11:22	103	2:50:52	
VP12 - Gedenksta	6.18	54:55	8:53	22	16:56	110	23:28	70.93	8:45:16	7:24	24	2:28:18	104	3:13:39	
VP13 - Brauhaus	6.84	53:44	7:51	18	27:47	88	30:07	77.77	9:39:00	7:26	23	2:39:21	100	3:35:00	
VP14 - Revierförs	6.06	48:19	7:58	16	10:54	65	18:55	83.83	10:27:19	7:28	23	2:48:22	96	3:53:55	
VP15 - Schloß Sa	6.20	1:14:46	12:03	30	36:05	153	44:59	90.03	11:42:05	7:47	25	3:21:35	102	4:38:54	
VP16 - Pagel & Fi	7.63	1:06:32	8:43	20	19:26	96	30:08	97.66	12:48:37	7:52	24	3:41:01	101	5:08:35	
VP17 - Wilhelmst	4.84	43:08	8:54	24	12:06	104	18:01	102.50	13:31:45	7:55	24	3:51:31	100	5:26:36	
VP18 - Falkensee	6.58	57:04	8:40	21	23:36	89	23:36	109.08	14:28:49	7:57	24	4:07:38	97	5:49:29	
VP19 - Schönwal	5.70	58:38	10:17	25	22:00	119	29:49	114.78	15:27:27	8:04	22	4:27:25	95	6:19:18	
VP20 - Grenzturn	7.53	1:05:19	8:40	10	30:43	54	30:43	122.31	16:32:46	8:07	21	4:42:16	92	6:45:51	
VP21 - Ruderclub	4.78	1:02:12	13:00	21	29:17	139	38:51	127.09	17:34:58	8:18	22	5:11:33	91	7:24:42	
VP22 - Frohnau (	4.03	39:10	9:43	18	12:39	81	17:38	131.12	18:14:08	8:20	22	5:24:12	91	7:42:20	
VP23 - Naturschu	6.78	1:06:48	9:51	18	22:42	76	33:02	137.90	19:20:56	8:25	22	5:46:54	91	8:15:22	
VP24 - Oranienbu	4.75	47:10	9:55	16	13:55	72	21:18	142.65	20:08:06	8:28	22	6:00:07	92	8:36:06	
VP25 - Lübars	5.69	56:07	9:51	18	18:26	89	26:47	148.34	21:04:13	8:31	21	6:18:33	91	9:02:53	
VP26 - S-Bahnhö	5.71	54:06	9:28	14	14:32	74	24:25	154.05	21:58:19	8:33	21	6:30:21	90	9:27:18	
VP27 - Wollankst	3.09	23:46	7:41	18	7:00	91	11:25	157.14	22:22:05	8:32	21	6:35:13	91	9:37:19	
Friedrich-Ludwig	3.76	37:46	10:02	15	12:48	79	17:09	160.90	22:59:51	8:34	20	6:41:15	89	9:52:59	