



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Hösl, Patrick

00: LG DUV

00: 257

00: 160.90 km

100MeilenBerlin

0000:

Senioren M40 (40-44 Jahre)

000: 15:19:46

00: 10.44 km/h

0000: 5:43 min/km

00000/0000: 3 (of 246)

00000/0: 3 (of 211)

000000: 13:06:52

00000: 1(of 36)

0000000: 15:19:46

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Mahnmal P	9.02	51:57	5:45	6	6:11	25	11:01	9.02	51:57	5:45	6	6:11	25	11:01
VP2 - Schlesische	5.98	31:26	5:15	5	3:02	21	5:20	15.00	1:23:23	5:33	6	9:13	22	16:21
VP3 - Sonnenalle	6.00	31:43	5:17	4	2:36	16	6:05	21.00	1:55:06	5:28	5	11:49	21	22:26
VP4 - Stubenrauc	5.73	30:37	5:20	6	2:01	20	5:22	26.73	2:25:43	5:27	6	13:28	22	27:48
VP5 - U-Bahnhof	4.30	24:27	5:41	1	-	6	3:20	31.03	2:50:10	5:29	6	11:15	22	30:02
VP6 - Buckower I	5.40	29:45	5:30	1	-	9	4:22	36.43	3:19:55	5:29	3	7:05	15	34:23
VP7 - Kirchhainer	5.54	31:48	5:44	5	0:43	17	5:37	41.97	3:51:43	5:31	3	7:17	14	39:23
VP8 - Lichtenradi	4.42	24:49	5:36	3	1:06	16	4:36	46.39	4:16:32	5:31	3	6:19	13	43:59
VP9 - Osdorfer St	5.77	31:04	5:23	2	0:09	7	4:52	52.16	4:47:36	5:30	3	5:42	12	48:13
VP10 - Sportplatz	6.41	36:42	5:43	2	0:45	10	7:54	58.57	5:24:18	5:32	3	6:27	11	54:33
VP11 - Königswel	6.18	33:42	5:27	1	-	4	4:49	64.75	5:58:00	5:31	2	1:19	8	58:31
VP12 - Gedenkst	6.18	34:16	5:32	1	-	4	2:49	70.93	6:32:16	5:31	1	-	7	1:00:39
VP13 - Brauhaus	6.84	43:09	6:18	4	3:01	15	19:32	77.77	7:15:25	5:35	1	-	7	1:11:25
VP14 - Revierförs	6.06	33:30	5:31	1	-	4	4:06	83.83	7:48:55	5:35	1	-	7	1:15:31
VP15 - Schloß Sa	6.20	35:28	5:43	1	-	3	5:41	90.03	8:24:23	5:36	1	-	5	1:21:12
VP16 - Pagel & Fi	7.63	42:21	5:33	1	-	4	5:57	97.66	9:06:44	5:35	1	-	4	1:26:42
VP17 - Wilhelmst	4.84	28:44	5:56	1	-	4	3:37	102.50	9:35:28	5:36	1	-	4	1:30:19
VP18 - Falkensee	6.58	36:32	5:33	1	-	3	3:04	109.08	10:12:00	5:36	1	-	3	1:32:40
VP19 - Schönwal	5.70	33:58	5:57	1	-	3	5:09	114.78	10:45:58	5:37	1	-	3	1:37:49
VP20 - Grenzturn	7.53	43:00	5:42	1	-	5	8:24	122.31	11:28:58	5:37	1	-	3	1:42:03
VP21 - Ruderclub	4.78	30:13	6:19	2	0:08	4	6:52	127.09	11:59:11	5:39	1	-	3	1:48:55
VP22 - Frohnau (4.03	24:42	6:07	2	0:38	5	3:10	131.12	12:23:53	5:40	1	-	3	1:52:05
VP23 - Naturschu	6.78	41:55	6:10	3	1:18	6	8:09	137.90	13:05:48	5:41	1	-	3	2:00:14
VP24 - Oranienbu	4.75	29:03	6:06	1	-	4	3:11	142.65	13:34:51	5:42	1	-	3	2:02:51
VP25 - Lübars	5.69	32:53	5:46	1	-	4	3:33	148.34	14:07:44	5:42	1	-	3	2:06:24
VP26 - S-Bahnhö	5.71	33:53	5:56	1	-	4	4:12	154.05	14:41:37	5:43	1	-	3	2:10:36
VP27 - Wollankst	3.09	14:23	4:39	2	2:02	5	2:02	157.14	14:56:00	5:42	1	-	3	2:11:14
Friedrich-Ludwig	3.76	23:46	6:19	1	-	4	3:09	160.90	15:19:46	5:42	1	-	3	2:12:54