



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Reinert, Jürgen

□□□: 23:24:47

□□: Team Erdinger Alkoholfrei

□□: 6.83 km/h

□□: 35

□□□□: 8:44 min/km

□□: 160.90 km

□□□□□/□□□: 109 (of 246)

100MeilenBerlin

□□□□□/□: 101 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 10(of 25)

Senioren M55 (55-59 Jahre)

□□□□□□□: 17:16:33

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:08:53	7:38	21	22:34	168	27:57	9.02	1:08:53	7:38	21	22:34	168	27:57
VP2 - Schlesische	5.98	41:11	6:53	18	10:35	148	15:05	15.00	1:50:04	7:20	20	33:09	161	43:02
VP3 - Sonnenalle	6.00	42:03	7:00	19	11:07	149	16:25	21.00	2:32:07	7:14	21	44:16	160	59:27
VP4 - Stubenrauc	5.73	40:21	7:02	19	11:28	149	15:06	26.73	3:12:28	7:12	21	55:44	159	1:14:33
VP5 - U-Bahnhof	4.30	34:18	7:58	16	9:42	143	13:11	31.03	3:46:46	7:18	21	1:05:26	157	1:26:38
VP6 - Buckower I	5.40	40:13	7:26	14	11:15	128	14:50	36.43	4:26:59	7:19	20	1:16:41	154	1:41:27
VP7 - Kirchhainer	5.54	42:35	7:41	17	12:06	134	16:24	41.97	5:09:34	7:22	19	1:28:47	150	1:57:14
VP8 - Lichtenradi	4.42	33:25	7:33	15	9:44	131	13:12	46.39	5:42:59	7:23	18	1:38:31	144	2:10:26
VP9 - Osdorfer St	5.77	43:01	7:27	10	11:35	110	16:49	52.16	6:26:00	7:24	15	1:50:06	136	2:26:37
VP10 - Sportplatz	6.41	50:47	7:55	9	13:54	83	21:59	58.57	7:16:47	7:27	14	2:04:00	123	2:47:02
VP11 - Königsw	6.18	49:27	8:00	15	13:28	113	20:34	64.75	8:06:14	7:30	15	2:17:28	123	3:06:45
VP12 - Gedenkst	6.18	53:10	8:36	8	13:20	87	21:43	70.93	8:59:24	7:36	14	2:30:48	122	3:27:47
VP13 - Brauhaus	6.84	54:30	7:58	11	13:06	92	30:53	77.77	9:53:54	7:38	12	2:43:54	115	3:49:54
VP14 - Revierförs	6.06	50:25	8:19	9	14:28	88	21:01	83.83	10:44:19	7:41	12	2:58:22	116	4:10:55
VP15 - Schloß Sa	6.20	56:50	9:09	6	17:22	62	27:03	90.03	11:41:09	7:47	9	3:15:44	100	4:37:58
VP16 - Pagel & Fi	7.63	1:17:08	10:06	17	27:37	152	40:44	97.66	12:58:17	7:58	9	3:43:21	107	5:18:15
VP17 - Wilhelmst	4.84	46:08	9:31	15	17:11	134	21:01	102.50	13:44:25	8:02	10	3:57:09	109	5:39:16
VP18 - Falkensee	6.58	1:09:38	10:34	17	27:37	151	36:10	109.08	14:54:03	8:11	12	4:23:35	120	6:14:43
VP19 - Schönwal	5.70	1:05:51	11:33	17	27:06	153	37:02	114.78	15:59:54	8:21	13	4:46:56	124	6:51:45
VP20 - Grenzturn	7.53	1:18:50	10:28	14	29:44	120	44:14	122.31	17:18:44	8:29	13	5:16:40	122	7:31:49
VP21 - Ruderclub	4.78	48:05	10:03	4	15:28	55	24:44	127.09	18:06:49	8:33	13	5:31:18	116	7:56:33
VP22 - Frohnau (4.03	41:34	10:18	12	14:25	107	20:02	131.12	18:48:23	8:36	12	5:43:04	116	8:16:35
VP23 - Naturschu	6.78	1:16:01	11:12	12	29:16	121	42:15	137.90	20:04:24	8:44	12	6:12:00	117	8:58:50
VP24 - Oranienbu	4.75	57:06	12:01	17	23:52	142	31:14	142.65	21:01:30	8:50	13	6:31:31	120	9:29:30
VP25 - Lübars	5.69	47:16	8:18	6	7:13	37	17:56	148.34	21:48:46	8:49	13	6:32:41	118	9:47:26
VP26 - S-Bahnh	5.71	45:52	8:01	2	4:41	28	16:11	154.05	22:34:38	8:47	13	6:30:20	114	10:03:37
VP27 - Wollankst	3.09	19:52	6:25	2	2:02	42	7:31	157.14	22:54:30	8:44	12	6:23:11	109	10:09:44
Friedrich-Ludwig	3.76	30:17	8:03	2	0:45	25	9:40	160.90	23:24:47	8:43	10	6:08:14	101	10:17:55