



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Hall, Dwight

000: 23:33:41

00: RTE

00: 6.79 km/h

00: 173

0000: 8:47 min/km

00: 160.90 km

00000/000: 112 (of 246)

100MeilenBerlin

00000/0: 104 (of 211)

000000: 13:06:52

0000:

00000: 22(of 46)

Senioren M50 (50-54 Jahre)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:01:36	6:49	19	20:33	99	20:40	9.02	1:01:36	6:49	19	20:33	99	20:40
VP2 - Schlesische	5.98	37:27	6:15	19	11:19	90	11:21	15.00	1:39:03	6:36	18	31:52	92	32:01
VP3 - Sonnenalle	6.00	36:50	6:08	13	8:29	74	11:12	21.00	2:15:53	6:28	17	40:21	88	43:13
VP4 - Stubenrauc	5.73	33:59	5:55	11	5:37	54	8:44	26.73	2:49:52	6:21	14	45:58	81	51:57
VP5 - U-Bahnhof	4.30	29:37	6:53	12	6:31	60	8:30	31.03	3:19:29	6:25	13	52:29	76	59:21
VP6 - Buckower I	5.40	36:03	6:40	14	6:31	68	10:40	36.43	3:55:32	6:27	13	59:00	76	1:10:00
VP7 - Kirchhainer	5.54	40:04	7:13	21	9:32	100	13:53	41.97	4:35:36	6:33	15	1:06:42	78	1:23:16
VP8 - Lichtenradi	4.42	29:44	6:43	11	5:49	64	9:31	46.39	5:05:20	6:34	14	1:09:08	76	1:32:47
VP9 - Osdorfer St	5.77	42:32	7:22	20	11:33	100	16:20	52.16	5:47:52	6:40	16	1:15:23	77	1:48:29
VP10 - Sportplatz	6.41	59:20	9:15	29	24:30	139	30:32	58.57	6:47:12	6:57	18	1:33:09	90	2:17:27
VP11 - Königswe	6.18	48:36	7:51	24	12:28	102	19:43	64.75	7:35:48	7:02	19	1:37:46	90	2:36:19
VP12 - Gedenkst	6.18	56:58	9:13	28	19:23	125	25:31	70.93	8:32:46	7:13	20	1:54:16	92	3:01:09
VP13 - Brauhaus	6.84	1:00:11	8:47	28	18:31	123	36:34	77.77	9:32:57	7:22	20	2:10:10	92	3:28:57
VP14 - Revierförs	6.06	53:43	8:51	31	16:22	121	24:19	83.83	10:26:40	7:28	20	2:26:32	89	3:53:16
VP15 - Schloß Sa	6.20	1:03:30	10:14	20	24:45	94	33:43	90.03	11:30:10	7:39	20	2:51:17	93	4:26:59
VP16 - Pagel & Fi	7.63	1:14:34	9:46	31	27:40	142	38:10	97.66	12:44:44	7:49	21	3:18:20	96	5:04:42
VP17 - Wilhelmst	4.84	44:00	9:05	25	12:55	113	18:53	102.50	13:28:44	7:53	20	3:31:15	97	5:23:35
VP18 - Falkensee	6.58	1:04:33	9:48	33	24:39	136	31:05	109.08	14:33:17	8:00	21	3:55:54	99	5:53:57
VP19 - Schönwal	5.70	58:59	10:20	28	22:13	122	30:10	114.78	15:32:16	8:07	21	4:18:07	101	6:24:07
VP20 - Grenzturn	7.53	1:18:36	10:26	23	29:20	118	44:00	122.31	16:50:52	8:15	20	4:47:27	104	7:03:57
VP21 - Ruderclub	4.78	1:01:02	12:46	28	23:06	128	37:41	127.09	17:51:54	8:26	21	5:10:18	102	7:41:38
VP22 - Frohnau (4.03	44:23	11:00	27	16:02	129	22:51	131.12	18:36:17	8:30	22	5:21:35	106	8:04:29
VP23 - Naturschu	6.78	1:05:25	9:38	12	14:26	64	31:39	137.90	19:41:42	8:34	22	5:36:01	108	8:36:08
VP24 - Oranienbu	4.75	49:53	10:30	20	13:04	89	24:01	142.65	20:31:35	8:38	22	5:42:09	107	8:59:35
VP25 - Lübars	5.69	59:40	10:29	23	17:24	109	30:20	148.34	21:31:15	8:42	22	5:57:02	108	9:29:55
VP26 - S-Bahnhö	5.71	56:11	9:50	18	18:44	85	26:30	154.05	22:27:26	8:44	22	6:13:43	104	9:56:25
VP27 - Wollankst	3.09	23:17	7:32	17	8:18	86	10:56	157.14	22:50:43	8:43	22	6:19:25	103	10:05:57
Friedrich-Ludwig	3.76	42:58	11:25	29	17:38	119	22:21	160.90	23:33:41	8:47	22	6:34:00	104	10:26:49