



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Bury, Norbert

□□□: 23:33:53

□□: Post-SV Tübingen

□□: 6.79 km/h

□□: 261

□□□□: 8:47 min/km

□□: 160.90 km

□□□□□/□□□□: 115 (of 246)

100MeilenBerlin

□□□□□/□: 106 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 12(of 25)

Senioren M55 (55-59 Jahre)

□□□□□□□: 17:16:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	58:18	6:27	7	11:59	62	17:22	9.02	58:18	6:27	7	11:59	62	17:22	
VP2 - Schlesische	5.98	35:20	5:54	7	4:44	62	9:14	15.00	1:33:38	6:14	7	16:43	62	26:36	
VP3 - Sonnenalle	6.00	37:44	6:17	10	6:48	86	12:06	21.00	2:11:22	6:15	9	23:31	68	38:42	
VP4 - Stubenrauc	5.73	35:18	6:09	8	6:25	69	10:03	26.73	2:46:40	6:14	9	29:56	67	48:45	
VP5 - U-Bahnhof	4.30	31:21	7:17	9	6:45	87	10:14	31.03	3:18:01	6:22	9	36:41	73	57:53	
VP6 - Buckower I	5.40	35:00	6:28	6	6:02	51	9:37	36.43	3:53:01	6:23	8	42:43	68	1:07:29	
VP7 - Kirchhainer	5.54	37:10	6:42	6	6:41	63	10:59	41.97	4:30:11	6:26	7	49:24	63	1:17:51	
VP8 - Lichtenradi	4.42	31:29	7:07	9	7:48	90	11:16	46.39	5:01:40	6:30	7	57:12	69	1:29:07	
VP9 - Osdorfer St	5.77	40:27	7:00	6	9:01	75	14:15	52.16	5:42:07	6:33	7	1:06:13	72	1:42:44	
VP10 - Sportplatz	6.41	47:06	7:20	6	10:13	58	18:18	58.57	6:29:13	6:38	7	1:16:26	65	1:59:28	
VP11 - Königswel	6.18	44:19	7:10	6	8:20	57	15:26	64.75	7:13:32	6:41	7	1:24:46	63	2:14:03	
VP12 - Gedenkst	6.18	53:17	8:37	9	13:27	88	21:50	70.93	8:06:49	6:51	7	1:38:13	63	2:35:12	
VP13 - Brauhaus	6.84	52:29	7:40	8	11:05	74	28:52	77.77	8:59:18	6:56	7	1:49:18	67	2:55:18	
VP14 - Revierförs	6.06	54:24	8:58	15	18:27	136	25:00	83.83	9:53:42	7:04	7	2:07:45	72	3:20:18	
VP15 - Schloß Sa	6.20	1:03:24	10:13	9	23:56	92	33:37	90.03	10:57:06	7:17	7	2:31:41	75	3:53:55	
VP16 - Pagel & Fi	7.63	1:03:38	8:20	7	14:07	72	27:14	97.66	12:00:44	7:22	7	2:45:48	72	4:20:42	
VP17 - Wilhelmst	4.84	44:32	9:12	14	15:35	118	19:25	102.50	12:45:16	7:27	7	2:58:00	74	4:40:07	
VP18 - Falkensee	6.58	57:13	8:41	9	15:12	92	23:45	109.08	13:42:29	7:32	8	3:12:01	75	5:03:09	
VP19 - Schönwal	5.70	55:00	9:38	10	16:15	98	26:11	114.78	14:37:29	7:38	8	3:24:31	74	5:29:20	
VP20 - Grenzturn	7.53	1:13:59	9:49	12	24:53	98	39:23	122.31	15:51:28	7:46	8	3:49:24	76	6:04:33	
VP21 - Ruderclub	4.78	1:00:14	12:36	16	27:37	124	36:53	127.09	16:51:42	7:57	8	4:16:11	76	6:41:26	
VP22 - Frohnau (4.03	47:13	11:42	16	20:04	142	25:41	131.12	17:38:55	8:04	8	4:33:36	80	7:07:07	
VP23 - Naturschu	6.78	1:18:29	11:34	14	31:44	131	44:43	137.90	18:57:24	8:14	8	5:05:00	83	7:51:50	
VP24 - Oranienbu	4.75	58:54	12:24	18	25:40	147	33:02	142.65	19:56:18	8:23	9	5:26:19	89	8:24:18	
VP25 - Lübars	5.69	1:01:04	10:43	12	21:01	114	31:44	148.34	20:57:22	8:28	9	5:41:17	88	8:56:02	
VP26 - S-Bahnhö	5.71	1:03:16	11:04	12	22:05	123	33:35	154.05	22:00:38	8:34	9	5:56:20	91	9:29:37	
VP27 - Wollankst	3.09	30:30	9:52	20	12:40	170	18:09	157.14	22:31:08	8:35	9	5:59:49	95	9:46:22	
Friedrich-Ludwig	3.76	1:02:45	16:41	21	33:13	180	42:08	160.90	23:33:53	8:47	12	6:17:20	106	10:27:01	