



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Fedler, Tom

□□: ForumTeam Berlin

□□: 73

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 23:35:21

□□: 6.78 km/h

□□□□: 8:48 min/km

□□□□□/□□□: 117 (of 246)

□□□□□/□: 108 (of 211)

□□□□□□: 13:06:52

□□□□□: 23(of 43)

□□□□□□□: 16:18:36

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:14:29	8:15	37	32:08	185	33:33	9.02	1:14:29	8:15	37	32:08	185	33:33
VP2 - Schlesische	5.98	44:50	7:29	34	17:22	174	18:44	15.00	1:59:19	7:57	36	49:30	184	52:17
VP3 - Sonnenalle	6.00	44:13	7:22	35	16:00	174	18:35	21.00	2:43:32	7:47	36	1:05:30	182	1:10:52
VP4 - Stubenrauc	5.73	40:30	7:04	32	13:51	152	15:15	26.73	3:24:02	7:37	36	1:19:21	178	1:26:07
VP5 - U-Bahnhof	4.30	34:15	7:57	32	12:32	140	13:08	31.03	3:58:17	7:40	35	1:31:53	175	1:38:09
VP6 - Buckower I	5.40	41:21	7:39	34	13:37	154	15:58	36.43	4:39:38	7:40	35	1:45:30	172	1:54:06
VP7 - Kirchhainer	5.54	44:31	8:02	31	14:40	151	18:20	41.97	5:24:09	7:43	35	2:00:10	172	2:11:49
VP8 - Lichtenradi	4.42	44:05	9:58	37	20:12	190	23:52	46.39	6:08:14	7:56	36	2:20:09	178	2:35:41
VP9 - Osdorfer St	5.77	44:53	7:46	28	13:54	126	18:41	52.16	6:53:07	7:55	36	2:29:44	176	2:53:44
VP10 - Sportplatz	6.41	55:18	8:37	25	21:22	108	26:30	58.57	7:48:25	7:59	35	2:51:06	172	3:18:40
VP11 - Königsweg	6.18	53:33	8:39	31	19:00	145	24:40	64.75	8:41:58	8:03	34	3:02:59	172	3:42:29
VP12 - Gedenkst	6.18	1:02:54	10:10	30	24:55	158	31:27	70.93	9:44:52	8:14	34	3:27:54	168	4:13:15
VP13 - Brauhaus	6.84	1:06:43	9:45	31	40:46	154	43:06	77.77	10:51:35	8:22	33	3:51:56	162	4:47:35
VP14 - Revierförs	6.06	51:01	8:25	23	13:36	92	21:37	83.83	11:42:36	8:22	33	4:03:39	162	5:09:12
VP15 - Schloß Sa	6.20	59:33	9:36	15	20:52	70	29:46	90.03	12:42:09	8:27	30	4:21:39	150	5:38:58
VP16 - Pagel & Fi	7.63	1:10:10	9:11	25	23:04	122	33:46	97.66	13:52:19	8:31	30	4:44:43	148	6:12:17
VP17 - Wilhelmst	4.84	42:45	8:49	23	11:43	98	17:38	102.50	14:35:04	8:32	29	4:54:50	144	6:29:55
VP18 - Falkensee	6.58	59:47	9:05	24	26:19	101	26:19	109.08	15:34:51	8:34	29	5:13:40	141	6:55:31
VP19 - Schönwal	5.70	55:56	9:48	19	19:18	102	27:07	114.78	16:30:47	8:37	28	5:30:45	137	7:22:38
VP20 - Grenzturn	7.53	1:06:10	8:47	12	31:34	59	31:34	122.31	17:36:57	8:38	27	5:46:27	129	7:50:02
VP21 - Ruderclub	4.78	46:38	9:45	9	13:43	46	23:17	127.09	18:23:35	8:41	27	6:00:10	125	8:13:19
VP22 - Frohnau (4.03	35:37	8:50	8	9:06	45	14:05	131.12	18:59:12	8:41	27	6:09:16	122	8:27:24
VP23 - Naturschu	6.78	1:01:37	9:05	9	17:31	48	27:51	137.90	20:00:49	8:42	26	6:26:47	115	8:55:15
VP24 - Oranienbu	4.75	46:01	9:41	13	12:46	62	20:09	142.65	20:46:50	8:44	26	6:38:51	114	9:14:50
VP25 - Lübars	5.69	50:50	8:56	8	13:09	52	21:30	148.34	21:37:40	8:44	26	6:52:00	114	9:36:20
VP26 - S-Bahnhö	5.71	52:24	9:10	11	12:50	64	22:43	154.05	22:30:04	8:45	26	7:02:06	111	9:59:03
VP27 - Wollankst	3.09	23:52	7:43	19	7:06	92	11:31	157.14	22:53:56	8:44	24	7:07:04	108	10:09:10
Friedrich-Ludwig	3.76	41:25	11:00	22	16:27	111	20:48	160.90	23:35:21	8:47	23	7:16:45	108	10:28:29