



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Steinicke, Thomas

000: 23:42:00

00: SGW 05 Berlin

00: 6.75 km/h

00: 221

0000: 8:50 min/km

00: 160.90 km

00000/000: 122 (of 246)

100MeilenBerlin

00000/0: 113 (of 211)

000000: 13:06:52

0000:

00000: 24(of 46)

Senioren M50 (50-54 Jahre)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:11:17	7:54	38	30:14	178	30:21	9.02	1:11:17	7:54	38	30:14	178	30:21
VP2 - Schlesische	5.98	44:52	7:30	37	18:44	175	18:46	15.00	1:56:09	7:44	39	48:58	182	49:07
VP3 - Sonnenalle	6.00	41:18	6:52	26	12:57	137	15:40	21.00	2:37:27	7:29	36	1:01:55	171	1:04:47
VP4 - Stubenrauc	5.73	38:16	6:40	23	9:54	119	13:01	26.73	3:15:43	7:19	36	1:11:49	167	1:17:48
VP5 - U-Bahnhof	4.30	30:06	7:00	13	7:00	69	8:59	31.03	3:45:49	7:16	32	1:18:49	156	1:25:41
VP6 - Buckower I	5.40	58:51	10:53	44	29:19	193	33:28	36.43	4:44:40	7:48	37	1:48:08	177	1:59:08
VP7 - Kirchhainer	5.54	38:15	6:54	14	7:43	79	12:04	41.97	5:22:55	7:41	35	1:54:01	171	2:10:35
VP8 - Lichtenradi	4.42	37:15	8:25	37	13:20	170	17:02	46.39	6:00:10	7:45	35	2:03:58	170	2:27:37
VP9 - Osdorfer St	5.77	43:48	7:35	25	12:49	116	17:36	52.16	6:43:58	7:44	34	2:11:29	167	2:44:35
VP10 - Sportplatz	6.41	52:04	8:07	16	17:14	89	23:16	58.57	7:36:02	7:47	30	2:21:59	147	3:06:17
VP11 - Königswe	6.18	51:31	8:20	30	15:23	128	22:38	64.75	8:27:33	7:50	30	2:29:31	143	3:28:04
VP12 - Gedenkst	6.18	56:58	9:13	28	19:23	125	25:31	70.93	9:24:31	7:57	29	2:46:01	141	3:52:54
VP13 - Brauhaus	6.84	56:56	8:19	21	15:16	105	33:19	77.77	10:21:27	7:59	27	2:58:40	136	4:17:27
VP14 - Revierförs	6.06	53:18	8:47	29	15:57	117	23:54	83.83	11:14:45	8:02	27	3:14:37	136	4:41:21
VP15 - Schloß Sa	6.20	1:01:35	9:55	17	22:50	83	31:48	90.03	12:16:20	8:10	27	3:37:27	131	5:13:09
VP16 - Pagel & Fi	7.63	59:48	7:50	9	12:54	53	23:24	97.66	13:16:08	8:09	26	3:49:44	129	5:36:06
VP17 - Wilhelmst	4.84	44:45	9:14	30	13:40	122	19:38	102.50	14:00:53	8:12	26	4:03:24	129	5:55:44
VP18 - Falkensee	6.58	54:32	8:17	13	14:38	66	21:04	109.08	14:55:25	8:12	26	4:18:02	122	6:16:05
VP19 - Schönwal	5.70	53:52	9:27	19	17:06	88	25:03	114.78	15:49:17	8:16	24	4:35:08	116	6:41:08
VP20 - Grenzturn	7.53	1:42:36	13:37	42	53:20	181	1:08:00	122.31	17:31:53	8:36	27	5:28:28	127	7:44:58
VP21 - Ruderclub	4.78	43:44	9:08	5	5:48	36	20:23	127.09	18:15:37	8:37	26	5:34:01	120	8:05:21
VP22 - Frohnau (4.03	38:48	9:37	13	10:27	77	17:16	131.12	18:54:25	8:39	26	5:39:43	120	8:22:37
VP23 - Naturschu	6.78	1:23:52	12:22	30	32:53	147	50:06	137.90	20:18:17	8:50	27	6:12:36	125	9:12:43
VP24 - Oranienbu	4.75	38:08	8:01	2	1:19	27	12:16	142.65	20:56:25	8:48	26	6:06:59	118	9:24:25
VP25 - Lübars	5.69	55:36	9:46	15	13:20	80	26:16	148.34	21:52:01	8:50	26	6:17:48	120	9:50:41
VP26 - S-Bahnhö	5.71	53:41	9:24	15	16:14	71	24:00	154.05	22:45:42	8:51	26	6:31:59	119	10:14:41
VP27 - Wollankst	3.09	19:44	6:23	7	4:45	41	7:23	157.14	23:05:26	8:48	24	6:34:08	117	10:20:40
Friedrich-Ludwig	3.76	36:34	9:43	15	11:14	74	15:57	160.90	23:42:00	8:50	24	6:42:19	113	10:35:08