



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Zehring, Uwe

000: 23:55:32

00: DUV

00: 6.69 km/h

00: 175

0000: 8:55 min/km

00: 160.90 km

00000/000: 131 (of 246)

100MeilenBerlin

00000/0: 121 (of 211)

0000:

00000: 26(of 46)

Senioren M50 (50-54 Jahre)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:16:08	8:26	42	35:05	191	35:12	9.02	1:16:08	8:26	42	35:05	191	35:12
VP2 - Schlesische	5.98	47:11	7:53	42	21:03	186	21:05	15.00	2:03:19	8:13	42	56:08	189	56:17
VP3 - Sonnenalle	6.00	46:57	7:49	41	18:36	184	21:19	21.00	2:50:16	8:06	42	1:14:44	188	1:17:36
VP4 - Stubenrauc	5.73	44:29	7:45	41	16:07	184	19:14	26.73	3:34:45	8:02	42	1:30:51	189	1:36:50
VP5 - U-Bahnhof	4.30	36:25	8:28	36	13:19	171	15:18	31.03	4:11:10	8:05	41	1:44:10	186	1:51:02
VP6 - Buckower I	5.40	43:52	8:07	37	14:20	173	18:29	36.43	4:55:02	8:05	41	1:58:30	184	2:09:30
VP7 - Kirchhainer	5.54	43:45	7:53	31	13:13	147	17:34	41.97	5:38:47	8:04	40	2:09:53	180	2:26:27
VP8 - Lichtenradi	4.42	36:28	8:15	35	12:33	161	16:15	46.39	6:15:15	8:05	40	2:19:03	180	2:42:42
VP9 - Osdorfer St	5.77	45:30	7:53	32	14:31	137	19:18	52.16	7:00:45	8:03	40	2:28:16	179	3:01:22
VP10 - Sportplatz	6.41	49:47	7:45	14	14:57	77	20:59	58.57	7:50:32	8:02	38	2:36:29	175	3:20:47
VP11 - Königswe	6.18	56:11	9:05	37	20:03	157	27:18	64.75	8:46:43	8:08	38	2:48:41	174	3:47:14
VP12 - Gedenkst	6.18	54:20	8:47	22	16:45	102	22:53	70.93	9:41:03	8:11	34	3:02:33	161	4:09:26
VP13 - Brauhaus	6.84	1:09:12	10:07	35	27:32	163	45:35	77.77	10:50:15	8:21	35	3:27:28	160	4:46:15
VP14 - Revierförs	6.06	48:26	7:59	11	11:05	68	19:02	83.83	11:38:41	8:20	36	3:38:33	154	5:05:17
VP15 - Schloß Sa	6.20	50:53	8:12	10	12:08	39	21:06	90.03	12:29:34	8:19	31	3:50:41	141	5:26:23
VP16 - Pagel & Fi	7.63	1:30:53	11:54	40	43:59	179	54:29	97.66	14:00:27	8:36	35	4:34:03	150	6:20:25
VP17 - Wilhelmst	4.84	42:57	8:52	22	11:52	101	17:50	102.50	14:43:24	8:37	36	4:45:55	150	6:38:15
VP18 - Falkensee	6.58	1:00:29	9:11	23	20:35	106	27:01	109.08	15:43:53	8:39	36	5:06:30	148	7:04:33
VP19 - Schönwal	5.70	53:29	9:22	16	16:43	83	24:40	114.78	16:37:22	8:41	33	5:23:13	142	7:29:13
VP20 - Grenzturn	7.53	1:12:05	9:34	17	22:49	88	37:29	122.31	17:49:27	8:44	32	5:46:02	137	8:02:32
VP21 - Ruderclub	4.78	1:07:15	14:04	39	29:19	158	43:54	127.09	18:56:42	8:56	33	6:15:06	143	8:46:26
VP22 - Frohnau (4.03	40:23	10:01	17	12:02	95	18:51	131.12	19:37:05	8:58	33	6:22:23	140	9:05:17
VP23 - Naturschu	6.78	1:02:40	9:14	10	11:41	51	28:54	137.90	20:39:45	8:59	30	6:34:04	131	9:34:11
VP24 - Oranienbu	4.75	45:25	9:33	11	8:36	59	19:33	142.65	21:25:10	9:00	29	6:35:44	129	9:53:10
VP25 - Lübars	5.69	51:54	9:07	9	9:38	63	22:34	148.34	22:17:04	9:00	28	6:42:51	125	10:15:44
VP26 - S-Bahnhö	5.71	50:07	8:46	12	12:40	53	20:26	154.05	23:07:11	9:00	28	6:53:28	125	10:36:10
VP27 - Wollankst	3.09	19:31	6:18	6	4:32	38	7:10	157.14	23:26:42	8:57	27	6:55:24	123	10:41:56
Friedrich-Ludwig	3.76	28:50	7:40	5	3:30	21	8:13	160.90	23:55:32	8:55	26	6:55:51	121	10:48:40