



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Lusskandl, Gerhard

□□: ESV Ober-Grafendorf

□□: 147

□□: 160.90 km
100MeilenBerlin

□□□□:
Senioren M45 (45-49 Jahre)

□□□□□/□□□□: DNF (of 246)

□□□□□/□: DNF (of 211)

□□□□□□: 13:06:52

□□□□□: DNF(of 43)

□□□□□□□: 16:18:36

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:13:46	8:10	36	31:25	184	32:50	9.02	1:13:46	8:10	36	31:25	184	32:50
VP2 - Schlesische	5.98	48:28	8:06	38	21:00	190	22:22	15.00	2:02:14	8:08	37	52:25	186	55:12
VP3 - Sonnenalle	6.00	53:30	8:54	38	25:17	190	27:52	21.00	2:55:44	8:22	38	1:17:42	191	1:23:04
VP4 - Stubenrauc	5.73	45:46	7:59	38	19:07	186	20:31	26.73	3:41:30	8:17	38	1:36:49	191	1:43:35
VP5 - U-Bahnhof	4.30	40:43	9:28	38	19:00	188	19:36	31.03	4:22:13	8:27	38	1:55:49	191	2:02:05
VP6 - Buckower I	5.40	56:52	10:31	38	29:08	192	31:29	36.43	5:19:05	8:45	38	2:24:57	190	2:33:33
VP7 - Kirchhainer	5.54	53:38	9:40	38	23:47	188	27:27	41.97	6:12:43	8:52	38	2:48:44	190	3:00:23
VP8 - Lichtenradi	4.42	44:03	9:57	36	20:10	189	23:50	46.39	6:56:46	8:59	38	3:08:41	190	3:24:13
VP9 - Osdorfer St	5.77	56:04	9:43	37	25:05	186	29:52	52.16	7:52:50	9:03	38	3:29:27	190	3:53:27
VP10 - Sportplatz	6.41	1:05:47	10:15	32	31:51	164	36:59	58.57	8:58:37	9:11	38	4:01:18	188	4:28:52
VP11 - Königsweg	6.18	1:24:36	13:41	37	50:03	188	55:43	64.75	10:23:13	9:37	37	4:44:14	187	5:23:44
VP12 - Gedenkst	6.18	1:18:40	12:43	36	40:41	187	47:13	70.93	11:41:53	9:53	37	5:24:55	187	6:10:16
VP13 - Brauhaus	6.84	1:27:54	12:51	37	1:01:57	188	1:04:17	77.77	13:09:47	10:09	37	6:10:08	186	7:05:47
VP14 - Revierförs	6.06	1:25:10	14:03	37	47:45	191	55:46	83.83	14:34:57	10:26	37	6:56:00	186	8:01:33
VP15 - Schloß Sa	6.20	1:36:54	15:37	35	58:13	187	1:07:07	90.03	16:11:51	10:47	37	7:51:21	186	9:08:40
VP16 - Pagel & Fi	7.63	1:41:19	13:16	36	54:13	183	1:04:55	97.66	17:53:10	10:59	37	8:45:34	184	10:13:08
VP17 - Wilhelmst	4.84	1:14:00	15:17	37	42:58	186	48:53	102.50	19:07:10	11:11	37	9:26:56	185	11:02:01
VP18 - Falkensee	6.58	33:28	5:05	1	-	1	-	109.08	19:40:38	10:49	37	9:19:27	182	11:01:18
VP19 - Schönwal	5.70	1:30:21	15:51	35	53:43	183	1:01:32	114.78	21:10:59	11:04	36	10:10:57	182	12:02:50
VP20 - Grenzturn	7.53	1:34:34	12:33	32	59:58	167	59:58	122.31	22:45:33	11:09	36	10:55:03	185	12:58:38
VP21 - Ruderclub	4.78	fehlt!	-	-	-	-	-	127.09	-	-	-	-	-	-
VP22 - Frohnau (4.03	fehlt!	-	-	-	-	-	131.12	-	-	-	-	-	-
VP23 - Naturschu	6.78	fehlt!	-	-	-	-	-	137.90	-	-	-	-	-	-
VP24 - Oranienbu	4.75	fehlt!	-	-	-	-	-	142.65	-	-	-	-	-	-
VP25 - Lübars	5.69	fehlt!	-	-	-	-	-	148.34	-	-	-	-	-	-
VP26 - S-Bahnhö	5.71	fehlt!	-	-	-	-	-	154.05	-	-	-	-	-	-
VP27 - Wollankst	3.09	fehlt!	-	-	-	-	-	157.14	-	-	-	-	-	-
Friedrich-Ludwig	3.76	fehlt!	-	-	-	-	-	160.90	-	-	-	-	-	-