



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Wienstroer, Antje

000: 25:12:43

00: Team Erdinger alkoholfrei

00: 6.35 km/h

00: 178

0000: 9:24 min/km

00: 160.90 km

00000/0000: 150 (of 246)

100MeilenBerlin

00000/0: 16 (of 35)

000000: 18:16:29

0000:

00000: 2(of 5)

Seniorinnen W50 (50-54 Jahre)

0000000: 24:44:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:10:25	7:48	3	10:35	25	18:53	9.02	1:10:25	7:48	3	10:35	25	18:53
VP2 - Schlesische	5.98	46:04	7:42	4	8:16	25	13:05	15.00	1:56:29	7:45	4	18:51	26	31:58
VP3 - Sonnenalle	6.00	45:05	7:30	4	8:45	25	11:36	21.00	2:41:34	7:41	4	27:36	24	43:34
VP4 - Stubenrauc	5.73	45:21	7:54	5	9:27	27	13:59	26.73	3:26:55	7:44	4	37:03	26	57:33
VP5 - U-Bahnhof	4.30	36:54	8:34	3	5:53	21	10:19	31.03	4:03:49	7:51	4	42:56	25	1:07:52
VP6 - Buckower I	5.40	42:43	7:54	4	5:56	19	10:09	36.43	4:46:32	7:51	4	48:52	25	1:18:01
VP7 - Kirchhainer	5.54	46:41	8:25	3	5:17	23	13:45	41.97	5:33:13	7:56	4	54:09	24	1:31:46
VP8 - Lichtenradi	4.42	40:20	9:07	4	8:34	24	14:05	46.39	6:13:33	8:03	4	1:02:43	23	1:45:51
VP9 - Osdorfer St	5.77	55:58	9:41	5	12:46	28	21:04	52.16	7:09:31	8:14	4	1:15:29	24	2:06:55
VP10 - Sportplatz	6.41	1:03:10	9:51	4	9:31	22	23:06	58.57	8:12:41	8:24	4	1:19:16	24	2:26:16
VP11 - Königsw	6.18	52:28	8:29	2	0:47	18	13:50	64.75	9:05:09	8:25	3	1:17:53	23	2:40:06
VP12 - Gedenkst	6.18	1:07:12	10:52	4	7:09	25	23:43	70.93	10:12:21	8:37	3	1:25:02	23	3:01:00
VP13 - Brauhaus	6.84	1:01:48	9:02	2	3:08	14	19:01	77.77	11:14:09	8:40	3	1:28:10	23	3:14:30
VP14 - Revierförs	6.06	1:00:16	9:56	4	10:40	23	19:50	83.83	12:14:25	8:45	3	1:32:50	23	3:34:20
VP15 - Schloß Sa	6.20	1:19:40	12:50	4	18:45	23	33:06	90.03	13:34:05	9:02	3	1:51:35	22	4:04:32
VP16 - Pagel & Fi	7.63	1:15:18	9:52	1	-	20	25:58	97.66	14:49:23	9:06	3	1:51:13	22	4:30:00
VP17 - Wilhelmst	4.84	47:25	9:47	2	1:48	19	14:26	102.50	15:36:48	9:08	3	1:53:01	22	4:44:26
VP18 - Falkensee	6.58	1:06:45	10:08	3	8:20	22	22:03	109.08	16:43:33	9:12	3	2:01:21	22	5:06:29
VP19 - Schönwal	5.70	58:17	10:13	2	6:10	18	16:15	114.78	17:41:50	9:15	3	1:51:04	22	5:22:44
VP20 - Grenzturn	7.53	1:11:52	9:32	2	1:48	13	23:25	122.31	18:53:42	9:16	3	1:24:38	21	5:39:41
VP21 - Ruderclub	4.78	49:09	10:16	1	-	8	8:53	127.09	19:42:51	9:18	3	1:13:01	22	5:48:34
VP22 - Frohnau (4.03	35:24	8:47	1	-	3	5:15	131.12	20:18:15	9:17	3	57:33	21	5:53:49
VP23 - Naturschu	6.78	1:00:48	8:58	1	-	5	8:26	137.90	21:19:03	9:16	3	30:59	21	6:02:15
VP24 - Oranienbu	4.75	45:34	9:35	1	-	6	7:02	142.65	22:04:37	9:17	2	20:39	18	6:09:17
VP25 - Lübars	5.69	59:05	10:23	2	0:32	13	13:38	148.34	23:03:42	9:19	2	21:11	17	6:22:00
VP26 - S-Bahnhö	5.71	1:07:27	11:48	3	11:08	19	23:18	154.05	24:11:09	9:25	2	32:19	17	6:44:27
VP27 - Wollankst	3.09	25:03	8:06	2	2:53	17	8:04	157.14	24:36:12	9:23	2	35:12	17	6:50:49
Friedrich-Ludwig	3.76	36:31	9:42	1	-	9	10:25	160.90	25:12:43	9:24	2	27:57	16	6:56:14