



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Drexler, Hans

□□: Lahmsoggen Nation

□□: 283

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M60 (60-64 Jahre)

□□□: 25:39:30

□□: 6.24 km/h

□□□□: 9:34 min/km

□□□□□/□□□□: 158 (of 246)

□□□□□/□: 141 (of 211)

□□□□□□: 13:06:52

□□□□□: 11(of 18)

□□□□□□□: 17:18:55

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:15:31	8:22	14	29:12	187	34:35	9.02	1:15:31	8:22	14	29:12	187	34:35
VP2 - Schlesische	5.98	47:35	7:57	15	13:19	189	21:29	15.00	2:03:06	8:12	14	32:45	187	56:04
VP3 - Sonnenalle	6.00	45:49	7:38	14	10:34	181	20:11	21.00	2:48:55	8:02	14	41:33	187	1:16:15
VP4 - Stubenrauc	5.73	42:26	7:24	13	9:41	174	17:11	26.73	3:31:21	7:54	14	51:14	186	1:33:26
VP5 - U-Bahnhof	4.30	35:53	8:20	12	8:28	161	14:46	31.03	4:07:14	7:58	14	59:42	184	1:47:06
VP6 - Buckower I	5.40	46:14	8:33	15	12:50	183	20:51	36.43	4:53:28	8:03	14	1:11:57	182	2:07:56
VP7 - Kirchhainer	5.54	51:20	9:15	15	17:37	185	25:09	41.97	5:44:48	8:12	14	1:29:34	186	2:32:28
VP8 - Lichtenradi	4.42	36:40	8:17	12	10:18	164	16:27	46.39	6:21:28	8:13	14	1:39:52	184	2:48:55
VP9 - Osdorfer St	5.77	53:48	9:19	14	19:11	182	27:36	52.16	7:15:16	8:20	15	1:59:03	185	3:15:53
VP10 - Sportplatz	6.41	56:58	8:53	6	16:56	118	28:10	58.57	8:12:14	8:24	14	2:15:59	181	3:42:29
VP11 - Königswel	6.18	53:49	8:42	11	15:22	146	24:56	64.75	9:06:03	8:25	14	2:31:21	179	4:06:34
VP12 - Gedenkst	6.18	1:01:31	9:57	10	13:11	154	30:04	70.93	10:07:34	8:33	13	2:44:32	178	4:35:57
VP13 - Brauhaus	6.84	1:04:19	9:24	11	40:42	145	40:42	77.77	11:11:53	8:38	13	3:04:01	174	5:07:53
VP14 - Revierförs	6.06	53:51	8:53	9	14:37	125	24:27	83.83	12:05:44	8:39	13	3:18:38	173	5:32:20
VP15 - Schloß Sa	6.20	1:11:08	11:28	9	33:11	131	41:21	90.03	13:16:52	8:51	13	3:51:49	168	6:13:41
VP16 - Pagel & Fi	7.63	1:14:28	9:45	11	31:14	141	38:04	97.66	14:31:20	8:55	13	4:13:24	164	6:51:18
VP17 - Wilhelmst	4.84	48:04	9:55	12	17:37	151	22:57	102.50	15:19:24	8:58	13	4:31:01	162	7:14:15
VP18 - Falkensee	6.58	1:02:11	9:27	7	19:13	118	28:43	109.08	16:21:35	8:59	13	4:50:14	161	7:42:15
VP19 - Schönwal	5.70	55:53	9:48	8	19:21	101	27:04	114.78	17:17:28	9:02	13	5:09:35	158	8:09:19
VP20 - Grenzturn	7.53	1:22:40	10:58	12	28:27	139	48:04	122.31	18:40:08	9:09	13	5:38:02	157	8:53:13
VP21 - Ruderclub	4.78	47:07	9:51	4	15:37	49	23:46	127.09	19:27:15	9:11	13	5:53:39	155	9:16:59
VP22 - Frohnau (4.03	44:31	11:02	11	19:42	131	22:59	131.12	20:11:46	9:14	13	6:13:21	154	9:39:58
VP23 - Naturschu	6.78	1:19:09	11:40	10	35:07	134	45:23	137.90	21:30:55	9:21	13	6:48:28	149	10:25:21
VP24 - Oranienbu	4.75	56:26	11:52	10	24:05	137	30:34	142.65	22:27:21	9:26	12	7:12:33	147	10:55:21
VP25 - Lübars	5.69	1:04:56	11:24	9	27:06	134	35:36	148.34	23:32:17	9:31	12	7:39:39	146	11:30:57
VP26 - S-Bahnhö	5.71	1:01:30	10:46	9	22:55	112	31:49	154.05	24:33:47	9:34	11	8:02:34	142	12:02:46
VP27 - Wollankst	3.09	24:32	7:56	5	8:27	97	12:11	157.14	24:58:19	9:32	11	8:11:01	142	12:13:33
Friedrich-Ludwig	3.76	41:11	10:57	5	11:25	105	20:34	160.90	25:39:30	9:34	11	8:20:35	141	12:32:38