



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Ke, Zhao

000: 24:51:12

00: 2800

00: 6.44 km/h

00: 103

0000: 9:16 min/km

00: 160.90 km

00000/0000: 142 (of 246)

100MeilenBerlin

00000/0: 129 (of 211)

000000: 13:06:52

0000:

00000: 14(of 16)

Senioren M35 (35-39 Jahre)

0000000: 14:04:27

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:06:58	7:25	16	24:41	155	26:02	9.02	1:06:58	7:25	16	24:41	155	26:02
VP2 - Schlesische	5.98	40:21	6:44	13	12:52	132	14:15	15.00	1:47:19	7:09	16	37:33	150	40:17
VP3 - Sonnenalle	6.00	41:01	6:50	14	12:50	135	15:23	21.00	2:28:20	7:03	16	50:23	149	55:40
VP4 - Stubenrauc	5.73	37:28	6:32	11	11:25	102	12:13	26.73	3:05:48	6:57	15	1:01:48	143	1:07:53
VP5 - U-Bahnhof	4.30	33:20	7:45	14	12:13	121	12:13	31.03	3:39:08	7:03	14	1:14:01	133	1:19:00
VP6 - Buckower I	5.40	40:35	7:30	14	15:12	136	15:12	36.43	4:19:43	7:07	14	1:29:13	133	1:34:11
VP7 - Kirchhainer	5.54	45:55	8:17	16	18:41	166	19:44	41.97	5:05:38	7:16	15	1:47:54	141	1:53:18
VP8 - Lichtenradi	4.42	38:43	8:45	16	17:25	180	18:30	46.39	5:44:21	7:25	15	2:05:19	147	2:11:48
VP9 - Osdorfer St	5.77	53:38	9:17	16	26:22	180	27:26	52.16	6:37:59	7:37	16	2:31:41	158	2:38:36
VP10 - Sportplatz	6.41	58:34	9:08	15	28:36	131	29:46	58.57	7:36:33	7:47	16	3:00:17	151	3:06:48
VP11 - Königswe	6.18	1:00:44	9:49	16	28:47	179	31:51	64.75	8:37:17	7:59	16	3:29:04	159	3:37:48
VP12 - Gedenkst	6.18	1:08:02	11:00	16	35:03	175	36:35	70.93	9:45:19	8:15	16	4:04:07	170	4:13:42
VP13 - Brauhaus	6.84	1:08:41	10:02	16	31:54	161	45:04	77.77	10:54:00	8:24	16	4:36:01	163	4:50:00
VP14 - Revierförs	6.06	56:25	9:18	14	24:41	149	27:01	83.83	11:50:25	8:28	16	5:00:42	163	5:17:01
VP15 - Schloß Sa	6.20	1:03:17	10:12	11	26:31	89	33:30	90.03	12:53:42	8:35	15	5:27:13	155	5:50:31
VP16 - Pagel & Fi	7.63	1:15:43	9:55	13	34:17	146	39:19	97.66	14:09:25	8:41	15	6:01:30	157	6:29:23
VP17 - Wilhelmst	4.84	47:24	9:47	13	19:51	145	22:17	102.50	14:56:49	8:44	15	6:21:21	158	6:51:40
VP18 - Falkensee	6.58	1:05:37	9:58	11	28:54	142	32:09	109.08	16:02:26	8:49	15	6:50:15	158	7:23:06
VP19 - Schönwal	5.70	51:54	9:06	9	20:12	66	23:05	114.78	16:54:20	8:50	14	7:10:27	153	7:46:11
VP20 - Grenzturn	7.53	1:10:00	9:17	9	28:43	78	35:24	122.31	18:04:20	8:51	14	7:39:10	147	8:17:25
VP21 - Ruderclub	4.78	55:54	11:41	9	28:15	96	32:33	127.09	19:00:14	8:58	14	8:07:25	147	8:49:58
VP22 - Frohnau (4.03	42:03	10:26	12	19:39	113	20:31	131.12	19:42:17	9:01	14	8:27:04	146	9:10:29
VP23 - Naturschu	6.78	1:05:37	9:40	7	23:52	66	31:51	137.90	20:47:54	9:02	14	8:50:56	136	9:42:20
VP24 - Oranienbu	4.75	1:03:01	13:15	14	34:07	155	37:09	142.65	21:50:55	9:11	14	9:25:03	137	10:18:55
VP25 - Lübars	5.69	1:04:42	11:22	14	32:22	132	35:22	148.34	22:55:37	9:16	14	9:57:25	138	10:54:17
VP26 - S-Bahnhö	5.71	56:44	9:56	10	24:44	89	27:03	154.05	23:52:21	9:17	14	10:22:09	133	11:21:20
VP27 - Wollankst	3.09	20:15	6:33	7	6:37	47	7:54	157.14	24:12:36	9:14	14	10:28:46	129	11:27:50
Friedrich-Ludwig	3.76	38:36	10:15	11	17:59	89	17:59	160.90	24:51:12	9:16	14	10:46:45	129	11:44:20