



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Andreesen, Andres

□□□: 25:52:58

□□: Ultrafriesen / 100MC

□□: 6.18 km/h

□□: 198

□□□□: 9:39 min/km

□□: 160.90 km

□□□□□/□□□: 160 (of 246)

100MeilenBerlin

□□□□□/□: 143 (of 211)

□□□□:

□□□□□: 29(of 43)

Senioren M45 (45-49 Jahre)

□□□□□□: 16:18:36

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	1:13:43	8:10	35	31:22	183	32:47	9.02	1:13:43	8:10	35	31:22	183	32:47
VP2 - Schlesische	5.98	41:49	6:59	33	14:21	157	15:43	15.00	1:55:32	7:42	35	45:43	181	48:30
VP3 - Sonnenalle	6.00	42:12	7:02	31	13:59	152	16:34	21.00	2:37:44	7:30	33	59:42	172	1:05:04
VP4 - Stubenrauc	5.73	41:24	7:13	34	14:45	163	16:09	26.73	3:19:08	7:26	33	1:14:27	172	1:21:13
VP5 - U-Bahnhof	4.30	34:41	8:03	33	12:58	147	13:34	31.03	3:53:49	7:32	33	1:27:25	170	1:33:41
VP6 - Buckower I	5.40	40:51	7:33	29	13:07	140	15:28	36.43	4:34:40	7:32	33	1:40:32	167	1:49:08
VP7 - Kirchhainer	5.54	43:25	7:50	30	13:34	143	17:14	41.97	5:18:05	7:34	33	1:54:06	163	2:05:45
VP8 - Lichtenradi	4.42	32:40	7:23	26	8:47	119	12:27	46.39	5:50:45	7:33	33	2:02:40	160	2:18:12
VP9 - Osdorfer St	5.77	45:18	7:51	29	14:19	131	19:06	52.16	6:36:03	7:35	32	2:12:40	153	2:36:40
VP10 - Sportplatz	6.41	55:16	8:37	24	21:20	107	26:28	58.57	7:31:19	7:42	30	2:34:00	141	3:01:34
VP11 - Königsweg	6.18	54:08	8:45	32	19:35	147	25:15	64.75	8:25:27	7:48	30	2:46:28	138	3:25:58
VP12 - Gedenkst	6.18	58:11	9:24	25	20:12	135	26:44	70.93	9:23:38	7:56	30	3:06:40	140	3:52:01
VP13 - Brauhaus	6.84	1:00:13	8:48	27	34:16	125	36:36	77.77	10:23:51	8:01	29	3:24:12	138	4:19:51
VP14 - Revierförs	6.06	56:46	9:22	30	19:21	152	27:22	83.83	11:20:37	8:07	29	3:41:40	142	4:47:13
VP15 - Schloß Sa	6.20	1:06:38	10:44	23	27:57	109	36:51	90.03	12:27:15	8:18	28	4:06:45	137	5:24:04
VP16 - Pagel & Fi	7.63	1:08:01	8:54	22	20:55	106	31:37	97.66	13:35:16	8:20	28	4:27:40	134	5:55:14
VP17 - Wilhelmst	4.84	45:46	9:27	30	14:44	132	20:39	102.50	14:21:02	8:24	28	4:40:48	134	6:15:53
VP18 - Falkensee	6.58	1:05:14	9:54	32	31:46	140	31:46	109.08	15:26:16	8:29	28	5:05:05	137	6:46:56
VP19 - Schönwal	5.70	1:00:43	10:39	27	24:05	135	31:54	114.78	16:26:59	8:35	27	5:26:57	135	7:18:50
VP20 - Grenzturn	7.53	1:18:28	10:25	26	43:52	117	43:52	122.31	17:45:27	8:42	28	5:54:57	135	7:58:32
VP21 - Ruderclub	4.78	58:51	12:18	19	25:56	114	35:30	127.09	18:44:18	8:50	28	6:20:53	134	8:34:02
VP22 - Frohnau (4.03	47:03	11:40	26	20:32	140	25:31	131.12	19:31:21	8:56	29	6:41:25	137	8:59:33
VP23 - Naturschu	6.78	1:39:15	14:38	33	55:09	176	1:05:29	137.90	21:10:36	9:12	29	7:36:34	145	10:05:02
VP24 - Oranienbu	4.75	1:05:39	13:49	30	32:24	164	39:47	142.65	22:16:15	9:22	29	8:08:16	144	10:44:15
VP25 - Lübars	5.69	1:13:22	12:53	31	35:41	168	44:02	148.34	23:29:37	9:30	29	8:43:57	143	11:28:17
VP26 - S-Bahnhö	5.71	1:11:57	12:36	30	32:23	163	42:16	154.05	24:41:34	9:37	29	9:13:36	144	12:10:33
VP27 - Wollankst	3.09	26:55	8:42	28	10:09	126	14:34	157.14	25:08:29	9:35	29	9:21:37	144	12:23:43
Friedrich-Ludwig	3.76	44:29	11:49	27	19:31	129	23:52	160.90	25:52:58	9:39	29	9:34:22	144	12:46:06