



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Willner, Peter

□□: Marathon Steinfurt

□□: 170

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M60 (60-64 Jahre)

□□□: 25:30:05

□□: 6.27 km/h

□□□□: 9:31 min/km

□□□□□/□□□□: 155 (of 246)

□□□□□/□: 138 (of 211)

□□□□□□: 13:06:52

□□□□□: 10(of 18)

□□□□□□□: 17:18:55

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:06:43	7:23	10	20:24	151	25:47	9.02	1:06:43	7:23	10	20:24	151	25:47
VP2 - Schlesische	5.98	40:27	6:45	7	6:11	133	14:21	15.00	1:47:10	7:08	10	16:49	148	40:08
VP3 - Sonnenalle	6.00	43:34	7:15	11	8:19	169	17:56	21.00	2:30:44	7:10	10	23:22	152	58:04
VP4 - Stubenrauc	5.73	40:44	7:06	10	7:59	154	15:29	26.73	3:11:28	7:09	10	31:21	157	1:13:33
VP5 - U-Bahnhof	4.30	34:17	7:58	8	6:52	141	13:10	31.03	3:45:45	7:16	10	38:13	155	1:25:37
VP6 - Buckower I	5.40	40:12	7:26	7	6:48	127	14:49	36.43	4:25:57	7:18	10	44:26	152	1:40:25
VP7 - Kirchhainer	5.54	42:03	7:35	5	8:20	127	15:52	41.97	5:08:00	7:20	10	52:46	147	1:55:40
VP8 - Lichtenradi	4.42	32:52	7:26	7	6:30	122	12:39	46.39	5:40:52	7:20	9	59:16	141	2:08:19
VP9 - Osdorfer St	5.77	45:23	7:51	7	10:46	134	19:11	52.16	6:26:15	7:24	7	1:10:02	139	2:26:52
VP10 - Sportplatz	6.41	1:02:06	9:41	8	22:04	155	33:18	58.57	7:28:21	7:39	7	1:32:06	136	2:58:36
VP11 - Königswel	6.18	1:00:02	9:42	13	21:35	174	31:09	64.75	8:28:23	7:51	8	1:53:41	145	3:28:54
VP12 - Gedenkst	6.18	55:09	8:55	6	6:49	113	23:42	70.93	9:23:32	7:56	7	2:00:30	139	3:51:55
VP13 - Brauhaus	6.84	56:40	8:17	5	33:03	102	33:03	77.77	10:20:12	7:58	7	2:12:20	132	4:16:12
VP14 - Revierförs	6.06	47:47	7:53	3	8:33	59	18:23	83.83	11:07:59	7:58	7	2:20:53	131	4:34:35
VP15 - Schloß Sa	6.20	1:15:32	12:10	12	37:35	156	45:45	90.03	12:23:31	8:15	8	2:58:28	135	5:20:20
VP16 - Pagel & Fi	7.63	1:09:03	9:02	8	25:49	112	32:39	97.66	13:32:34	8:19	7	3:14:38	133	5:52:32
VP17 - Wilhelmst	4.84	47:17	9:46	10	16:50	144	22:10	102.50	14:19:51	8:23	7	3:31:28	132	6:14:42
VP18 - Falkensee	6.58	1:05:53	10:00	10	22:55	143	32:25	109.08	15:25:44	8:29	7	3:54:23	135	6:46:24
VP19 - Schönwal	5.70	1:06:14	11:37	14	29:42	156	37:25	114.78	16:31:58	8:38	7	4:24:05	138	7:23:49
VP20 - Grenzturn	7.53	1:20:08	10:38	10	25:55	129	45:32	122.31	17:52:06	8:45	7	4:50:00	138	8:05:11
VP21 - Ruderclub	4.78	1:00:04	12:33	11	28:34	122	36:43	127.09	18:52:10	8:54	7	5:18:34	140	8:41:54
VP22 - Frohnau (4.03	46:11	11:27	12	21:22	133	24:39	131.12	19:38:21	8:59	8	5:39:56	141	9:06:33
VP23 - Naturschu	6.78	1:24:54	12:31	13	40:52	150	51:08	137.90	21:03:15	9:09	10	6:20:48	142	9:57:41
VP24 - Oranienbu	4.75	1:07:03	14:06	14	34:42	174	41:11	142.65	22:10:18	9:19	11	6:55:30	142	10:38:18
VP25 - Lübars	5.69	1:11:39	12:35	13	33:49	161	42:19	148.34	23:21:57	9:27	11	7:29:19	142	11:20:37
VP26 - S-Bahnhö	5.71	1:06:41	11:40	11	28:06	139	37:00	154.05	24:28:38	9:32	10	7:57:25	141	11:57:37
VP27 - Wollankst	3.09	23:20	7:33	4	7:15	87	10:59	157.14	24:51:58	9:29	10	8:04:40	140	12:07:12
Friedrich-Ludwig	3.76	38:07	10:08	3	8:21	82	17:30	160.90	25:30:05	9:30	10	8:11:10	138	12:23:13