



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Wallesch, René

□□: 100 Marathon Club

□□: 208

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 26:10:45

□□: 6.11 km/h

□□□□: 9:46 min/km

□□□□□/□□□□: 165 (of 246)

□□□□□/□: 146 (of 211)

□□□□□□: 13:06:52

□□□□□: 25(of 36)

□□□□□□□: 15:19:46

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:01:51	6:51	25	16:05	109	20:55	9.02	1:01:51	6:51	25	16:05	109	20:55
VP2 - Schlesische	5.98	38:22	6:24	26	9:58	104	12:16	15.00	1:40:13	6:40	24	26:03	105	33:11
VP3 - Sonnenalle	6.00	36:44	6:07	21	7:37	72	11:06	21.00	2:16:57	6:31	24	33:40	95	44:17
VP4 - Stubenrauc	5.73	39:12	6:50	27	10:36	135	13:57	26.73	2:56:09	6:35	25	43:54	98	58:14
VP5 - U-Bahnhof	4.30	31:21	7:17	24	6:54	87	10:14	31.03	3:27:30	6:41	25	48:35	97	1:07:22
VP6 - Buckower I	5.40	37:13	6:53	18	7:28	85	11:50	36.43	4:04:43	6:43	24	51:53	95	1:19:11
VP7 - Kirchhainer	5.54	41:07	7:25	26	10:02	114	14:56	41.97	4:45:50	6:48	25	1:01:24	95	1:33:30
VP8 - Lichtenradi	4.42	33:18	7:32	25	9:35	130	13:05	46.39	5:19:08	6:52	25	1:08:55	99	1:46:35
VP9 - Osdorfer St	5.77	40:39	7:02	21	9:44	80	14:27	52.16	5:59:47	6:53	25	1:17:53	96	2:00:24
VP10 - Sportplatz	6.41	47:23	7:23	15	11:26	61	18:35	58.57	6:47:10	6:57	22	1:29:19	89	2:17:25
VP11 - Königswel	6.18	48:10	7:47	18	14:28	97	19:17	64.75	7:35:20	7:01	22	1:38:39	88	2:35:51
VP12 - Gedenkst	6.18	53:06	8:35	20	18:50	85	21:39	70.93	8:28:26	7:10	21	1:56:10	88	2:56:49
VP13 - Brauhaus	6.84	51:03	7:27	18	10:55	67	27:26	77.77	9:19:29	7:11	20	2:04:04	84	3:15:29
VP14 - Revierförs	6.06	48:20	7:58	14	14:50	66	18:56	83.83	10:07:49	7:15	20	2:18:54	79	3:34:25
VP15 - Schloß Sa	6.20	1:00:12	9:42	17	24:44	75	30:25	90.03	11:08:01	7:25	20	2:43:38	78	4:04:50
VP16 - Pagel & Fi	7.63	1:12:34	9:30	23	30:13	134	36:10	97.66	12:20:35	7:34	20	3:13:51	80	4:40:33
VP17 - Wilhelmst	4.84	40:08	8:17	17	11:24	75	15:01	102.50	13:00:43	7:37	20	3:25:15	80	4:55:34
VP18 - Falkensee	6.58	1:02:31	9:30	21	25:59	120	29:03	109.08	14:03:14	7:43	20	3:51:14	83	5:23:54
VP19 - Schönwal	5.70	59:36	10:27	24	25:38	127	30:47	114.78	15:02:50	7:51	20	4:16:52	86	5:54:41
VP20 - Grenzturn	7.53	1:12:08	9:34	19	29:08	89	37:32	122.31	16:14:58	7:58	20	4:46:00	86	6:28:03
VP21 - Ruderclub	4.78	3:36:53	45:22	32	3:06:48	184	3:13:32	127.09	19:51:51	9:22	26	7:52:40	158	9:41:35
VP22 - Frohnau (	4.03	40:06	9:57	20	16:02	90	18:34	131.12	20:31:57	9:23	26	8:08:04	157	10:00:09
VP23 - Naturschu	6.78	1:08:41	10:07	19	28:04	89	34:55	137.90	21:40:38	9:25	26	8:34:50	154	10:35:04
VP24 - Oranienbu	4.75	1:05:58	13:53	27	36:55	165	40:06	142.65	22:46:36	9:34	26	9:11:45	153	11:14:36
VP25 - Lübars	5.69	1:40:33	17:40	32	1:07:40	184	1:11:13	148.34	24:27:09	9:53	26	10:19:25	156	12:25:49
VP26 - S-Bahnhö	5.71	51:05	8:56	12	17:12	57	21:24	154.05	25:18:14	9:51	26	10:36:37	150	12:47:13
VP27 - Wollankst	3.09	18:50	6:05	10	6:29	30	6:29	157.14	25:37:04	9:46	26	10:41:04	149	12:52:18
Friedrich-Ludwig	3.76	33:41	8:57	9	9:55	55	13:04	160.90	26:10:45	9:45	26	10:50:59	147	13:03:53