



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Rio Rodriguez, Javier

□□□: 16:20:56

□□: ULTRAFONDO RULES-SF

□□: 9.79 km/h

□□: 251

□□□□: 6:06 min/km

□□: 160.90 km

□□□□□/□□□: 8 (of 246)

100MeilenBerlin

□□□□□/□: 8 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 4(of 36)

Senioren M40 (40-44 Jahre)

□□□□□□□: 15:19:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	46:09	5:06	3	0:23	9	5:13	9.02	46:09	5:06	3	0:23	9	5:13
VP2 - Schlesische	5.98	30:57	5:10	3	2:33	13	4:51	15.00	1:17:06	5:08	3	2:56	11	10:04
VP3 - Sonnenalle	6.00	32:07	5:21	5	3:00	20	6:29	21.00	1:49:13	5:12	3	5:56	12	16:33
VP4 - Stubenrauc	5.73	31:56	5:34	9	3:20	30	6:41	26.73	2:21:09	5:16	4	8:54	13	23:14
VP5 - U-Bahnhof	4.30	26:15	6:06	6	1:48	20	5:08	31.03	2:47:24	5:23	4	8:29	14	27:16
VP6 - Buckower I	5.40	32:00	5:55	5	2:15	23	6:37	36.43	3:19:24	5:28	2	6:34	11	33:52
VP7 - Kirchhainer	5.54	31:20	5:39	2	0:15	14	5:09	41.97	3:50:44	5:29	2	6:18	11	38:24
VP8 - Lichtenradi	4.42	23:43	5:21	1	-	6	3:30	46.39	4:14:27	5:29	2	4:14	10	41:54
VP9 - Osdorfer St	5.77	32:14	5:35	4	1:19	12	6:02	52.16	4:46:41	5:29	2	4:47	10	47:18
VP10 - Sportplatz	6.41	37:15	5:48	4	1:18	13	8:27	58.57	5:23:56	5:31	2	6:05	10	54:11
VP11 - Königsw	6.18	34:59	5:39	2	1:17	7	6:06	64.75	5:58:55	5:32	3	2:14	10	59:26
VP12 - Gedenkst	6.18	38:38	6:15	3	4:22	8	7:11	70.93	6:37:33	5:36	3	5:17	9	1:05:56
VP13 - Brauhaus	6.84	43:43	6:23	6	3:35	18	20:06	77.77	7:21:16	5:40	3	5:51	9	1:17:16
VP14 - Revierförs	6.06	37:19	6:09	5	3:49	10	7:55	83.83	7:58:35	5:42	4	9:40	10	1:25:11
VP15 - Schloß Sa	6.20	41:08	6:38	5	5:40	15	11:21	90.03	8:39:43	5:46	4	15:20	12	1:36:32
VP16 - Pagel & Fi	7.63	49:22	6:28	4	7:01	16	12:58	97.66	9:29:05	5:49	4	22:21	12	1:49:03
VP17 - Wilhelmst	4.84	31:42	6:32	5	2:58	15	6:35	102.50	10:00:47	5:51	4	25:19	12	1:55:38
VP18 - Falkensee	6.58	46:41	7:05	7	10:09	29	13:13	109.08	10:47:28	5:56	4	35:28	12	2:08:08
VP19 - Schönwal	5.70	41:06	7:12	7	7:08	25	12:17	114.78	11:28:34	5:59	4	42:36	11	2:20:25
VP20 - Grenzturn	7.53	44:01	5:50	3	1:01	7	9:25	122.31	12:12:35	5:59	4	43:37	11	2:25:40
VP21 - Ruderclub	4.78	30:05	6:17	1	-	3	6:44	127.09	12:42:40	6:00	4	43:29	11	2:32:24
VP22 - Frohnau (	4.03	24:04	5:58	1	-	4	2:32	131.12	13:06:44	6:00	4	42:51	9	2:34:56
VP23 - Naturschu	6.78	42:22	6:14	4	1:45	7	8:36	137.90	13:49:06	6:00	4	43:18	8	2:43:32
VP24 - Oranienbu	4.75	31:07	6:33	4	2:04	8	5:15	142.65	14:20:13	6:01	4	45:22	8	2:48:13
VP25 - Lübars	5.69	41:01	7:12	5	8:08	16	11:41	148.34	15:01:14	6:04	4	53:30	8	2:59:54
VP26 - S-Bahnh	5.71	37:17	6:31	4	3:24	8	7:36	154.05	15:38:31	6:05	4	56:54	8	3:07:30
VP27 - Wollankst	3.09	15:03	4:52	4	2:42	9	2:42	157.14	15:53:34	6:04	4	57:34	8	3:08:48
Friedrich-Ludwig	3.76	27:22	7:16	5	3:36	17	6:45	160.90	16:20:56	6:05	4	1:01:10	8	3:14:04