



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Timmler, Chris

□□: SC DHFK

□□: 202

□□: 160.90 km

100MeilenBerlin

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 26:18:25

□□: 6.08 km/h

□□□□: 9:49 min/km

□□□□□/□□□□: 167 (of 246)

□□□□□/□: 20 (of 35)

□□□□□□: 18:16:29

□□□□□: 3(of 5)

□□□□□□□: 24:44:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	59:50	6:38	1	-	8	8:18	9.02	59:50	6:38	1	-	8	8:18	
VP2 - Schlesische	5.98	37:48	6:19	1	-	9	4:49	15.00	1:37:38	6:30	1	-	9	13:07	
VP3 - Sonnenalle	6.00	36:20	6:03	1	-	6	2:51	21.00	2:13:58	6:22	1	-	9	15:58	
VP4 - Stubenrauc	5.73	35:54	6:15	1	-	8	4:32	26.73	2:49:52	6:21	1	-	9	20:30	
VP5 - U-Bahnhof	4.30	31:01	7:12	1	-	8	4:26	31.03	3:20:53	6:28	1	-	9	24:56	
VP6 - Buckower I	5.40	36:47	6:48	1	-	10	4:13	36.43	3:57:40	6:31	1	-	8	29:09	
VP7 - Kirchhainer	5.54	41:24	7:28	1	-	12	8:28	41.97	4:39:04	6:38	1	-	9	37:37	
VP8 - Lichtenradi	4.42	31:46	7:11	1	-	9	5:31	46.39	5:10:50	6:42	1	-	9	43:08	
VP9 - Osdorfer St	5.77	43:12	7:29	1	-	9	8:18	52.16	5:54:02	6:47	1	-	8	51:26	
VP10 - Sportplatz	6.41	59:23	9:15	2	5:44	18	19:19	58.57	6:53:25	7:03	1	-	8	1:07:00	
VP11 - Königsweg	6.18	53:51	8:42	3	2:10	20	15:13	64.75	7:47:16	7:12	1	-	9	1:22:13	
VP12 - Gedenkst	6.18	1:00:03	9:43	1	-	17	16:34	70.93	8:47:19	7:26	1	-	10	1:35:58	
VP13 - Brauhaus	6.84	58:40	8:34	1	-	9	15:53	77.77	9:45:59	7:32	1	-	10	1:46:20	
VP14 - Revierförs	6.06	55:36	9:10	2	6:00	21	15:10	83.83	10:41:35	7:39	1	-	10	2:01:30	
VP15 - Schloß Sa	6.20	1:00:55	9:49	1	-	7	14:21	90.03	11:42:30	7:48	1	-	8	2:12:57	
VP16 - Pagel & Fi	7.63	1:15:40	9:55	2	0:22	22	26:20	97.66	12:58:10	7:58	1	-	10	2:38:47	
VP17 - Wilhelmst	4.84	45:37	9:25	1	-	16	12:38	102.50	13:43:47	8:02	1	-	10	2:51:25	
VP18 - Falkensee	6.58	58:25	8:52	1	-	12	13:43	109.08	14:42:12	8:05	1	-	10	3:05:08	
VP19 - Schönwal	5.70	1:08:34	12:01	4	16:27	25	26:32	114.78	15:50:46	8:17	1	-	12	3:31:40	
VP20 - Grenzturn	7.53	1:38:18	13:03	4	28:14	28	49:51	122.31	17:29:04	8:34	1	-	15	4:15:03	
VP21 - Ruderclub	4.78	1:00:46	12:42	4	11:37	19	20:30	127.09	18:29:50	8:43	1	-	14	4:35:33	
VP22 - Frohnau (4.03	50:52	12:37	4	15:28	24	20:43	131.12	19:20:42	8:51	1	-	14	4:56:16	
VP23 - Naturschu	6.78	1:38:26	14:31	4	37:38	28	46:04	137.90	20:59:08	9:07	2	11:04	17	5:42:20	
VP24 - Oranienbu	4.75	1:23:08	17:30	4	37:34	29	44:36	142.65	22:22:16	9:24	3	38:18	20	6:26:56	
VP25 - Lübars	5.69	1:18:01	13:42	4	19:28	27	32:34	148.34	23:40:17	9:34	3	57:46	21	6:58:35	
VP26 - S-Bahnhö	5.71	1:19:51	13:59	4	23:32	25	35:42	154.05	25:00:08	9:44	3	1:21:18	20	7:33:26	
VP27 - Wollankst	3.09	31:12	10:05	4	9:02	25	14:13	157.14	25:31:20	9:44	3	1:30:20	20	7:45:57	
Friedrich-Ludwig	3.76	47:05	12:31	4	10:34	21	20:59	160.90	26:18:25	9:48	3	1:33:39	20	8:01:56	