



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Scholz, Stefan

00: LG DUV

00: 16

00: 160.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 26:53:28

00: 5.95 km/h

0000: 10:02 min/km

00000/0000: 178 (of 246)

00000/0: 155 (of 211)

000000: 13:06:52

00000: 35(of 46)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:09:20	7:41	37	28:17	170	28:24	9.02	1:09:20	7:41	37	28:17	170	28:24
VP2 - Schlesische	5.98	43:38	7:17	35	17:30	169	17:32	15.00	1:52:58	7:31	36	45:47	169	45:56
VP3 - Sonnenalle	6.00	44:56	7:29	38	16:35	177	19:18	21.00	2:37:54	7:31	37	1:02:22	174	1:05:14
VP4 - Stubenrauc	5.73	43:22	7:34	40	15:00	181	18:07	26.73	3:21:16	7:31	37	1:17:22	174	1:23:21
VP5 - U-Bahnhof	4.30	36:43	8:32	37	13:37	175	15:36	31.03	3:57:59	7:40	37	1:30:59	174	1:37:51
VP6 - Buckower I	5.40	45:01	8:20	40	15:29	181	19:38	36.43	4:43:00	7:46	36	1:46:28	176	1:57:28
VP7 - Kirchhainer	5.54	45:18	8:10	34	14:46	156	19:07	41.97	5:28:18	7:49	36	1:59:24	176	2:15:58
VP8 - Lichtenradi	4.42	34:02	7:41	28	10:07	136	13:49	46.39	6:02:20	7:48	36	2:06:08	173	2:29:47
VP9 - Osdorfer St	5.77	46:38	8:04	36	15:39	153	20:26	52.16	6:48:58	7:50	36	2:16:29	173	2:49:35
VP10 - Sportplatz	6.41	57:50	9:01	24	23:00	122	29:02	58.57	7:46:48	7:58	33	2:32:45	166	3:17:03
VP11 - Königswe	6.18	48:40	7:52	25	12:32	105	19:47	64.75	8:35:28	7:57	31	2:37:26	152	3:35:59
VP12 - Gedenkst	6.18	1:03:04	10:12	34	25:29	160	31:37	70.93	9:38:32	8:09	33	3:00:02	160	4:06:55
VP13 - Brauhaus	6.84	57:10	8:21	22	15:30	106	33:33	77.77	10:35:42	8:10	33	3:12:55	149	4:31:42
VP14 - Revierförs	6.06	52:24	8:38	24	15:03	109	23:00	83.83	11:28:06	8:12	33	3:27:58	148	4:54:42
VP15 - Schloß Sa	6.20	1:13:03	11:46	34	34:18	140	43:16	90.03	12:41:09	8:27	36	4:02:16	149	5:37:58
VP16 - Pagel & Fi	7.63	1:09:27	9:06	24	22:33	117	33:03	97.66	13:50:36	8:30	34	4:24:12	146	6:10:34
VP17 - Wilhelmst	4.84	44:33	9:12	29	13:28	119	19:26	102.50	14:35:09	8:32	34	4:37:40	145	6:30:00
VP18 - Falkensee	6.58	1:03:12	9:36	30	23:18	125	29:44	109.08	15:38:21	8:36	34	5:00:58	145	6:59:01
VP19 - Schönwal	5.70	1:03:45	11:11	34	26:59	146	34:56	114.78	16:42:06	8:43	34	5:27:57	145	7:33:57
VP20 - Grenzturn	7.53	1:31:20	12:07	36	42:04	161	56:44	122.31	18:13:26	8:56	34	6:10:01	151	8:26:31
VP21 - Ruderclub	4.78	1:02:54	13:09	34	24:58	145	39:33	127.09	19:16:20	9:05	34	6:34:44	152	9:06:04
VP22 - Frohnau (4.03	46:28	11:31	30	18:07	135	24:56	131.12	20:02:48	9:10	35	6:48:06	151	9:31:00
VP23 - Naturschu	6.78	1:41:05	14:54	41	50:06	178	1:07:19	137.90	21:43:53	9:27	36	7:38:12	155	10:38:19
VP24 - Oranienbu	4.75	1:13:52	15:33	41	37:03	180	48:00	142.65	22:57:45	9:39	35	8:08:19	154	11:25:45
VP25 - Lübars	5.69	1:35:34	16:47	42	53:18	183	1:06:14	148.34	24:33:19	9:55	35	8:59:06	158	12:31:59
VP26 - S-Bahnhö	5.71	1:05:02	11:23	30	27:35	133	35:21	154.05	25:38:21	9:59	35	9:24:38	156	13:07:20
VP27 - Wollankst	3.09	27:18	8:50	30	12:19	132	14:57	157.14	26:05:39	9:57	35	9:34:21	156	13:20:53
Friedrich-Ludwig	3.76	47:49	12:43	34	22:29	151	27:12	160.90	26:53:28	10:01	35	9:53:47	156	13:46:36