



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

□□□□

Miller, Michael

□□□: 27:03:24

□□: Team Miller-Udell

□□: 5.91 km/h

□□: 163

□□□□: 10:05 min/km

□□: 160.90 km

□□□□□/□□□□: 180 (of 246)

100MeilenBerlin

□□□□□/□: 156 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 15(of 16)

Senioren M35 (35-39 Jahre)

□□□□□□□: 14:04:27

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	1:03:21	7:01	12	21:04	133	22:25	9.02	1:03:21	7:01	12	21:04	133	22:25
VP2 - Schlesische	5.98	41:43	6:58	16	14:14	155	15:37	15.00	1:45:04	7:00	13	35:18	137	38:02
VP3 - Sonnenalle	6.00	42:35	7:05	16	14:24	158	16:57	21.00	2:27:39	7:01	15	49:42	143	54:59
VP4 - Stubenrauc	5.73	40:28	7:03	15	14:25	151	15:13	26.73	3:08:07	7:02	16	1:04:07	147	1:10:12
VP5 - U-Bahnhof	4.30	35:36	8:16	15	14:29	155	14:29	31.03	3:43:43	7:12	16	1:18:36	150	1:23:35
VP6 - Buckower I	5.40	40:56	7:34	15	15:33	142	15:33	36.43	4:24:39	7:15	16	1:34:09	150	1:39:07
VP7 - Kirchhainer	5.54	44:28	8:01	15	17:14	150	18:17	41.97	5:09:07	7:21	16	1:51:23	149	1:56:47
VP8 - Lichtenradi	4.42	36:09	8:10	15	14:51	156	15:56	46.39	5:45:16	7:26	16	2:06:14	150	2:12:43
VP9 - Osdorfer St	5.77	44:40	7:44	12	17:24	124	18:28	52.16	6:29:56	7:28	15	2:23:38	144	2:30:33
VP10 - Sportplatz	6.41	54:23	8:29	12	24:25	100	25:35	58.57	7:24:19	7:35	14	2:48:03	132	2:54:34
VP11 - Königsweg	6.18	1:00:21	9:45	15	28:24	177	31:28	64.75	8:24:40	7:47	15	3:16:27	137	3:25:11
VP12 - Gedenkst	6.18	57:22	9:16	15	24:23	130	25:55	70.93	9:22:02	7:55	15	3:40:50	136	3:50:25
VP13 - Brauhaus	6.84	1:01:02	8:55	13	24:15	130	37:25	77.77	10:23:04	8:00	15	4:05:05	137	4:19:04
VP14 - Revierförs	6.06	1:00:30	9:59	16	28:46	170	31:06	83.83	11:23:34	8:09	15	4:33:51	145	4:50:10
VP15 - Schloß Sa	6.20	1:04:50	10:27	12	28:04	99	35:03	90.03	12:28:24	8:18	14	5:01:55	138	5:25:13
VP16 - Pagel & Fi	7.63	1:18:14	10:15	14	36:48	157	41:50	97.66	13:46:38	8:27	14	5:38:43	145	6:06:36
VP17 - Wilhelmst	4.84	53:30	11:03	15	25:57	172	28:23	102.50	14:40:08	8:35	14	6:04:40	149	6:34:59
VP18 - Falkensee	6.58	1:15:31	11:28	15	38:48	169	42:03	109.08	15:55:39	8:45	14	6:43:28	153	7:16:19
VP19 - Schönwal	5.70	1:15:23	13:13	15	43:41	175	46:34	114.78	17:11:02	8:58	15	7:27:09	157	8:02:53
VP20 - Grenzturn	7.53	1:29:02	11:49	14	47:45	153	54:26	122.31	18:40:04	9:09	15	8:14:54	156	8:53:09
VP21 - Ruderclub	4.78	1:00:17	12:36	11	32:38	125	36:56	127.09	19:40:21	9:17	15	8:47:32	157	9:30:05
VP22 - Frohnau (4.03	52:26	13:00	15	30:02	165	30:54	131.12	20:32:47	9:24	15	9:17:34	158	10:00:59
VP23 - Naturschu	6.78	1:29:35	13:12	15	47:50	163	55:49	137.90	22:02:22	9:35	15	10:05:24	157	10:56:48
VP24 - Oranienbu	4.75	1:09:19	14:35	15	40:25	177	43:27	142.65	23:11:41	9:45	15	10:45:49	156	11:39:41
VP25 - Lübars	5.69	1:14:09	13:01	15	41:49	171	44:49	148.34	24:25:50	9:52	15	11:27:38	155	12:24:30
VP26 - S-Bahnhö	5.71	1:18:39	13:46	15	46:39	176	48:58	154.05	25:44:29	10:01	15	12:14:17	157	13:13:28
VP27 - Wollankst	3.09	29:34	9:34	15	15:56	163	17:13	157.14	26:14:03	10:01	15	12:30:13	157	13:29:17
Friedrich-Ludwig	3.76	49:21	13:07	15	28:44	161	28:44	160.90	27:03:24	10:05	15	12:58:57	157	13:56:32