



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Baars, Olaf

□□□: 27:11:05

□□: WKF Bergfried 91 Dresden

□□: 5.89 km/h

□□: 136

□□□□: 10:08 min/km

□□: 160.90 km

□□□□□/□□□: 181 (of 246)

100MeilenBerlin

□□□□□/□: 157 (of 211)

□□□□:

□□□□□: 13:06:52

Senioren M50 (50-54 Jahre)

□□□□□: 36(of 46)

□□□□□□: 16:59:41

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	1:04:21	7:08	27	23:18	140	23:25	9.02	1:04:21	7:08	27	23:18	140	23:25
VP2 - Schlesische	5.98	44:06	7:22	36	17:58	172	18:00	15.00	1:48:27	7:13	32	41:16	156	41:25
VP3 - Sonnenalle	6.00	42:21	7:03	31	14:00	154	16:43	21.00	2:30:48	7:10	31	55:16	153	58:08
VP4 - Stubenrauc	5.73	40:21	7:02	34	11:59	149	15:06	26.73	3:11:09	7:09	32	1:07:15	156	1:13:14
VP5 - U-Bahnhof	4.30	37:24	8:41	39	14:18	180	16:17	31.03	3:48:33	7:21	34	1:21:33	162	1:28:25
VP6 - Buckower I	5.40	41:07	7:36	33	11:35	148	15:44	36.43	4:29:40	7:24	34	1:33:08	160	1:44:08
VP7 - Kirchhainer	5.54	45:16	8:10	33	14:44	155	19:05	41.97	5:14:56	7:30	34	1:46:02	159	2:02:36
VP8 - Lichtenradi	4.42	34:50	7:52	31	10:55	147	14:37	46.39	5:49:46	7:32	33	1:53:34	158	2:17:13
VP9 - Osdorfer St	5.77	45:19	7:51	30	14:20	132	19:07	52.16	6:35:05	7:34	31	2:02:36	150	2:35:42
VP10 - Sportplatz	6.41	1:01:23	9:34	32	26:33	152	32:35	58.57	7:36:28	7:47	31	2:22:25	150	3:06:43
VP11 - Königsw	6.18	50:12	8:07	26	14:04	119	21:19	64.75	8:26:40	7:49	29	2:28:38	141	3:27:11
VP12 - Gedenkst	6.18	56:48	9:11	27	19:13	124	25:21	70.93	9:23:28	7:56	28	2:44:58	138	3:51:51
VP13 - Brauhaus	6.84	1:02:30	9:08	31	20:50	137	38:53	77.77	10:25:58	8:02	29	3:03:11	141	4:21:58
VP14 - Revierförs	6.06	53:16	8:47	28	15:55	116	23:52	83.83	11:19:14	8:06	31	3:19:06	141	4:45:50
VP15 - Schloß Sa	6.20	56:17	9:04	13	17:32	58	26:30	90.03	12:15:31	8:10	26	3:36:38	130	5:12:20
VP16 - Pagel & Fi	7.63	1:13:23	9:37	30	26:29	136	36:59	97.66	13:28:54	8:16	27	4:02:30	131	5:48:52
VP17 - Wilhelmst	4.84	52:33	10:51	40	21:28	171	27:26	102.50	14:21:27	8:24	29	4:23:58	136	6:16:18
VP18 - Falkensee	6.58	1:04:32	9:48	32	24:38	135	31:04	109.08	15:25:59	8:29	31	4:48:36	136	6:46:39
VP19 - Schönwal	5.70	1:16:15	13:22	40	39:29	177	47:26	114.78	16:42:14	8:43	35	5:28:05	146	7:34:05
VP20 - Grenzturn	7.53	1:33:33	12:25	38	44:17	165	58:57	122.31	18:15:47	8:57	35	6:12:22	152	8:28:52
VP21 - Ruderclub	4.78	1:02:10	13:00	33	24:14	137	38:49	127.09	19:17:57	9:06	35	6:36:21	153	9:07:41
VP22 - Frohnau (4.03	36:21	9:01	7	8:00	48	14:49	131.12	19:54:18	9:06	34	6:39:36	148	9:22:30
VP23 - Naturschu	6.78	1:37:27	14:22	38	46:28	173	1:03:41	137.90	21:31:45	9:22	33	7:26:04	150	10:26:11
VP24 - Oranienbu	4.75	1:50:24	23:14	42	1:13:35	184	1:24:32	142.65	23:22:09	9:49	36	8:32:43	158	11:50:09
VP25 - Lübars	5.69	1:11:51	12:37	37	29:35	162	42:31	148.34	24:34:00	9:56	36	8:59:47	159	12:32:40
VP26 - S-Bahnh	5.71	1:11:58	12:36	37	34:31	164	42:17	154.05	25:45:58	10:02	36	9:32:15	158	13:14:57
VP27 - Wollankst	3.09	30:42	9:56	39	15:43	172	18:21	157.14	26:16:40	10:02	36	9:45:22	158	13:31:54
Friedrich-Ludwig	3.76	54:25	14:28	39	29:05	173	33:48	160.90	27:11:05	10:08	36	10:11:24	158	14:04:13