



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Tramontin, Giuseppe

00: MMT Team

00: 171

00: 160.90 km

100MeilenBerlin

0000:

Senioren M40 (40-44 Jahre)

000: 27:31:10

00: 5.81 km/h

0000: 10:16 min/km

00000/0000: 184 (of 246)

00000/0: 160 (of 211)

000000: 13:06:52

00000: 27(of 36)

0000000: 15:19:46

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:00:58	6:45	20	15:12	84	20:02	9.02	1:00:58	6:45	20	15:12	84	20:02
VP2 - Schlesische	5.98	39:41	6:38	28	11:17	119	13:35	15.00	1:40:39	6:42	26	26:29	109	33:37
VP3 - Sonnenalle	6.00	41:46	6:57	29	12:39	145	16:08	21.00	2:22:25	6:46	27	39:08	116	49:45
VP4 - Stubenrauc	5.73	41:48	7:17	30	13:12	168	16:33	26.73	3:04:13	6:53	29	51:58	131	1:06:18
VP5 - U-Bahnhof	4.30	37:12	8:39	31	12:45	179	16:05	31.03	3:41:25	7:08	30	1:02:30	142	1:21:17
VP6 - Buckower I	5.40	44:43	8:16	31	14:58	179	19:20	36.43	4:26:08	7:18	30	1:13:18	153	1:40:36
VP7 - Kirchhainer	5.54	47:29	8:34	31	16:24	175	21:18	41.97	5:13:37	7:28	30	1:29:11	158	2:01:17
VP8 - Lichtenradi	4.42	35:22	8:00	29	11:39	151	15:09	46.39	5:48:59	7:31	30	1:38:46	156	2:16:26
VP9 - Osdorfer St	5.77	46:08	7:59	26	15:13	145	19:56	52.16	6:35:07	7:34	29	1:53:13	151	2:35:44
VP10 - Sportplatz	6.41	1:00:04	9:22	27	24:07	145	31:16	58.57	7:35:11	7:46	28	2:17:20	145	3:05:26
VP11 - Königswe	6.18	58:07	9:24	29	24:25	164	29:14	64.75	8:33:18	7:55	28	2:36:37	151	3:33:49
VP12 - Gedenkst	6.18	59:30	9:37	27	25:14	147	28:03	70.93	9:32:48	8:04	26	3:00:32	152	4:01:11
VP13 - Brauhaus	6.84	1:09:41	10:11	29	29:33	165	46:04	77.77	10:42:29	8:15	26	3:27:04	153	4:38:29
VP14 - Revierförs	6.06	58:44	9:41	27	25:14	161	29:20	83.83	11:41:13	8:21	26	3:52:18	157	5:07:49
VP15 - Schloß Sa	6.20	1:07:51	10:56	22	32:23	115	38:04	90.03	12:49:04	8:32	26	4:24:41	153	5:45:53
VP16 - Pagel & Fi	7.63	1:17:26	10:08	26	35:05	153	41:02	97.66	14:06:30	8:40	26	4:59:46	153	6:26:28
VP17 - Wilhelmst	4.84	46:59	9:42	25	18:15	139	21:52	102.50	14:53:29	8:43	26	5:18:01	154	6:48:20
VP18 - Falkensee	6.58	1:07:30	10:15	26	30:58	149	34:02	109.08	16:00:59	8:48	26	5:48:59	155	7:21:39
VP19 - Schönwal	5.70	1:02:58	11:02	26	29:00	143	34:09	114.78	17:03:57	8:55	26	6:17:59	156	7:55:48
VP20 - Grenzturn	7.53	2:03:31	16:24	32	1:20:31	185	1:28:55	122.31	19:07:28	9:22	28	7:38:30	162	9:20:33
VP21 - Ruderclub	4.78	1:17:31	16:13	27	47:26	171	54:10	127.09	20:24:59	9:38	29	8:25:48	166	10:14:43
VP22 - Frohnau (4.03	58:38	14:32	31	34:34	179	37:06	131.12	21:23:37	9:47	29	8:59:44	166	10:51:49
VP23 - Naturschu	6.78	1:17:17	11:23	25	36:40	128	43:31	137.90	22:40:54	9:52	28	9:35:06	162	11:35:20
VP24 - Oranienbu	4.75	1:17:23	16:17	32	48:20	182	51:31	142.65	23:58:17	10:04	28	10:23:26	163	12:26:17
VP25 - Lübars	5.69	1:12:27	12:43	28	39:34	164	43:07	148.34	25:10:44	10:11	28	11:03:00	163	13:09:24
VP26 - S-Bahnhö	5.71	1:11:09	12:27	29	37:16	159	41:28	154.05	26:21:53	10:16	29	11:40:16	164	13:50:52
VP27 - Wollankst	3.09	28:07	9:05	27	15:46	150	15:46	157.14	26:50:00	10:14	29	11:54:00	164	14:05:14
Friedrich-Ludwig	3.76	41:10	10:56	21	17:24	104	20:33	160.90	27:31:10	10:15	28	12:11:24	162	14:24:18