



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Mertens, Joachim

000: 27:37:08

00: LG DUV

00: 5.79 km/h

00: 20

0000: 10:18 min/km

00: 160.90 km

00000/0000: 185 (of 246)

100MeilenBerlin

00000/0: 161 (of 211)

000000: 13:06:52

0000:

00000: 37(of 46)

Senioren M50 (50-54 Jahre)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:07:28	7:28	33	26:25	158	26:32	9.02	1:07:28	7:28	33	26:25	158	26:32
VP2 - Schlesische	5.98	41:38	6:57	33	15:30	153	15:32	15.00	1:49:06	7:16	34	41:55	159	42:04
VP3 - Sonnenalle	6.00	44:55	7:29	37	16:34	176	19:17	21.00	2:34:01	7:20	35	58:29	164	1:01:21
VP4 - Stubenrauc	5.73	41:06	7:10	35	12:44	160	15:51	26.73	3:15:07	7:17	35	1:11:13	163	1:17:12
VP5 - U-Bahnhof	4.30	36:01	8:22	33	12:55	163	14:54	31.03	3:51:08	7:26	36	1:24:08	166	1:31:00
VP6 - Buckower I	5.40	42:35	7:53	34	13:03	165	17:12	36.43	4:33:43	7:30	35	1:37:11	164	1:48:11
VP7 - Kirchhainer	5.54	54:46	9:53	44	24:14	190	28:35	41.97	5:28:29	7:49	37	1:59:35	177	2:16:09
VP8 - Lichtenradi	4.42	37:07	8:23	36	13:12	168	16:54	46.39	6:05:36	7:52	37	2:09:24	175	2:33:03
VP9 - Osdorfer St	5.77	48:06	8:20	37	17:07	164	21:54	52.16	6:53:42	7:55	39	2:21:13	177	2:54:19
VP10 - Sportplatz	6.41	58:38	9:08	26	23:48	133	29:50	58.57	7:52:20	8:03	39	2:38:17	176	3:22:35
VP11 - Königswe	6.18	57:42	9:20	38	21:34	161	28:49	64.75	8:50:02	8:11	39	2:52:00	175	3:50:33
VP12 - Gedenkst	6.18	1:13:18	11:51	40	35:43	182	41:51	70.93	10:03:20	8:30	40	3:24:50	177	4:31:43
VP13 - Brauhaus	6.84	1:05:34	9:35	33	23:54	150	41:57	77.77	11:08:54	8:36	38	3:46:07	173	5:04:54
VP14 - Revierförs	6.06	58:17	9:37	37	20:56	159	28:53	83.83	12:07:11	8:40	38	4:07:03	174	5:33:47
VP15 - Schloß Sa	6.20	1:12:21	11:40	30	33:36	134	42:34	90.03	13:19:32	8:52	37	4:40:39	170	6:16:21
VP16 - Pagel & Fi	7.63	1:19:10	10:22	34	32:16	162	42:46	97.66	14:38:42	8:59	37	5:12:18	168	6:58:40
VP17 - Wilhelmst	4.84	51:04	10:33	38	19:59	162	25:57	102.50	15:29:46	9:04	37	5:32:17	168	7:24:37
VP18 - Falkensee	6.58	1:10:54	10:46	35	31:00	155	37:26	109.08	16:40:40	9:10	37	6:03:17	166	8:01:20
VP19 - Schönwal	5.70	1:04:24	11:17	35	27:38	150	35:35	114.78	17:45:04	9:16	37	6:30:55	165	8:36:55
VP20 - Grenzturn	7.53	1:29:25	11:52	31	40:09	155	54:49	122.31	19:14:29	9:26	37	7:11:04	164	9:27:34
VP21 - Ruderclub	4.78	1:01:39	12:53	32	23:43	133	38:18	127.09	20:16:08	9:34	37	7:34:32	162	10:05:52
VP22 - Frohnau (4.03	50:00	12:24	36	21:39	158	28:28	131.12	21:06:08	9:39	37	7:51:26	163	10:34:20
VP23 - Naturschu	6.78	1:38:24	14:30	40	47:25	175	1:04:38	137.90	22:44:32	9:53	37	8:38:51	163	11:38:58
VP24 - Oranienbu	4.75	1:11:00	14:56	40	34:11	179	45:08	142.65	23:55:32	10:03	37	9:06:06	162	12:23:32
VP25 - Lübars	5.69	1:13:20	12:53	38	31:04	167	44:00	148.34	25:08:52	10:10	37	9:34:39	162	13:07:32
VP26 - S-Bahnhö	5.71	1:10:30	12:20	34	33:03	158	40:49	154.05	26:19:22	10:15	37	10:05:39	163	13:48:21
VP27 - Wollankst	3.09	27:54	9:01	31	12:55	145	15:33	157.14	26:47:16	10:13	37	10:15:58	163	14:02:30
Friedrich-Ludwig	3.76	49:52	13:15	37	24:32	164	29:15	160.90	27:37:08	10:17	37	10:37:27	163	14:30:16