



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Coper, Sven

□□: Berlin

□□: 222

□□: 160.90 km
100MeilenBerlin

□□□□:
Senioren M55 (55-59 Jahre)

□□□□□/□□□□: DSQ (of 246)

□□□□□/□: DSQ (of 211)

□□□□□□: 13:06:52

□□□□□: DSQ(of 25)

□□□□□□□: 17:16:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	1:03:53	7:04	18	17:34	138	22:57	9.02	1:03:53	7:04	18	17:34	138	22:57	
VP2 - Schlesische	5.98	40:08	6:42	14	9:32	127	14:02	15.00	1:44:01	6:56	18	27:06	134	36:59	
VP3 - Sonnenalle	6.00	40:30	6:45	15	9:34	124	14:52	21.00	2:24:31	6:52	16	36:40	129	51:51	
VP4 - Stubenrauc	5.73	40:07	7:00	18	11:14	145	14:52	26.73	3:04:38	6:54	17	47:54	134	1:06:43	
VP5 - U-Bahnhof	4.30	34:37	8:03	17	10:01	145	13:30	31.03	3:39:15	7:03	16	57:55	134	1:19:07	
VP6 - Buckower I	5.40	42:11	7:48	21	13:13	162	16:48	36.43	4:21:26	7:10	15	1:11:08	139	1:35:54	
VP7 - Kirchhainer	5.54	45:14	8:09	19	14:45	153	19:03	41.97	5:06:40	7:18	18	1:25:53	145	1:54:20	
VP8 - Lichtenradi	4.42	36:58	8:21	21	13:17	166	16:45	46.39	5:43:38	7:24	19	1:39:10	145	2:11:05	
VP9 - Osdorfer St	5.77	48:30	8:24	20	17:04	166	22:18	52.16	6:32:08	7:31	19	1:56:14	147	2:32:45	
VP10 - Sportplatz	6.41	1:10:56	11:03	23	34:03	180	42:08	58.57	7:43:04	7:54	20	2:30:17	162	3:13:19	
VP11 - Königsweg	6.18	58:17	9:25	21	22:18	165	29:24	64.75	8:41:21	8:03	22	2:52:35	169	3:41:52	
VP12 - Gedenkst	6.18	1:06:57	10:50	23	27:07	173	35:30	70.93	9:48:18	8:17	22	3:19:42	171	4:16:41	
VP13 - Brauhaus	6.84	1:10:00	10:14	22	28:36	166	46:23	77.77	10:58:18	8:27	22	3:48:18	170	4:54:18	
VP14 - Revierförs	6.06	56:55	9:23	18	20:58	154	27:31	83.83	11:55:13	8:31	22	4:09:16	170	5:21:49	
VP15 - Schloß Sa	6.20	1:21:44	13:10	20	42:16	169	51:57	90.03	13:16:57	8:51	22	4:51:32	169	6:13:46	
VP16 - Pagel & Fi	7.63	1:26:59	11:24	23	37:28	175	50:35	97.66	14:43:56	9:03	22	5:29:00	171	7:03:54	
VP17 - Wilhelmst	4.84	52:07	10:46	22	23:10	169	27:00	102.50	15:36:03	9:07	22	5:48:47	171	7:30:54	
VP18 - Falkensee	6.58	1:17:20	11:45	22	35:19	177	43:52	109.08	16:53:23	9:17	23	6:22:55	172	8:14:03	
VP19 - Schönwal	5.70	1:06:03	11:35	19	27:18	155	37:14	114.78	17:59:26	9:24	23	6:46:28	169	8:51:17	
VP20 - Grenzturn	7.53	1:40:45	13:22	20	51:39	178	1:06:09	122.31	19:40:11	9:38	23	7:38:07	171	9:53:16	
VP21 - Ruderclub	4.78	1:16:47	16:03	20	44:10	169	53:26	127.09	20:56:58	9:53	21	8:21:27	170	10:46:42	
VP22 - Frohnau (4.03	55:35	13:47	21	28:26	175	34:03	131.12	21:52:33	10:00	22	8:47:14	171	11:20:45	
VP23 - Naturschu	6.78	1:30:02	13:16	20	43:17	164	56:16	137.90	23:22:35	10:10	22	9:30:11	169	12:17:01	
VP24 - Oranienbu	4.75	50:01	10:31	9	16:47	91	24:09	142.65	24:12:36	10:10	22	9:42:37	167	12:40:36	
VP25 - Lübars	5.69	1:08:59	12:07	18	28:56	152	39:39	148.34	25:21:35	10:15	22	10:05:30	167	13:20:15	
VP26 - S-Bahnhö	5.71	1:06:33	11:39	17	25:22	138	36:52	154.05	26:28:08	10:18	22	10:23:50	166	13:57:07	
VP27 - Wollankst	3.09	fehlt!	-	-	-	-	-	157.14	-	-	-	-	-	-	
Friedrich-Ludwig	3.76	1:14:06	19:42	22	44:34	183	53:29	160.90	-	-	-	-	-	-	