



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Eichner, Sigrid

000: 28:12:04

00: 100 Marathon Club

00: 5.67 km/h

00: 150

0000: 10:31 min/km

00: 160.90 km

00000/000: 192 (of 246)

100MeilenBerlin

00000/0: 26 (of 35)

000000: 18:16:29

0000:

00000: 1(of 1)

Seniorinnen W70 (70-74 Jahre)

0000000: 28:12:04

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:10:04	7:46	1	-	22	18:32	9.02	1:10:04	7:46	1	-	22	18:32
VP2 - Schlesische	5.98	46:19	7:44	1	-	27	13:20	15.00	1:56:23	7:45	1	-	25	31:52
VP3 - Sonnenalle	6.00	48:18	8:02	1	-	28	14:49	21.00	2:44:41	7:50	1	-	27	46:41
VP4 - Stubenrauc	5.73	44:33	7:46	1	-	24	13:11	26.73	3:29:14	7:49	1	-	27	59:52
VP5 - U-Bahnhof	4.30	39:41	9:13	1	-	27	13:06	31.03	4:08:55	8:01	1	-	27	1:12:58
VP6 - Buckower I	5.40	51:23	9:30	1	-	29	18:49	36.43	5:00:18	8:14	1	-	29	1:31:47
VP7 - Kirchhainer	5.54	52:07	9:24	1	-	28	19:11	41.97	5:52:25	8:23	1	-	29	1:50:58
VP8 - Lichtenradi	4.42	43:12	9:46	1	-	27	16:57	46.39	6:35:37	8:31	1	-	29	2:07:55
VP9 - Osdorfer St	5.77	53:53	9:20	1	-	23	18:59	52.16	7:29:30	8:37	1	-	29	2:26:54
VP10 - Sportplatz	6.41	57:53	9:01	1	-	14	17:49	58.57	8:27:23	8:39	1	-	26	2:40:58
VP11 - Königswe	6.18	1:11:12	11:31	1	-	28	32:34	64.75	9:38:35	8:56	1	-	27	3:13:32
VP12 - Gedenkst	6.18	1:15:32	12:13	1	-	29	32:03	70.93	10:54:07	9:13	1	-	28	3:42:46
VP13 - Brauhaus	6.84	1:13:32	10:45	1	-	25	30:45	77.77	12:07:39	9:21	1	-	27	4:08:00
VP14 - Revierförs	6.06	1:00:48	10:01	1	-	25	20:22	83.83	13:08:27	9:24	1	-	27	4:28:22
VP15 - Schloß Sa	6.20	1:20:21	12:57	1	-	25	33:47	90.03	14:28:48	9:39	1	-	26	4:59:15
VP16 - Pagel & Fi	7.63	1:33:27	12:14	1	-	27	44:07	97.66	16:02:15	9:51	1	-	26	5:42:52
VP17 - Wilhelmst	4.84	1:01:16	12:39	1	-	27	28:17	102.50	17:03:31	9:59	1	-	26	6:11:09
VP18 - Falkensee	6.58	1:16:25	11:36	1	-	26	31:43	109.08	18:19:56	10:05	1	-	26	6:42:52
VP19 - Schönwal	5.70	1:20:15	14:04	1	-	27	38:13	114.78	19:40:11	10:16	1	-	27	7:21:05
VP20 - Grenzturn	7.53	1:29:04	11:49	1	-	23	40:37	122.31	21:09:15	10:22	1	-	27	7:55:14
VP21 - Ruderclub	4.78	1:03:18	13:14	1	-	20	23:02	127.09	22:12:33	10:29	1	-	25	8:18:16
VP22 - Frohnau (4.03	47:33	11:47	1	-	20	17:24	131.12	23:00:06	10:31	1	-	25	8:35:40
VP23 - Naturschu	6.78	1:16:43	11:18	1	-	17	24:21	137.90	24:16:49	10:33	1	-	25	9:00:01
VP24 - Oranienbu	4.75	52:22	11:01	1	-	12	13:50	142.65	25:09:11	10:34	1	-	25	9:13:51
VP25 - Lübars	5.69	58:56	10:21	1	-	12	13:29	148.34	26:08:07	10:34	1	-	25	9:26:25
VP26 - S-Bahnhö	5.71	57:30	10:04	1	-	12	13:21	154.05	27:05:37	10:33	1	-	25	9:38:55
VP27 - Wollankst	3.09	24:46	8:00	1	-	16	7:47	157.14	27:30:23	10:30	1	-	25	9:45:00
Friedrich-Ludwig	3.76	41:41	11:05	1	-	17	15:35	160.90	28:12:04	10:30	1	-	26	9:55:35