



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

□□□□

Deák, Andreas

□□□: 28:23:58

□□: LG Mauerweg Berlin e.V.

□□: 5.63 km/h

□□: 100

□□□□: 10:35 min/km

□□: 160.90 km

□□□□□/□□□: 195 (of 246)

100MeilenBerlin

□□□□□/□: 169 (of 211)

□□□□:

□□□□□: 39(of 46)

Senioren M50 (50-54 Jahre)

□□□□□□: 16:59:41

□□□□

□□□□

□□□

□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	1:04:55	7:11	29	23:52	144	23:59	9.02	1:04:55	7:11	29	23:52	144	23:59
VP2 - Schlesische	5.98	41:11	6:53	30	15:03	148	15:05	15.00	1:46:06	7:04	28	38:55	144	39:04
VP3 - Sonnenalle	6.00	41:34	6:55	28	13:13	142	15:56	21.00	2:27:40	7:01	28	52:08	144	55:00
VP4 - Stubenrauc	5.73	40:17	7:01	33	11:55	148	15:02	26.73	3:07:57	7:01	28	1:04:03	145	1:10:02
VP5 - U-Bahnhof	4.30	34:00	7:54	26	10:54	133	12:53	31.03	3:41:57	7:09	29	1:14:57	146	1:21:49
VP6 - Buckower I	5.40	40:18	7:27	29	10:46	131	14:55	36.43	4:22:15	7:11	29	1:25:43	140	1:36:43
VP7 - Kirchhainer	5.54	49:13	8:53	40	18:41	180	23:02	41.97	5:11:28	7:25	31	1:42:34	153	1:59:08
VP8 - Lichtenradi	4.42	40:30	9:09	42	16:35	185	20:17	46.39	5:51:58	7:35	34	1:55:46	162	2:19:25
VP9 - Osdorfer St	5.77	54:36	9:27	41	23:37	184	28:24	52.16	6:46:34	7:47	35	2:14:05	169	2:47:11
VP10 - Sportplatz	6.41	1:17:57	12:09	43	43:07	187	49:09	58.57	8:04:31	8:16	40	2:50:28	179	3:34:46
VP11 - Königsw	6.18	1:00:26	9:46	41	24:18	178	31:33	64.75	9:04:57	8:24	40	3:06:55	178	4:05:28
VP12 - Gedenkst	6.18	1:10:59	11:29	38	33:24	178	39:32	70.93	10:15:56	8:41	41	3:37:26	181	4:44:19
VP13 - Brauhaus	6.84	1:14:12	10:50	40	32:32	175	50:35	77.77	11:30:08	8:52	41	4:07:21	180	5:26:08
VP14 - Revierförs	6.06	1:03:05	10:24	42	25:44	177	33:41	83.83	12:33:13	8:59	41	4:33:05	180	5:59:49
VP15 - Schloß Sa	6.20	1:12:30	11:41	32	33:45	136	42:43	90.03	13:45:43	9:10	41	5:06:50	179	6:42:32
VP16 - Pagel & Fi	7.63	1:23:55	10:59	36	37:01	169	47:31	97.66	15:09:38	9:18	40	5:43:14	177	7:29:36
VP17 - Wilhelmst	4.84	1:02:01	12:48	42	30:56	181	36:54	102.50	16:11:39	9:28	40	6:14:10	177	8:06:30
VP18 - Falkensee	6.58	1:21:13	12:20	42	41:19	180	47:45	109.08	17:32:52	9:39	40	6:55:29	178	8:53:32
VP19 - Schönwal	5.70	1:16:42	13:27	42	39:56	179	47:53	114.78	18:49:34	9:50	40	7:35:25	176	9:41:25
VP20 - Grenzturn	7.53	1:37:10	12:54	41	47:54	175	1:02:34	122.31	20:26:44	10:01	40	8:23:19	177	10:39:49
VP21 - Ruderclub	4.78	1:05:33	13:42	38	27:37	152	42:12	127.09	21:32:17	10:10	40	8:50:41	177	11:22:01
VP22 - Frohnau (4.03	49:52	12:22	34	21:31	156	28:20	131.12	22:22:09	10:14	40	9:07:27	177	11:50:21
VP23 - Naturschu	6.78	1:38:18	14:29	39	47:19	174	1:04:32	137.90	24:00:27	10:26	40	9:54:46	176	12:54:53
VP24 - Oranienbu	4.75	1:00:29	12:44	34	23:40	150	34:37	142.65	25:00:56	10:31	40	10:11:30	177	13:28:56
VP25 - Lübars	5.69	1:07:15	11:49	32	24:59	145	37:55	148.34	26:08:11	10:34	40	10:33:58	177	14:06:51
VP26 - S-Bahnh	5.71	1:02:08	10:52	26	24:41	116	32:27	154.05	27:10:19	10:34	39	10:56:36	172	14:39:18
VP27 - Wollankst	3.09	30:12	9:46	36	15:13	167	17:51	157.14	27:40:31	10:34	39	11:09:13	173	14:55:45
Friedrich-Ludwig	3.76	43:27	11:33	31	18:07	123	22:50	160.90	28:23:58	10:35	39	11:24:17	172	15:17:06