



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Blumenroth, Michael

□□□: 28:32:08

□□: Spiridon Frankfurt

□□: 5.61 km/h

□□: 8

□□□□: 10:38 min/km

□□: 160.90 km

□□□□□/□□□□: 198 (of 246)

100MeilenBerlin

□□□□□/□: 172 (of 211)

□□□□:

□□□□□: 40(of 46)

Senioren M50 (50-54 Jahre)

□□□□□□□: 16:59:41

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:01:45	6:50	20	20:42	105	20:49	9.02	1:01:45	6:50	20	20:42	105	20:49
VP2 - Schlesische	5.98	39:17	6:34	24	13:09	114	13:11	15.00	1:41:02	6:44	21	33:51	111	34:00
VP3 - Sonnenalle	6.00	43:44	7:17	35	15:23	171	18:06	21.00	2:24:46	6:53	24	49:14	130	52:06
VP4 - Stubenrauc	5.73	39:20	6:51	29	10:58	138	14:05	26.73	3:04:06	6:53	25	1:00:12	130	1:06:11
VP5 - U-Bahnhof	4.30	36:10	8:24	34	13:04	168	15:03	31.03	3:40:16	7:05	27	1:13:16	137	1:20:08
VP6 - Buckower I	5.40	43:19	8:01	36	13:47	169	17:56	36.43	4:23:35	7:14	31	1:27:03	145	1:38:03
VP7 - Kirchhainer	5.54	45:21	8:11	35	14:49	158	19:10	41.97	5:08:56	7:21	30	1:40:02	148	1:56:36
VP8 - Lichtenradi	4.42	35:52	8:06	33	11:57	153	15:39	46.39	5:44:48	7:25	29	1:48:36	148	2:12:15
VP9 - Osdorfer St	5.77	50:27	8:44	38	19:28	172	24:15	52.16	6:35:15	7:34	32	2:02:46	152	2:35:52
VP10 - Sportplatz	6.41	1:12:43	11:20	41	37:53	182	43:55	58.57	7:47:58	7:59	34	2:33:55	169	3:18:13
VP11 - Königsw	6.18	53:26	8:38	34	17:18	144	24:33	64.75	8:41:24	8:03	36	2:43:22	171	3:41:55
VP12 - Gedenkst	6.18	1:12:24	11:42	39	34:49	180	40:57	70.93	9:53:48	8:22	37	3:15:18	172	4:22:11
VP13 - Brauhaus	6.84	1:19:39	11:38	42	37:59	179	56:02	77.77	11:13:27	8:39	39	3:50:40	176	5:09:27
VP14 - Revierförs	6.06	56:43	9:21	36	19:22	151	27:19	83.83	12:10:10	8:42	39	4:10:02	175	5:36:46
VP15 - Schloß Sa	6.20	1:31:18	14:43	44	52:33	182	1:01:31	90.03	13:41:28	9:07	40	5:02:35	178	6:38:17
VP16 - Pagel & Fi	7.63	1:24:55	11:07	38	38:01	172	48:31	97.66	15:06:23	9:16	39	5:39:59	176	7:26:21
VP17 - Wilhelmst	4.84	52:32	10:51	39	21:27	170	27:25	102.50	15:58:55	9:21	39	6:01:26	176	7:53:46
VP18 - Falkensee	6.58	1:16:16	11:35	39	36:22	173	42:48	109.08	17:15:11	9:29	39	6:37:48	175	8:35:51
VP19 - Schönwal	5.70	1:10:32	12:22	38	33:46	171	41:43	114.78	18:25:43	9:38	39	7:11:34	174	9:17:34
VP20 - Grenzturn	7.53	1:34:49	12:35	39	45:33	168	1:00:13	122.31	20:00:32	9:48	39	7:57:07	176	10:13:37
VP21 - Ruderclub	4.78	1:15:00	15:41	40	37:04	163	51:39	127.09	21:15:32	10:02	39	8:33:56	174	11:05:16
VP22 - Frohnau (4.03	52:45	13:05	39	24:24	166	31:13	131.12	22:08:17	10:07	39	8:53:35	174	11:36:29
VP23 - Naturschu	6.78	1:30:16	13:18	34	39:17	166	56:30	137.90	23:38:33	10:17	39	9:32:52	173	12:32:59
VP24 - Oranienbu	4.75	1:06:39	14:01	39	29:50	170	40:47	142.65	24:45:12	10:24	39	9:55:46	173	13:13:12
VP25 - Lübars	5.69	1:15:27	13:15	40	33:11	173	46:07	148.34	26:00:39	10:31	39	10:26:26	173	13:59:19
VP26 - S-Bahnh	5.71	1:11:51	12:34	35	34:24	161	42:10	154.05	27:12:30	10:35	40	10:58:47	175	14:41:29
VP27 - Wollankst	3.09	30:12	9:46	36	15:13	167	17:51	157.14	27:42:42	10:34	40	11:11:24	174	14:57:56
Friedrich-Ludwig	3.76	49:26	13:08	36	24:06	162	28:49	160.90	28:32:08	10:38	40	11:32:27	175	15:25:16