



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Haverkamp, Andreas

000: 28:57:06

00: LG DUV

00: 5.53 km/h

00: 272

0000: 10:48 min/km

00: 160.90 km

00000/000: 199 (of 246)

100MeilenBerlin

00000/0: 173 (of 211)

0000:

00000: 11(of 16)

Senioren M30 (30-34 Jahre)

0000000: 13:06:52

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:05:00	7:12	9	24:04	145	24:04	9.02	1:05:00	7:12	9	24:04	145	24:04
VP2 - Schlesische	5.98	42:21	7:04	10	16:15	162	16:15	15.00	1:47:21	7:09	10	40:19	151	40:19
VP3 - Sonnenalle	6.00	54:00	9:00	12	28:22	192	28:22	21.00	2:41:21	7:40	12	1:08:41	181	1:08:41
VP4 - Stubenrauc	5.73	47:20	8:15	12	22:05	191	22:05	26.73	3:28:41	7:48	12	1:30:46	184	1:30:46
VP5 - U-Bahnhof	4.30	40:12	9:20	12	18:25	186	19:05	31.03	4:08:53	8:01	12	1:48:45	185	1:48:45
VP6 - Buckower I	5.40	50:18	9:18	12	24:54	188	24:55	36.43	4:59:11	8:12	12	2:13:39	188	2:13:39
VP7 - Kirchhainer	5.54	1:00:23	10:53	12	34:12	192	34:12	41.97	5:59:34	8:34	12	2:47:14	189	2:47:14
VP8 - Lichtenradi	4.42	40:12	9:05	11	19:59	183	19:59	46.39	6:39:46	8:37	12	3:07:13	189	3:07:13
VP9 - Osdorfer St	5.77	1:01:15	10:36	12	35:03	191	35:03	52.16	7:41:01	8:50	12	3:41:38	189	3:41:38
VP10 - Sportplatz	6.41	1:06:59	10:26	11	38:11	170	38:11	58.57	8:48:00	9:00	12	4:18:15	187	4:18:15
VP11 - Königswe	6.18	1:25:55	13:54	12	57:02	190	57:02	64.75	10:13:55	9:28	12	5:14:26	186	5:14:26
VP12 - Gedenkst	6.18	1:07:36	10:56	11	36:09	174	36:09	70.93	11:21:31	9:36	12	5:49:54	186	5:49:54
VP13 - Brauhaus	6.84	1:38:16	14:21	11	1:06:14	190	1:14:39	77.77	12:59:47	10:01	12	6:55:47	185	6:55:47
VP14 - Revierförs	6.06	1:14:53	12:21	11	45:29	186	45:29	83.83	14:14:40	10:11	12	7:41:16	185	7:41:16
VP15 - Schloß Sa	6.20	1:31:55	14:49	12	1:02:08	184	1:02:08	90.03	15:46:35	10:30	12	8:43:24	184	8:43:24
VP16 - Pagel & Fi	7.63	1:45:23	13:48	12	1:08:59	185	1:08:59	97.66	17:31:58	10:46	12	9:51:56	183	9:51:56
VP17 - Wilhelmst	4.84	54:11	11:11	10	29:04	173	29:04	102.50	18:26:09	10:47	11	10:21:00	182	10:21:00
VP18 - Falkensee	6.58	1:26:04	13:04	10	51:53	181	52:36	109.08	19:52:13	10:55	11	11:12:53	183	11:12:53
VP19 - Schönwal	5.70	1:07:28	11:50	9	38:39	165	38:39	114.78	20:59:41	10:58	11	11:51:32	181	11:51:32
VP20 - Grenzturn	7.53	1:31:51	12:11	10	53:05	163	57:15	122.31	22:31:32	11:03	11	12:44:37	181	12:44:37
VP21 - Ruderclub	4.78	59:48	12:30	9	36:27	120	36:27	127.09	23:31:20	11:06	11	13:21:04	181	13:21:04
VP22 - Frohnau (4.03	47:03	11:40	9	25:31	140	25:31	131.12	24:18:23	11:07	11	13:46:35	181	13:46:35
VP23 - Naturschu	6.78	1:13:56	10:54	8	40:10	113	40:10	137.90	25:32:19	11:06	11	14:26:45	181	14:26:45
VP24 - Oranienbu	4.75	46:16	9:44	8	20:24	65	20:24	142.65	26:18:35	11:03	11	14:46:35	181	14:46:35
VP25 - Lübars	5.69	56:24	9:54	9	27:04	93	27:04	148.34	27:14:59	11:01	11	15:13:39	180	15:13:39
VP26 - S-Bahnhö	5.71	41:03	7:11	5	11:22	17	11:22	154.05	27:56:02	10:52	11	15:25:01	178	15:25:01
VP27 - Wollankst	3.09	22:59	7:26	10	10:25	84	10:38	157.14	28:19:01	10:48	11	15:34:15	177	15:34:15
Friedrich-Ludwig	3.76	38:05	10:07	10	15:59	80	17:28	160.90	28:57:06	10:47	11	15:50:14	176	15:50:14