



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Die Spreeläufer

□□: Berlin

□□: 2002

□□: 160.90 km

2er Staffel

□□□□:

Staffel 2 x 80 km

□□□: 15:38:28

□□: 10.23 km/h

□□□□: 5:50 min/km

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VP1 - Mahnmal P	9.02	49:50	5:31	1	-	1	-	9.02	49:50	5:31	1	-	1	-	
VP2 - Schlesische	5.98	31:05	5:11	1	-	1	-	15.00	1:20:55	5:23	1	-	1	-	
VP3 - Sonnenalle	6.00	31:27	5:14	1	-	1	-	21.00	1:52:22	5:21	1	-	1	-	
VP4 - Stubenrauc	5.73	28:40	5:00	1	-	1	-	26.73	2:21:02	5:16	1	-	1	-	
VP5 - U-Bahnhof	4.30	25:31	5:56	1	-	1	-	31.03	2:46:33	5:22	1	-	1	-	
VP6 - Buckower I	5.40	28:37	5:17	1	-	1	-	36.43	3:15:10	5:21	1	-	1	-	
VP7 - Kirchhainer	5.54	31:23	5:39	2	4:13	2	4:13	41.97	3:46:33	5:23	1	-	1	-	
VP8 - Lichtenradi	4.42	24:21	5:30	1	-	1	-	46.39	4:10:54	5:24	1	-	1	-	
VP9 - Osdorfer St	5.77	32:10	5:34	2	7:30	2	7:30	52.16	4:43:04	5:25	1	-	1	-	
VP10 - Sportplatz	6.41	38:16	5:58	2	6:21	2	6:21	58.57	5:21:20	5:29	1	-	1	-	
VP11 - Königswe	6.18	35:28	5:44	2	14:51	2	14:51	64.75	5:56:48	5:30	1	-	1	-	
VP12 - Gedenkst	6.18	38:36	6:14	1	-	1	-	70.93	6:35:24	5:34	1	-	1	-	
VP13 - Brauhaus	6.84	40:02	5:51	2	3:36	2	3:36	77.77	7:15:26	5:35	1	-	1	-	
VP14 - Revierförs	6.06	36:37	6:02	1	-	1	-	83.83	7:52:03	5:37	1	-	1	-	
VP15 - Schloß Sa	6.20	35:06	5:39	2	0:28	2	0:28	90.03	8:27:09	5:37	1	-	1	-	
VP16 - Pagel & Fi	7.63	39:16	5:08	1	-	1	-	97.66	9:06:25	5:35	1	-	1	-	
VP17 - Wilhelmst	4.84	27:03	5:35	3	2:05	3	2:05	102.50	9:33:28	5:35	1	-	1	-	
VP18 - Falkensee	6.58	36:47	5:35	3	1:07	3	1:07	109.08	10:10:15	5:35	1	-	1	-	
VP19 - Schönwal	5.70	32:17	5:39	1	-	1	-	114.78	10:42:32	5:35	1	-	1	-	
VP20 - Grenzturn	7.53	52:27	6:57	2	9:56	2	9:56	122.31	11:34:59	5:40	1	-	1	-	
VP21 - Ruderclub	4.78	28:20	5:55	1	-	1	-	127.09	12:03:19	5:41	1	-	1	-	
VP22 - Frohnau (4.03	27:46	6:53	3	0:55	3	0:55	131.12	12:31:05	5:43	1	-	1	-	
VP23 - Naturschu	6.78	43:21	6:23	1	-	1	-	137.90	13:14:26	5:45	1	-	1	-	
VP24 - Oranienbu	4.75	34:23	7:14	3	6:08	3	6:08	142.65	13:48:49	5:48	1	-	1	-	
VP25 - Lübars	5.69	34:51	6:07	1	-	1	-	148.34	14:23:40	5:49	1	-	1	-	
VP26 - S-Bahnhö	5.71	36:54	6:27	2	1:01	2	1:01	154.05	15:00:34	5:50	1	-	1	-	
VP27 - Wollankst	3.09	13:55	4:30	1	-	1	-	157.14	15:14:29	5:49	1	-	1	-	
Friedrich-Ludwig	3.03	23:59	7:54	2	1:32	2	1:32	160.90	15:38:28	5:49	1	-	1	-	