



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Würbs, Kai

00: Hamburg

00: 277

00: 160.90 km

100MeilenBerlin

0000:

Senioren M40 (40-44 Jahre)

000: 23:47:17

00: 6.73 km/h

0000: 8:52 min/km

00000/0000: 128 (of 246)

00000/0: 118 (of 211)

000000: 13:06:52

00000: 23(of 36)

0000000: 15:19:46

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	1:02:49	6:57	27	17:03	120	21:53	9.02	1:02:49	6:57	27	17:03	120	21:53
VP2 - Schlesische	5.98	42:24	7:05	31	14:00	163	16:18	15.00	1:45:13	7:00	29	31:03	141	38:11
VP3 - Sonnenalle	6.00	39:10	6:31	27	10:03	105	13:32	21.00	2:24:23	6:52	29	41:06	128	51:43
VP4 - Stubenrauc	5.73	39:29	6:53	28	10:53	141	14:14	26.73	3:03:52	6:52	28	51:37	128	1:05:57
VP5 - U-Bahnhof	4.30	33:38	7:49	27	9:11	126	12:31	31.03	3:37:30	7:00	28	58:35	127	1:17:22
VP6 - Buckower I	5.40	38:27	7:07	23	8:42	101	13:04	36.43	4:15:57	7:01	28	1:03:07	122	1:30:25
VP7 - Kirchhainer	5.54	37:11	6:42	16	6:06	64	11:00	41.97	4:53:08	6:59	26	1:08:42	109	1:40:48
VP8 - Lichtenradi	4.42	32:11	7:16	23	8:28	105	11:58	46.39	5:25:19	7:00	26	1:15:06	108	1:52:46
VP9 - Osdorfer St	5.77	39:17	6:48	16	8:22	62	13:05	52.16	6:04:36	6:59	26	1:22:42	105	2:05:13
VP10 - Sportplatz	6.41	1:01:46	9:38	29	25:49	153	32:58	58.57	7:06:22	7:16	25	1:48:31	108	2:36:37
VP11 - Königsw	6.18	43:57	7:06	13	10:15	50	15:04	64.75	7:50:19	7:15	25	1:53:38	102	2:50:50
VP12 - Gedenkst	6.18	53:03	8:35	19	18:47	84	21:36	70.93	8:43:22	7:22	24	2:11:06	101	3:11:45
VP13 - Brauhaus	6.84	1:00:52	8:53	23	20:44	127	37:15	77.77	9:44:14	7:30	23	2:28:49	107	3:40:14
VP14 - Revierförs	6.06	46:43	7:42	10	13:13	51	17:19	83.83	10:30:57	7:31	23	2:42:02	101	3:57:33
VP15 - Schloß Sa	6.20	1:21:57	13:13	30	46:29	170	52:10	90.03	11:52:54	7:55	23	3:28:31	112	4:49:43
VP16 - Pagel & Fi	7.63	1:06:48	8:45	19	24:27	97	30:24	97.66	12:59:42	7:59	23	3:52:58	110	5:19:40
VP17 - Wilhelmst	4.84	51:25	10:37	29	22:41	165	26:18	102.50	13:51:07	8:06	24	4:15:39	121	5:45:58
VP18 - Falkensee	6.58	56:05	8:31	14	19:33	78	22:37	109.08	14:47:12	8:08	23	4:35:12	112	6:07:52
VP19 - Schönwal	5.70	51:12	8:58	16	17:14	62	22:23	114.78	15:38:24	8:10	22	4:52:26	108	6:30:15
VP20 - Grenzturn	7.53	1:08:10	9:03	15	25:10	69	33:34	122.31	16:46:34	8:13	22	5:17:36	103	6:59:39
VP21 - Ruderclub	4.78	51:26	10:45	16	21:21	69	28:05	127.09	17:38:00	8:19	21	5:38:49	94	7:27:44
VP22 - Frohnau (4.03	42:08	10:27	22	18:04	116	20:36	131.12	18:20:08	8:23	21	5:56:15	95	7:48:20
VP23 - Naturschu	6.78	1:11:28	10:32	21	30:51	103	37:42	137.90	19:31:36	8:29	21	6:25:48	96	8:26:02
VP24 - Oranienbu	4.75	48:25	10:11	17	19:22	79	22:33	142.65	20:20:01	8:33	21	6:45:10	96	8:48:01
VP25 - Lübars	5.69	1:01:00	10:43	20	28:07	113	31:40	148.34	21:21:01	8:38	21	7:13:17	100	9:19:41
VP26 - S-Bahnh	5.71	1:09:33	12:10	27	35:40	154	39:52	154.05	22:30:34	8:46	22	7:48:57	112	9:59:33
VP27 - Wollankst	3.09	29:35	9:34	31	17:14	164	17:14	157.14	23:00:09	8:46	23	8:04:09	115	10:15:23
Friedrich-Ludwig	3.76	47:08	12:32	27	23:22	149	26:31	160.90	23:47:17	8:52	23	8:27:31	118	10:40:25