



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Loy, Thomas

□□□: 29:59:59

□□: RSV Sugenheim

□□: 5.33 km/h

□□: 250

□□□□: 11:11 min/km

□□: 160.90 km

□□□□□/□□□: 208 (of 246)

100MeilenBerlin

□□□□□/□: 180 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 35(of 43)

Senioren M45 (45-49 Jahre)

□□□□□□□: 16:18:36

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	1:01:57	6:52	28	19:36	110	21:01	9.02	1:01:57	6:52	28	19:36	110	21:01
VP2 - Schlesische	5.98	39:29	6:36	27	12:01	117	13:23	15.00	1:41:26	6:45	27	31:37	114	34:24
VP3 - Sonnenalle	6.00	38:41	6:26	25	10:28	97	13:03	21.00	2:20:07	6:40	26	42:05	107	47:27
VP4 - Stubenrauc	5.73	37:47	6:35	26	11:08	110	12:32	26.73	2:57:54	6:39	26	53:13	106	59:59
VP5 - U-Bahnhof	4.30	32:51	7:38	29	11:08	115	11:44	31.03	3:30:45	6:47	28	1:04:21	106	1:10:37
VP6 - Buckower I	5.40	40:51	7:33	29	13:07	140	15:28	36.43	4:11:36	6:54	29	1:17:28	110	1:26:04
VP7 - Kirchhainer	5.54	50:57	9:11	37	21:06	184	24:46	41.97	5:02:33	7:12	31	1:38:34	131	1:50:13
VP8 - Lichtenradi	4.42	46:24	10:29	38	22:31	191	26:11	46.39	5:48:57	7:31	32	2:00:52	155	2:16:24
VP9 - Osdorfer St	5.77	56:53	9:51	38	25:54	187	30:41	52.16	6:45:50	7:46	34	2:22:27	168	2:46:27
VP10 - Sportplatz	6.41	1:15:19	11:44	36	41:23	185	46:31	58.57	8:01:09	8:12	36	3:03:50	178	3:31:24
VP11 - Königsweg	6.18	1:09:28	11:14	36	34:55	185	40:35	64.75	9:10:37	8:30	36	3:31:38	180	4:11:08
VP12 - Gedenkst	6.18	1:23:13	13:27	37	45:14	189	51:46	70.93	10:33:50	8:56	36	4:16:52	183	5:02:13
VP13 - Brauhaus	6.84	1:27:49	12:50	36	1:01:52	187	1:04:12	77.77	12:01:39	9:16	36	5:02:00	182	5:57:39
VP14 - Revierförs	6.06	1:09:06	11:24	33	31:41	183	39:42	83.83	13:10:45	9:25	36	5:31:48	183	6:37:21
VP15 - Schloß Sa	6.20	1:34:00	15:09	34	55:19	186	1:04:13	90.03	14:44:45	9:49	36	6:24:15	182	7:41:34
VP16 - Pagel & Fi	7.63	1:46:01	13:53	37	58:55	187	1:09:37	97.66	16:30:46	10:08	36	7:23:10	181	8:50:44
VP17 - Wilhelmst	4.84	1:10:44	14:36	36	39:42	185	45:37	102.50	17:41:30	10:21	36	8:01:16	181	9:36:21
VP18 - Falkensee	6.58	1:43:10	15:40	37	1:09:42	185	1:09:42	109.08	19:24:40	10:40	36	9:03:29	181	10:45:20
VP19 - Schönwal	5.70	1:26:39	15:12	34	50:01	182	57:50	114.78	20:51:19	10:54	35	9:51:17	180	11:43:10
VP20 - Grenzturn	7.53	1:49:12	14:30	35	1:14:36	182	1:14:36	122.31	22:40:31	11:07	35	10:50:01	182	12:53:36
VP21 - Ruderclub	4.78	1:03:45	13:20	25	30:50	148	40:24	127.09	23:44:16	11:12	35	11:20:51	183	13:34:00
VP22 - Frohnau (	4.03	49:22	12:14	29	22:51	151	27:50	131.12	24:33:38	11:14	35	11:43:42	182	14:01:50
VP23 - Naturschu	6.78	1:22:18	12:08	29	38:12	142	48:32	137.90	25:55:56	11:16	35	12:21:54	183	14:50:22
VP24 - Oranienbu	4.75	56:43	11:56	29	23:28	140	30:51	142.65	26:52:39	11:18	35	12:44:40	183	15:20:39
VP25 - Lübars	5.69	1:06:21	11:39	28	28:40	142	37:01	148.34	27:59:00	11:19	35	13:13:20	184	15:57:40
VP26 - S-Bahnhö	5.71	58:53	10:18	20	19:19	101	29:12	154.05	28:57:53	11:16	35	13:29:55	183	16:26:52
VP27 - Wollankst	3.09	21:48	7:03	12	5:02	63	9:27	157.14	29:19:41	11:11	35	13:32:49	182	16:34:55
Friedrich-Ludwig	3.76	40:18	10:43	20	15:20	100	19:41	160.90	29:59:59	11:11	35	13:41:23	183	16:53:07