



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Tallarita, Antonio

□□: Podistica Biasola ASD

□□: 190

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 16:59:41

□□: 9.41 km/h

□□□□: 6:20 min/km

□□□□□/□□□□: 13 (of 246)

□□□□□/□: 12 (of 211)

□□□□□□: 13:06:52

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□□□□□□□: 16:59:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	51:26	5:42	3	10:23	17	10:30	9.02	51:26	5:42	3	10:23	17	10:30	
VP2 - Schlesische	5.98	31:19	5:14	2	5:11	17	5:13	15.00	1:22:45	5:30	3	15:34	17	15:43	
VP3 - Sonnenalle	6.00	31:05	5:10	3	2:44	13	5:27	21.00	1:53:50	5:25	3	18:18	16	21:10	
VP4 - Stubenrauc	5.73	28:53	5:02	3	0:31	9	3:38	26.73	2:22:43	5:20	3	18:49	15	24:48	
VP5 - U-Bahnhof	4.30	24:40	5:44	3	1:34	12	3:33	31.03	2:47:23	5:23	3	20:23	13	27:15	
VP6 - Buckower I	5.40	36:52	6:49	19	7:20	82	11:29	36.43	3:24:15	5:36	2	27:43	18	38:43	
VP7 - Kirchhainer	5.54	30:32	5:30	1	-	8	4:21	41.97	3:54:47	5:35	2	25:53	18	42:27	
VP8 - Lichtenradi	4.42	24:11	5:28	2	0:16	12	3:58	46.39	4:18:58	5:34	2	22:46	16	46:25	
VP9 - Osdorfer St	5.77	30:59	5:22	1	-	5	4:47	52.16	4:49:57	5:33	2	17:28	15	50:34	
VP10 - Sportplatz	6.41	34:50	5:26	1	-	6	6:02	58.57	5:24:47	5:32	2	10:44	12	55:02	
VP11 - Königswel	6.18	36:08	5:50	1	-	10	7:15	64.75	6:00:55	5:34	2	2:53	14	1:01:26	
VP12 - Gedenkst	6.18	37:35	6:04	1	-	6	6:08	70.93	6:38:30	5:37	1	-	10	1:06:53	
VP13 - Brauhaus	6.84	44:17	6:28	2	2:37	22	20:40	77.77	7:22:47	5:41	1	-	11	1:18:47	
VP14 - Revierförs	6.06	37:21	6:09	1	-	11	7:57	83.83	8:00:08	5:43	1	-	11	1:26:44	
VP15 - Schloß Sa	6.20	38:45	6:15	1	-	9	8:58	90.03	8:38:53	5:45	1	-	9	1:35:42	
VP16 - Pagel & Fi	7.63	47:31	6:13	2	0:37	12	11:07	97.66	9:26:24	5:47	1	-	10	1:46:22	
VP17 - Wilhelmst	4.84	31:05	6:25	1	-	13	5:58	102.50	9:57:29	5:49	1	-	10	1:52:20	
VP18 - Falkensee	6.58	39:54	6:03	1	-	6	6:26	109.08	10:37:23	5:50	1	-	8	1:58:03	
VP19 - Schönwal	5.70	36:46	6:27	1	-	10	7:57	114.78	11:14:09	5:52	1	-	9	2:06:00	
VP20 - Grenzturn	7.53	49:16	6:32	1	-	13	14:40	122.31	12:03:25	5:54	1	-	9	2:16:30	
VP21 - Ruderclub	4.78	38:11	7:59	2	0:15	22	14:50	127.09	12:41:36	5:59	1	-	9	2:31:20	
VP22 - Frohnau (4.03	33:06	8:12	2	4:45	28	11:34	131.12	13:14:42	6:03	1	-	10	2:42:54	
VP23 - Naturschu	6.78	50:59	7:31	1	-	22	17:13	137.90	14:05:41	6:07	1	-	12	3:00:07	
VP24 - Oranienbu	4.75	43:45	9:12	8	6:56	49	17:53	142.65	14:49:26	6:14	1	-	12	3:17:26	
VP25 - Lübars	5.69	44:47	7:52	2	2:31	27	15:27	148.34	15:34:13	6:17	1	-	12	3:32:53	
VP26 - S-Bahnhö	5.71	39:30	6:55	2	2:03	14	9:49	154.05	16:13:43	6:19	1	-	12	3:42:42	
VP27 - Wollankst	3.09	17:35	5:41	3	2:36	19	5:14	157.14	16:31:18	6:18	1	-	13	3:46:32	
Friedrich-Ludwig	3.76	28:23	7:32	4	3:03	19	7:46	160.90	16:59:41	6:20	1	-	12	3:52:49	