



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Seidel, Grit

00: LG Nord Berlin Ultrateam

00: 266

00: 160.90 km

100MeilenBerlin

0000:

Seniorinnen W40 (40-44 Jahre)

000: 18:16:29

00: 8.76 km/h

0000: 6:49 min/km

00000/0000: 23 (of 246)

00000/0: 1 (of 35)

000000: 18:16:29

00000: 1(of 10)

0000000: 18:16:29

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Mahnmal P	9.02	57:45	6:24	3	2:03	4	6:13	9.02	57:45	6:24	3	2:03	4	6:13
VP2 - Schlesische	5.98	34:17	5:43	2	0:14	3	1:18	15.00	1:32:02	6:08	3	1:05	4	7:31
VP3 - Sonnenalle	6.00	34:59	5:49	1	-	2	1:30	21.00	2:07:01	6:02	1	-	2	9:01
VP4 - Stubenrauc	5.73	32:43	5:42	1	-	2	1:21	26.73	2:39:44	5:58	1	-	2	10:22
VP5 - U-Bahnhof	4.30	27:49	6:28	1	-	2	1:14	31.03	3:07:33	6:02	1	-	2	11:36
VP6 - Buckower I	5.40	34:41	6:25	1	-	2	2:07	36.43	3:42:14	6:06	1	-	2	13:43
VP7 - Kirchhainer	5.54	33:02	5:57	1	-	2	0:06	41.97	4:15:16	6:04	1	-	2	13:49
VP8 - Lichtenradi	4.42	26:23	5:58	1	-	2	0:08	46.39	4:41:39	6:04	1	-	2	13:57
VP9 - Osdorfer St	5.77	35:07	6:05	1	-	2	0:13	52.16	5:16:46	6:04	1	-	2	14:10
VP10 - Sportplatz	6.41	40:04	6:15	1	-	1	-	58.57	5:56:50	6:05	1	-	2	10:25
VP11 - Königswe	6.18	39:49	6:26	1	-	2	1:11	64.75	6:36:39	6:07	1	-	2	11:36
VP12 - Gedenkst	6.18	43:29	7:02	1	-	1	-	70.93	7:20:08	6:12	1	-	2	8:47
VP13 - Brauhaus	6.84	42:47	6:15	1	-	1	-	77.77	8:02:55	6:12	1	-	2	3:16
VP14 - Revierförs	6.06	40:34	6:41	1	-	2	0:08	83.83	8:43:29	6:14	1	-	2	3:24
VP15 - Schloß Sa	6.20	46:34	7:30	1	-	1	-	90.03	9:30:03	6:19	1	-	2	0:30
VP16 - Pagel & Fi	7.63	49:20	6:27	1	-	1	-	97.66	10:19:23	6:20	1	-	1	-
VP17 - Wilhelmst	4.84	32:59	6:48	1	-	1	-	102.50	10:52:22	6:21	1	-	1	-
VP18 - Falkensee	6.58	44:42	6:47	1	-	1	-	109.08	11:37:04	6:23	1	-	1	-
VP19 - Schönwal	5.70	42:02	7:22	1	-	1	-	114.78	12:19:06	6:26	1	-	1	-
VP20 - Grenzturn	7.53	54:55	7:17	1	-	2	6:28	122.31	13:14:01	6:29	1	-	1	-
VP21 - Ruderclub	4.78	40:16	8:25	1	-	1	-	127.09	13:54:17	6:33	1	-	1	-
VP22 - Frohnau (	4.03	30:09	7:28	1	-	1	-	131.12	14:24:26	6:35	1	-	1	-
VP23 - Naturschu	6.78	52:22	7:43	1	-	1	-	137.90	15:16:48	6:38	1	-	1	-
VP24 - Oranienbu	4.75	38:32	8:06	1	-	1	-	142.65	15:55:20	6:41	1	-	1	-
VP25 - Lübars	5.69	46:22	8:08	1	-	4	0:55	148.34	16:41:42	6:45	1	-	1	-
VP26 - S-Bahnhö	5.71	45:00	7:52	1	-	2	0:51	154.05	17:26:42	6:47	1	-	1	-
VP27 - Wollankst	3.09	18:41	6:02	1	-	3	1:42	157.14	17:45:23	6:46	1	-	1	-
Friedrich-Ludwig	3.76	31:06	8:16	1	-	3	5:00	160.90	18:16:29	6:48	1	-	1	-