



# 100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Beckmann, Stefan

□□□: 18:51:18

□□: TV Borken

□□: 8.49 km/h

□□: 264

□□□□: 7:02 min/km

□□: 160.90 km

□□□□□/□□□: 28 (of 246)

100MeilenBerlin

□□□□□/□: 27 (of 211)

□□□□□□: 13:06:52

□□□□:

□□□□□: 3(of 25)

Senioren M55 (55-59 Jahre)

□□□□□□□: 17:16:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Mahnmal P	9.02	59:25	6:35	9	13:06	70	18:29	9.02	59:25	6:35	9	13:06	70	18:29
VP2 - Schlesische	5.98	36:14	6:03	10	5:38	78	10:08	15.00	1:35:39	6:22	9	18:44	69	28:37
VP3 - Sonnenalle	6.00	35:24	5:53	7	4:28	52	9:46	21.00	2:11:03	6:14	8	23:12	65	38:23
VP4 - Stubenrauc	5.73	32:49	5:43	4	3:56	40	7:34	26.73	2:43:52	6:07	7	27:08	60	45:57
VP5 - U-Bahnhof	4.30	29:54	6:57	7	5:18	64	8:47	31.03	3:13:46	6:14	7	32:26	56	53:38
VP6 - Buckower I	5.40	33:22	6:10	4	4:24	31	7:59	36.43	3:47:08	6:14	6	36:50	55	1:01:36
VP7 - Kirchhainer	5.54	34:06	6:09	5	3:37	35	7:55	41.97	4:21:14	6:13	6	40:27	55	1:08:54
VP8 - Lichtenradi	4.42	26:54	6:05	4	3:13	37	6:41	46.39	4:48:08	6:12	6	43:40	51	1:15:35
VP9 - Osdorfer St	5.77	34:21	5:57	3	2:55	21	8:09	52.16	5:22:29	6:10	5	46:35	43	1:23:06
VP10 - Sportplatz	6.41	45:26	7:05	5	8:33	45	16:38	58.57	6:07:55	6:16	5	55:08	43	1:38:10
VP11 - Königswe	6.18	40:20	6:31	5	4:21	31	11:27	64.75	6:48:15	6:18	5	59:29	42	1:48:46
VP12 - Gedenkst	6.18	44:30	7:12	4	4:40	30	13:03	70.93	7:32:45	6:22	5	1:04:09	39	2:01:08
VP13 - Brauhaus	6.84	44:28	6:30	2	3:04	24	20:51	77.77	8:17:13	6:23	5	1:07:13	35	2:13:13
VP14 - Revierförs	6.06	42:04	6:56	4	6:07	29	12:40	83.83	8:59:17	6:25	5	1:13:20	34	2:25:53
VP15 - Schloß Sa	6.20	44:47	7:13	2	5:19	20	15:00	90.03	9:44:04	6:29	4	1:18:39	31	2:40:53
VP16 - Pagel & Fi	7.63	54:23	7:07	4	4:52	27	17:59	97.66	10:38:27	6:32	4	1:23:31	32	2:58:25
VP17 - Wilhelmst	4.84	34:30	7:07	4	5:33	29	9:23	102.50	11:12:57	6:33	4	1:25:41	31	3:07:48
VP18 - Falkensee	6.58	46:58	7:08	4	4:57	32	13:30	109.08	11:59:55	6:35	5	1:29:27	32	3:20:35
VP19 - Schönwal	5.70	43:07	7:33	5	4:22	35	14:18	114.78	12:43:02	6:38	5	1:30:04	31	3:34:53
VP20 - Grenzturn	7.53	55:05	7:18	3	5:59	26	20:29	122.31	13:38:07	6:41	5	1:36:03	29	3:51:12
VP21 - Ruderclub	4.78	41:01	8:34	3	8:24	26	17:40	127.09	14:19:08	6:45	3	1:43:37	28	4:08:52
VP22 - Frohnau (	4.03	34:12	8:29	4	7:03	35	12:40	131.12	14:53:20	6:48	3	1:48:01	27	4:21:32
VP23 - Naturschu	6.78	55:12	8:08	4	8:27	33	21:26	137.90	15:48:32	6:52	3	1:56:08	28	4:42:58
VP24 - Oranienbu	4.75	39:54	8:24	4	6:40	29	14:02	142.65	16:28:26	6:55	3	1:58:27	27	4:56:26
VP25 - Lübars	5.69	42:42	7:30	2	2:39	18	13:22	148.34	17:11:08	6:57	3	1:55:03	27	5:09:48
VP26 - S-Bahnho	5.71	46:50	8:12	3	5:39	36	17:09	154.05	17:57:58	6:59	3	1:53:40	28	5:26:57
VP27 - Wollankst	3.09	20:58	6:47	5	3:08	55	8:37	157.14	18:18:56	6:59	3	1:47:37	28	5:34:10
Friedrich-Ludwig	3.76	32:22	8:36	3	2:50	43	11:45	160.90	18:51:18	7:01	3	1:34:45	27	5:44:26