



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Schliep, Martina

□□□: 18:59:19

□□: LG Mauerweg Berlin e.V.

□□: 8.43 km/h

□□: 306

□□□□: 7:05 min/km

□□: 160.90 km

□□□□□/□□□□: 30 (of 246)

100MeilenBerlin

□□□□□/□: 2 (of 35)

□□□□□□: 18:16:29

□□□□:

□□□□□: 1(of 7)

Seniorinnen W45 (45-49 Jahre)

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
VP1 - Mahnmal P	9.02	51:32	5:42	1	-	1	-	9.02	51:32	5:42	1	-	1	-
VP2 - Schlesische	5.98	32:59	5:30	1	-	1	-	15.00	1:24:31	5:38	1	-	1	-
VP3 - Sonnenalle	6.00	33:29	5:34	1	-	1	-	21.00	1:58:00	5:37	1	-	1	-
VP4 - Stubenrauc	5.73	31:22	5:28	1	-	1	-	26.73	2:29:22	5:35	1	-	1	-
VP5 - U-Bahnhof	4.30	26:35	6:10	1	-	1	-	31.03	2:55:57	5:40	1	-	1	-
VP6 - Buckower I	5.40	32:34	6:01	1	-	1	-	36.43	3:28:31	5:43	1	-	1	-
VP7 - Kirchhainer	5.54	32:56	5:56	1	-	1	-	41.97	4:01:27	5:45	1	-	1	-
VP8 - Lichtenradi	4.42	26:15	5:56	1	-	1	-	46.39	4:27:42	5:46	1	-	1	-
VP9 - Osdorfer St	5.77	34:54	6:02	1	-	1	-	52.16	5:02:36	5:48	1	-	1	-
VP10 - Sportplatz	6.41	43:49	6:50	1	-	3	3:45	58.57	5:46:25	5:54	1	-	1	-
VP11 - Königsw	6.18	38:38	6:15	1	-	1	-	64.75	6:25:03	5:56	1	-	1	-
VP12 - Gedenkst	6.18	46:18	7:29	1	-	2	2:49	70.93	7:11:21	6:04	1	-	1	-
VP13 - Brauhaus	6.84	48:18	7:03	1	-	4	5:31	77.77	7:59:39	6:10	1	-	1	-
VP14 - Revierförs	6.06	40:26	6:40	1	-	1	-	83.83	8:40:05	6:12	1	-	1	-
VP15 - Schloß Sa	6.20	49:28	7:58	1	-	2	2:54	90.03	9:29:33	6:19	1	-	1	-
VP16 - Pagel & Fi	7.63	56:05	7:21	1	-	2	6:45	97.66	10:25:38	6:24	1	-	2	6:15
VP17 - Wilhelmst	4.84	40:06	8:17	1	-	3	7:07	102.50	11:05:44	6:29	1	-	2	13:22
VP18 - Falkensee	6.58	50:40	7:42	1	-	3	5:58	109.08	11:56:24	6:34	1	-	2	19:20
VP19 - Schönwal	5.70	44:24	7:47	1	-	2	2:22	114.78	12:40:48	6:37	1	-	2	21:42
VP20 - Grenzturn	7.53	1:00:44	8:03	1	-	4	12:17	122.31	13:41:32	6:43	1	-	2	27:31
VP21 - Ruderclub	4.78	42:58	8:59	1	-	3	2:42	127.09	14:24:30	6:48	1	-	2	30:13
VP22 - Frohnau (4.03	32:26	8:02	1	-	2	2:17	131.12	14:56:56	6:50	1	-	2	32:30
VP23 - Naturschu	6.78	58:35	8:38	2	2:57	3	6:13	137.90	15:55:31	6:55	1	-	2	38:43
VP24 - Oranienbu	4.75	40:15	8:28	2	0:16	3	1:43	142.65	16:35:46	6:58	1	-	2	40:26
VP25 - Lübars	5.69	46:12	8:07	2	0:45	2	0:45	148.34	17:21:58	7:01	1	-	2	40:16
VP26 - S-Bahnh	5.71	46:56	8:13	2	2:47	3	2:47	154.05	18:08:54	7:04	1	-	2	42:12
VP27 - Wollankst	3.09	20:07	6:30	3	3:08	4	3:08	157.14	18:29:01	7:03	1	-	2	43:38
Friedrich-Ludwig	3.76	30:18	8:03	2	4:12	2	4:12	160.90	18:59:19	7:04	1	-	2	42:50