



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

0000

Becker, Frank

00: USV Erfurt

00: 220

00: 160.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 19:19:13

00: 8.28 km/h

0000: 7:12 min/km

00000/0000: 34 (of 246)

00000/0: 32 (of 211)

000000: 13:06:52

00000: 6(of 46)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	52:49	5:51	6	11:46	32	11:53	9.02	52:49	5:51	6	11:46	32	11:53
VP2 - Schlesische	5.98	32:45	5:28	6	6:37	31	6:39	15.00	1:25:34	5:42	6	18:23	32	18:32
VP3 - Sonnenalle	6.00	32:39	5:26	5	4:18	25	7:01	21.00	1:58:13	5:37	6	22:41	30	25:33
VP4 - Stubenrauc	5.73	31:33	5:30	4	3:11	24	6:18	26.73	2:29:46	5:36	6	25:52	29	31:51
VP5 - U-Bahnhof	4.30	26:36	6:11	4	3:30	24	5:29	31.03	2:56:22	5:41	4	29:22	25	36:14
VP6 - Buckower I	5.40	31:31	5:50	2	1:59	17	6:08	36.43	3:27:53	5:42	4	31:21	22	42:21
VP7 - Kirchhainer	5.54	32:09	5:48	3	1:37	19	5:58	41.97	4:00:02	5:43	4	31:08	22	47:42
VP8 - Lichtenradi	4.42	23:55	5:24	1	-	9	3:42	46.39	4:23:57	5:41	4	27:45	22	51:24
VP9 - Osdorfer St	5.77	33:23	5:47	3	2:24	17	7:11	52.16	4:57:20	5:42	4	24:51	22	57:57
VP10 - Sportplatz	6.41	43:46	6:49	7	8:56	36	14:58	58.57	5:41:06	5:49	3	27:03	19	1:11:21
VP11 - Königswel	6.18	39:52	6:27	6	3:44	30	10:59	64.75	6:20:58	5:53	3	22:56	18	1:21:29
VP12 - Gedenkst	6.18	53:39	8:40	18	16:04	93	22:12	70.93	7:14:37	6:07	4	36:07	26	1:43:00
VP13 - Brauhaus	6.84	47:59	7:00	7	6:19	43	24:22	77.77	8:02:36	6:12	4	39:49	27	1:58:36
VP14 - Revierförs	6.06	42:34	7:01	6	5:13	30	13:10	83.83	8:45:10	6:15	6	45:02	28	2:11:46
VP15 - Schloß Sa	6.20	1:03:22	10:13	18	24:37	90	33:35	90.03	9:48:32	6:32	6	1:09:39	33	2:45:21
VP16 - Pagel & Fi	7.63	1:02:08	8:08	12	15:14	66	25:44	97.66	10:50:40	6:39	6	1:24:16	34	3:10:38
VP17 - Wilhelmst	4.84	34:27	7:07	4	3:22	27	9:20	102.50	11:25:07	6:41	6	1:27:38	34	3:19:58
VP18 - Falkensee	6.58	47:37	7:14	8	7:43	35	14:09	109.08	12:12:44	6:43	6	1:35:21	34	3:33:24
VP19 - Schönwal	5.70	52:01	9:07	12	15:15	69	23:12	114.78	13:04:45	6:50	6	1:50:36	34	3:56:36
VP20 - Grenzturn	7.53	54:49	7:16	4	5:33	24	20:13	122.31	13:59:34	6:51	6	1:56:09	34	4:12:39
VP21 - Ruderclub	4.78	48:23	10:07	13	10:27	56	25:02	127.09	14:47:57	6:59	6	2:06:21	34	4:37:41
VP22 - Frohnau (4.03	35:40	8:51	6	7:19	46	14:08	131.12	15:23:37	7:02	6	2:08:55	34	4:51:49
VP23 - Naturschu	6.78	59:42	8:48	8	8:43	43	25:56	137.90	16:23:19	7:07	6	2:17:38	34	5:17:45
VP24 - Oranienbu	4.75	41:01	8:38	4	4:12	36	15:09	142.65	17:04:20	7:10	6	2:14:54	34	5:32:20
VP25 - Lübars	5.69	52:21	9:12	10	10:05	66	23:01	148.34	17:56:41	7:15	6	2:22:28	34	5:55:21
VP26 - S-Bahnhö	5.71	40:06	7:01	3	2:39	16	10:25	154.05	18:36:47	7:14	6	2:23:04	34	6:05:46
VP27 - Wollankst	3.09	16:57	5:29	2	1:58	14	4:36	157.14	18:53:44	7:12	6	2:22:26	34	6:08:58
Friedrich-Ludwig	3.76	25:29	6:46	2	0:09	12	4:52	160.90	19:19:13	7:12	6	2:19:32	32	6:12:21