



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Klug, Matthias

00: LAZ Saarbrücken

00: 216

00: 160.90 km

100MeilenBerlin

0000:

Senioren M40 (40-44 Jahre)

000: 20:25:58

00: 7.83 km/h

0000: 7:37 min/km

00000/0000: 42 (of 246)

00000/0: 40 (of 211)

000000: 13:06:52

00000: 11(of 36)

0000000: 15:19:46

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-------------------|------|---------|--------|----|-------|-----|-------|--------|----------|--------|----|---------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| VP1 - Mahnmal P | 9.02 | 45:46 | 5:04 | 1 | - | 6 | 4:50 | 9.02 | 45:46 | 5:04 | 1 | - | 6 | 4:50 |
| VP2 - Schlesische | 5.98 | 28:24 | 4:44 | 1 | - | 7 | 2:18 | 15.00 | 1:14:10 | 4:56 | 1 | - | 6 | 7:08 |
| VP3 - Sonnenalle | 6.00 | 29:07 | 4:51 | 1 | - | 7 | 3:29 | 21.00 | 1:43:17 | 4:55 | 1 | - | 6 | 10:37 |
| VP4 - Stubenrauc | 5.73 | 28:58 | 5:03 | 2 | 0:22 | 12 | 3:43 | 26.73 | 2:12:15 | 4:56 | 1 | - | 6 | 14:20 |
| VP5 - U-Bahnhof | 4.30 | 26:40 | 6:12 | 7 | 2:13 | 25 | 5:33 | 31.03 | 2:38:55 | 5:07 | 1 | - | 7 | 18:47 |
| VP6 - Buckower I | 5.40 | 56:06 | 10:23 | 34 | 26:21 | 191 | 30:43 | 36.43 | 3:35:01 | 5:54 | 7 | 22:11 | 30 | 49:29 |
| VP7 - Kirchhainer | 5.54 | 40:56 | 7:23 | 25 | 9:51 | 112 | 14:45 | 41.97 | 4:15:57 | 6:05 | 10 | 31:31 | 41 | 1:03:37 |
| VP8 - Lichtenradi | 4.42 | 27:08 | 6:08 | 12 | 3:25 | 40 | 6:55 | 46.39 | 4:43:05 | 6:06 | 10 | 32:52 | 40 | 1:10:32 |
| VP9 - Osdorfer St | 5.77 | 36:17 | 6:17 | 10 | 5:22 | 39 | 10:05 | 52.16 | 5:19:22 | 6:07 | 10 | 37:28 | 39 | 1:19:59 |
| VP10 - Sportplatz | 6.41 | 40:51 | 6:22 | 6 | 4:54 | 24 | 12:03 | 58.57 | 6:00:13 | 6:09 | 8 | 42:22 | 34 | 1:30:28 |
| VP11 - Königswel | 6.18 | 58:50 | 9:31 | 30 | 25:08 | 170 | 29:57 | 64.75 | 6:59:03 | 6:28 | 13 | 1:02:22 | 52 | 1:59:34 |
| VP12 - Gedenkst | 6.18 | 43:19 | 7:00 | 7 | 9:03 | 23 | 11:52 | 70.93 | 7:42:22 | 6:31 | 12 | 1:10:06 | 46 | 2:10:45 |
| VP13 - Brauhaus | 6.84 | 43:25 | 6:20 | 5 | 3:17 | 16 | 19:48 | 77.77 | 8:25:47 | 6:30 | 11 | 1:10:22 | 43 | 2:21:47 |
| VP14 - Revierförs | 6.06 | 54:47 | 9:02 | 23 | 21:17 | 138 | 25:23 | 83.83 | 9:20:34 | 6:41 | 11 | 1:31:39 | 46 | 2:47:10 |
| VP15 - Schloß Sa | 6.20 | 47:08 | 7:36 | 8 | 11:40 | 28 | 17:21 | 90.03 | 10:07:42 | 6:44 | 10 | 1:43:19 | 41 | 3:04:31 |
| VP16 - Pagel & Fi | 7.63 | 1:10:15 | 9:12 | 21 | 27:54 | 123 | 33:51 | 97.66 | 11:17:57 | 6:56 | 11 | 2:11:13 | 43 | 3:37:55 |
| VP17 - Wilhelmst | 4.84 | 34:15 | 7:04 | 7 | 5:31 | 24 | 9:08 | 102.50 | 11:52:12 | 6:56 | 11 | 2:16:44 | 41 | 3:47:03 |
| VP18 - Falkensee | 6.58 | 46:38 | 7:05 | 6 | 10:06 | 28 | 13:10 | 109.08 | 12:38:50 | 6:57 | 10 | 2:26:50 | 39 | 3:59:30 |
| VP19 - Schönwal | 5.70 | 51:07 | 8:58 | 15 | 17:09 | 61 | 22:18 | 114.78 | 13:29:57 | 7:03 | 10 | 2:43:59 | 38 | 4:21:48 |
| VP20 - Grenzturn | 7.53 | 1:09:14 | 9:11 | 17 | 26:14 | 73 | 34:38 | 122.31 | 14:39:11 | 7:11 | 10 | 3:10:13 | 44 | 4:52:16 |
| VP21 - Ruderclub | 4.78 | 43:11 | 9:02 | 10 | 13:06 | 35 | 19:50 | 127.09 | 15:22:22 | 7:15 | 10 | 3:23:11 | 40 | 5:12:06 |
| VP22 - Frohnau (| 4.03 | 37:42 | 9:21 | 14 | 13:38 | 61 | 16:10 | 131.12 | 16:00:04 | 7:19 | 10 | 3:36:11 | 41 | 5:28:16 |
| VP23 - Naturschu | 6.78 | 49:46 | 7:20 | 6 | 9:09 | 21 | 16:00 | 137.90 | 16:49:50 | 7:19 | 10 | 3:44:02 | 40 | 5:44:16 |
| VP24 - Oranienbu | 4.75 | 35:48 | 7:32 | 6 | 6:45 | 16 | 9:56 | 142.65 | 17:25:38 | 7:19 | 9 | 3:50:47 | 37 | 5:53:38 |
| VP25 - Lübars | 5.69 | 50:55 | 8:56 | 14 | 18:02 | 54 | 21:35 | 148.34 | 18:16:33 | 7:23 | 9 | 4:08:49 | 38 | 6:15:13 |
| VP26 - S-Bahnhö | 5.71 | 1:04:12 | 11:14 | 22 | 30:19 | 128 | 34:31 | 154.05 | 19:20:45 | 7:32 | 10 | 4:39:08 | 39 | 6:49:44 |
| VP27 - Wollankst | 3.09 | 26:31 | 8:34 | 19 | 14:10 | 120 | 14:10 | 157.14 | 19:47:16 | 7:33 | 10 | 4:51:16 | 39 | 7:02:30 |
| Friedrich-Ludwig | 3.76 | 38:42 | 10:17 | 17 | 14:56 | 90 | 18:05 | 160.90 | 20:25:58 | 7:37 | 11 | 5:06:12 | 40 | 7:19:06 |