



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

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Stefan & David

□□□: 20:12:39

□□: 2001

□□: 7.92 km/h

□□□□: 7:32 min/km

□□: 160.90 km

□□□□□/□□□: 5 (of 7)

2er Staffel

□□□□□/□□□: 5 (of 7)

□□□□□□: 15:38:28

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□□□□□: 5(of 7)

Staffel 2 x 80 km

□□□□□□□: 15:38:28

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□□□	□□ km	□□ □□ min/km	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
VP1 - Mahnmal P	9.02	1:06:56	7:25	5	17:06	5	17:06	9.02	1:06:56	7:25	5	17:06	5	17:06
VP2 - Schlesische	5.98	42:37	7:07	5	11:32	5	11:32	15.00	1:49:33	7:18	5	28:38	5	28:38
VP3 - Sonnenalle	6.00	41:36	6:56	5	10:09	5	10:09	21.00	2:31:09	7:11	5	38:47	5	38:47
VP4 - Stubenrauc	5.73	38:09	6:39	5	9:29	5	9:29	26.73	3:09:18	7:04	5	48:16	5	48:16
VP5 - U-Bahnhof	4.30	32:15	7:30	4	6:44	4	6:44	31.03	3:41:33	7:08	5	55:00	5	55:00
VP6 - Buckower I	5.40	40:04	7:25	6	11:27	6	11:27	36.43	4:21:37	7:10	5	1:06:27	5	1:06:27
VP7 - Kirchhainer	5.54	40:25	7:17	6	13:15	6	13:15	41.97	5:02:02	7:11	6	1:15:29	6	1:15:29
VP8 - Lichtenradi	4.42	35:13	7:58	5	10:52	5	10:52	46.39	5:37:15	7:16	6	1:26:21	6	1:26:21
VP9 - Osdorfer St	5.77	43:38	7:33	6	18:58	6	18:58	52.16	6:20:53	7:18	6	1:37:49	6	1:37:49
VP10 - Sportplatz	6.41	1:00:00	9:21	7	28:05	7	28:05	58.57	7:20:53	7:31	6	1:59:33	6	1:59:33
VP11 - Königsweg	6.18	51:23	8:18	6	30:46	6	30:46	64.75	8:12:16	7:36	6	2:15:28	6	2:15:28
VP12 - Gedenkst	6.18	1:15:46	12:15	7	37:10	7	37:10	70.93	9:28:02	8:00	6	2:52:38	6	2:52:38
VP13 - Brauhaus	6.84	53:45	7:51	5	17:19	5	17:19	77.77	10:21:47	7:59	6	3:06:21	6	3:06:21
VP14 - Revierförs	6.06	55:20	9:07	6	18:43	6	18:43	83.83	11:17:07	8:04	6	3:25:04	6	3:25:04
VP15 - Schloß Sa	6.20	53:14	8:35	6	18:36	6	18:36	90.03	12:10:21	8:06	6	3:43:12	6	3:43:12
VP16 - Pagel & Fi	7.63	41:31	5:26	3	2:15	3	2:15	97.66	12:51:52	7:54	6	3:45:27	6	3:45:27
VP17 - Wilhelmst	4.84	25:18	5:13	2	0:20	2	0:20	102.50	13:17:10	7:46	6	3:43:42	6	3:43:42
VP18 - Falkensee	6.58	35:40	5:25	1	-	1	-	109.08	13:52:50	7:38	6	3:42:35	6	3:42:35
VP19 - Schönwal	5.70	36:44	6:26	2	4:27	2	4:27	114.78	14:29:34	7:34	6	3:47:02	6	3:47:02
VP20 - Grenzturn	7.53	53:35	7:06	3	11:04	3	11:04	122.31	15:23:09	7:32	6	3:48:10	6	3:48:10
VP21 - Ruderclub	4.78	34:40	7:15	3	6:20	3	6:20	127.09	15:57:49	7:32	6	3:54:30	6	3:54:30
VP22 - Frohnau (	4.03	27:33	6:50	2	0:42	2	0:42	131.12	16:25:22	7:30	6	3:54:17	6	3:54:17
VP23 - Naturschu	6.78	52:42	7:46	4	9:21	4	9:21	137.90	17:18:04	7:31	5	4:03:38	5	4:03:38
VP24 - Oranienbu	4.75	33:46	7:06	2	5:31	2	5:31	142.65	17:51:50	7:30	5	4:03:01	5	4:03:01
VP25 - Lübars	5.69	43:59	7:43	3	9:08	3	9:08	148.34	18:35:49	7:31	4	4:12:09	4	4:12:09
VP26 - S-Bahnhö	5.71	45:28	7:57	5	9:35	5	9:35	154.05	19:21:17	7:32	4	4:20:43	4	4:20:43
VP27 - Wollankst	3.09	19:33	6:19	5	5:38	5	5:38	157.14	19:40:50	7:30	4	4:26:21	4	4:26:21
Friedrich-Ludwig	3.03	31:49	10:30	5	9:22	5	9:22	160.90	20:12:39	7:32	5	4:34:11	5	4:34:11