



100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

□□□□

Team Sued-Ost

□□: LG Mauerweg Berlin e.V.

□□: 4002

□□: 160.90 km

4er Staffel

□□□□:

Staffel 4 x 40 km

□□□: 20:14:38

□□: 7.90 km/h

□□□□: 7:33 min/km

□□□□□/□□□: 13 (of 15)

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□□□□□□: 14:01:32

□□□□□: 13(of 15)

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| □□□ | □□ km | □□ □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ | □□ |
|-------------------|----------|-----------------|---------|---------|-----------|-----------|-------|--------|----------|------|----|---------|----|---------|
| VP1 - Mahnmal P | 9.02 | 1:08:03 | 7:32 | 14 | 19:59 | 14 | 19:59 | 9.02 | 1:08:03 | 7:32 | 14 | 19:59 | 14 | 19:59 |
| VP2 - Schlesische | 5.98 | 44:51 | 7:30 | 14 | 15:01 | 14 | 15:01 | 15.00 | 1:52:54 | 7:31 | 14 | 35:00 | 14 | 35:00 |
| VP3 - Sonnenalle | 6.00 | 45:01 | 7:30 | 14 | 16:43 | 14 | 16:43 | 21.00 | 2:37:55 | 7:31 | 14 | 51:43 | 14 | 51:43 |
| VP4 - Stubenrauc | 5.73 | 43:08 | 7:31 | 15 | 16:42 | 15 | 16:42 | 26.73 | 3:21:03 | 7:31 | 14 | 1:08:25 | 14 | 1:08:25 |
| VP5 - U-Bahnhof | 4.30 | 43:04 | 10:00 | 14 | 21:12 | 14 | 21:12 | 31.03 | 4:04:07 | 7:52 | 14 | 1:29:37 | 14 | 1:29:37 |
| VP6 - Buckower I | 5.40 | 45:32 | 8:25 | 14 | 20:13 | 14 | 20:13 | 36.43 | 4:49:39 | 7:57 | 14 | 1:49:50 | 14 | 1:49:50 |
| VP7 - Kirchhainer | 5.54 | 46:51 | 8:27 | 14 | 20:45 | 14 | 20:45 | 41.97 | 5:36:30 | 8:01 | 14 | 2:10:35 | 14 | 2:10:35 |
| VP8 - Lichtenradi | 4.42 | 42:05 | 9:31 | 14 | 22:07 | 14 | 22:07 | 46.39 | 6:18:35 | 8:09 | 14 | 2:32:42 | 14 | 2:32:42 |
| VP9 - Osdorfer St | 5.77 | 47:31 | 8:14 | 14 | 21:55 | 14 | 21:55 | 52.16 | 7:06:06 | 8:10 | 14 | 2:54:37 | 14 | 2:54:37 |
| VP10 - Sportplatz | 6.41 | 50:43 | 7:54 | 14 | 22:33 | 14 | 22:33 | 58.57 | 7:56:49 | 8:08 | 14 | 3:17:10 | 14 | 3:17:10 |
| VP11 - Königsw | 6.18 | 47:39 | 7:42 | 12 | 17:54 | 12 | 17:54 | 64.75 | 8:44:28 | 8:05 | 14 | 3:20:47 | 14 | 3:20:47 |
| VP12 - Gedenkst | 6.18 | 43:54 | 7:06 | 10 | 11:00 | 10 | 11:00 | 70.93 | 9:28:22 | 8:00 | 14 | 3:26:23 | 14 | 3:26:23 |
| VP13 - Brauhaus | 6.84 | 45:30 | 6:39 | 11 | 11:29 | 11 | 11:29 | 77.77 | 10:13:52 | 7:53 | 13 | 3:21:18 | 13 | 3:21:18 |
| VP14 - Revierförs | 6.06 | 37:36 | 6:12 | 7 | 6:14 | 7 | 6:14 | 83.83 | 10:51:28 | 7:46 | 12 | 3:23:44 | 12 | 3:23:44 |
| VP15 - Schloß Sa | 6.20 | 39:31 | 6:22 | 8 | 6:32 | 8 | 6:32 | 90.03 | 11:30:59 | 7:40 | 12 | 3:27:01 | 12 | 3:27:01 |
| VP16 - Pagel & Fi | 7.63 | 43:50 | 5:44 | 8 | 7:07 | 8 | 7:07 | 97.66 | 12:14:49 | 7:31 | 12 | 3:28:58 | 12 | 3:28:58 |
| VP17 - Wilhelmst | 4.84 | 31:15 | 6:27 | 10 | 7:00 | 10 | 7:00 | 102.50 | 12:46:04 | 7:28 | 12 | 3:35:58 | 12 | 3:35:58 |
| VP18 - Falkensee | 6.58 | 44:27 | 6:45 | 12 | 9:23 | 12 | 9:23 | 109.08 | 13:30:31 | 7:25 | 12 | 3:45:21 | 12 | 3:45:21 |
| VP19 - Schönwal | 5.70 | 47:37 | 8:21 | 13 | 16:43 | 13 | 16:43 | 114.78 | 14:18:08 | 7:28 | 12 | 4:02:04 | 12 | 4:02:04 |
| VP20 - Grenzturn | 7.53 | 1:01:23 | 8:09 | 13 | 20:57 | 13 | 20:57 | 122.31 | 15:19:31 | 7:31 | 12 | 4:23:01 | 12 | 4:23:01 |
| VP21 - Ruderclub | 4.78 | 35:22 | 7:23 | 13 | 11:34 | 13 | 11:34 | 127.09 | 15:54:53 | 7:30 | 12 | 4:30:52 | 12 | 4:30:52 |
| VP22 - Frohnau (| 4.03 | 26:45 | 6:38 | 13 | 10:40 | 13 | 10:40 | 131.12 | 16:21:38 | 7:29 | 12 | 4:39:17 | 12 | 4:39:17 |
| VP23 - Naturschu | 6.78 | 48:37 | 7:10 | 12 | 20:25 | 12 | 20:25 | 137.90 | 17:10:15 | 7:28 | 12 | 4:55:48 | 12 | 4:55:48 |
| VP24 - Oranienbu | 4.75 | 33:30 | 7:03 | 11 | 12:32 | 11 | 12:32 | 142.65 | 17:43:45 | 7:27 | 12 | 5:06:54 | 12 | 5:06:54 |
| VP25 - Lübars | 5.69 | 43:17 | 7:36 | 12 | 17:24 | 12 | 17:24 | 148.34 | 18:27:02 | 7:27 | 12 | 5:23:18 | 12 | 5:23:18 |
| VP26 - S-Bahnho | 5.71 | 50:33 | 8:51 | 13 | 23:59 | 13 | 23:59 | 154.05 | 19:17:35 | 7:30 | 12 | 5:47:17 | 12 | 5:47:17 |
| VP27 - Wollankst | 3.09 | 24:17 | 7:51 | 15 | 12:27 | 15 | 12:27 | 157.14 | 19:41:52 | 7:31 | 13 | 5:59:44 | 13 | 5:59:44 |
| Friedrich-Ludwig | 3.03 | 32:46 | 10:48 | 13 | 13:22 | 13 | 13:22 | 160.90 | 20:14:38 | 7:32 | 13 | 6:13:06 | 13 | 6:13:06 |