



100MeilenBerlin - der Mauerweglauf

Berlin / 16.08.2014

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Olthues, Wolfgang

000: 21:18:00

00: TSV Raesfeld

00: 7.51 km/h

00: 205

0000: 7:56 min/km

00: 160.90 km

00000/0000: 51 (of 246)

100MeilenBerlin

00000/0: 49 (of 211)

000000: 13:06:52

0000:

00000: 8(of 46)

Senioren M50 (50-54 Jahre)

0000000: 16:59:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
VP1 - Mahnmal P	9.02	56:36	6:16	8	15:33	46	15:40	9.02	56:36	6:16	8	15:33	46	15:40
VP2 - Schlesische	5.98	33:37	5:37	9	7:29	37	7:31	15.00	1:30:13	6:00	8	23:02	42	23:11
VP3 - Sonnenalle	6.00	35:26	5:54	10	7:05	55	9:48	21.00	2:05:39	5:59	8	30:07	44	32:59
VP4 - Stubenrauc	5.73	33:15	5:48	8	4:53	47	8:00	26.73	2:38:54	5:56	8	35:00	44	40:59
VP5 - U-Bahnhof	4.30	28:13	6:33	6	5:07	42	7:06	31.03	3:07:07	6:01	8	40:07	44	46:59
VP6 - Buckower I	5.40	35:45	6:37	11	6:13	62	10:22	36.43	3:42:52	6:07	8	46:20	49	57:20
VP7 - Kirchhainer	5.54	35:52	6:28	9	5:20	49	9:41	41.97	4:18:44	6:09	8	49:50	49	1:06:24
VP8 - Lichtenradi	4.42	30:10	6:49	14	6:15	70	9:57	46.39	4:48:54	6:13	10	52:42	53	1:16:21
VP9 - Osdorfer St	5.77	37:04	6:25	11	6:05	45	10:52	52.16	5:25:58	6:14	9	53:29	51	1:26:35
VP10 - Sportplatz	6.41	43:19	6:45	6	8:29	35	14:31	58.57	6:09:17	6:18	8	55:14	47	1:39:32
VP11 - Königsw	6.18	42:53	6:56	9	6:45	43	14:00	64.75	6:52:10	6:21	8	54:08	45	1:52:41
VP12 - Gedenkst	6.18	49:35	8:01	11	12:00	57	18:08	70.93	7:41:45	6:30	8	1:03:15	45	2:10:08
VP13 - Brauhaus	6.84	49:32	7:14	9	7:52	53	25:55	77.77	8:31:17	6:34	8	1:08:30	46	2:27:17
VP14 - Revierförs	6.06	53:36	8:50	30	16:15	120	24:12	83.83	9:24:53	6:44	8	1:24:45	47	2:51:29
VP15 - Schloß Sa	6.20	49:02	7:54	5	10:17	32	19:15	90.03	10:13:55	6:49	8	1:35:02	45	3:10:44
VP16 - Pagel & Fi	7.63	59:03	7:44	8	12:09	48	22:39	97.66	11:12:58	6:53	7	1:46:34	42	3:32:56
VP17 - Wilhelmst	4.84	40:41	8:24	17	9:36	80	15:34	102.50	11:53:39	6:57	7	1:56:10	42	3:48:30
VP18 - Falkensee	6.58	51:33	7:50	10	11:39	47	18:05	109.08	12:45:12	7:00	7	2:07:49	41	4:05:52
VP19 - Schönwal	5.70	52:40	9:14	13	15:54	73	23:51	114.78	13:37:52	7:07	8	2:23:43	43	4:29:43
VP20 - Grenzturn	7.53	59:59	7:57	7	10:43	35	25:23	122.31	14:37:51	7:10	8	2:34:26	42	4:50:56
VP21 - Ruderclub	4.78	51:14	10:43	15	13:18	67	27:53	127.09	15:29:05	7:18	8	2:47:29	44	5:18:49
VP22 - Frohnau (4.03	48:29	12:01	33	20:08	147	26:57	131.12	16:17:34	7:27	8	3:02:52	47	5:45:46
VP23 - Naturschu	6.78	1:12:29	10:41	24	21:30	109	38:43	137.90	17:30:03	7:36	8	3:24:22	49	6:24:29
VP24 - Oranienbu	4.75	56:44	11:56	32	19:55	141	30:52	142.65	18:26:47	7:45	9	3:37:21	50	6:54:47
VP25 - Lübars	5.69	1:03:35	11:10	28	21:19	121	34:15	148.34	19:30:22	7:53	9	3:56:09	50	7:29:02
VP26 - S-Bahnh	5.71	48:57	8:34	11	11:30	48	19:16	154.05	20:19:19	7:54	10	4:05:36	51	7:48:18
VP27 - Wollankst	3.09	22:40	7:20	15	7:41	80	10:19	157.14	20:41:59	7:54	10	4:10:41	51	7:57:13
Friedrich-Ludwig	3.76	36:01	9:34	14	10:41	72	15:24	160.90	21:18:00	7:56	8	4:18:19	49	8:11:08