



15. SKS-Bike-Marathon \"Rund um Zierenberg\"

Zierenberg / 24.08.2014

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Frank, Heinz

□□□: 2:44:40

□□: SF 03 Romrod

□□: 19.31 km/h

□□: 45

□□: 53.00 km

□□□□□/□□□: 58 (of 235)

Halbmarathon

□□□□□/□: 57 (of 222)

□□□□□□: 2:05:31

□□□□:

□□□□□: 2(of 41)

Masters 3

□□□□□□□: 2:44:13

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	27:49	15.10	5	1:58	70	7:54	7.00	27:49	15.10	22		57	7:54
Kontrolle B	33.00	1:45:48	18.71	4	0:51	63	24:29	40.00	2:13:37	17.96	22		57	32:18
Ziel	13.00	31:03	25.12	1	-	39	7:38	53.00	2:44:40	19.31	2	0:27	57	39:09