



15. SKS-Bike-Marathon \"Rund um Zierenberg\"

Zierenberg / 24.08.2014

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Block, Holger

□□□: 2:49:15

□□: RSV 98 Warburg

□□: 18.79 km/h

□□: 14

□□: 53.00 km

□□□□□/□□□: 69 (of 235)

Halbmarathon

□□□□□/□: 67 (of 222)

□□□□□□: 2:05:31

□□□□:

□□□□□: 23(of 53)

Masters 1

□□□□□□□: 2:05:31

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	28:08	14.93	29	8:13	76	8:13	7.00	28:08	14.93	49		68	8:13
Kontrolle B	33.00	1:47:52	18.36	24	26:33	69	26:33	40.00	2:16:00	17.65	49		67	34:41
Ziel	13.00	33:15	23.46	21	9:50	60	9:50	53.00	2:49:15	18.79	23	43:44	67	43:44