



15. SKS-Bike-Marathon \"Rund um Zierenberg\"

Zierenberg / 24.08.2014

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Zehm, Bodo

□□□: 3:30:35

□□: Monte Saurus

□□: 15.10 km/h

□□: 243

□□: 53.00 km

□□□□□/□□□: 169 (of 235)

Halbmarathon

□□□□□/□: 160 (of 222)

□□□□□□: 2:05:31

□□□□:

□□□□□: 4(of 6)

Masters 4

□□□□□□□: 3:09:11

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	33:06	12.69	4	3:25	145	13:11	7.00	33:06	12.69	4	1:17	165	13:11
Kontrolle B	33.00	2:13:42	14.81	4	14:25	165	52:23	40.00	2:46:48	14.39	4	14:19	160	1:05:29
Ziel	13.00	43:47	17.81	4	7:05	164	20:22	53.00	3:30:35	15.10	4	21:24	160	1:25:04