

15. SKS-Bike-Marathon \"Rund um Zierenberg\" Zierenberg / 24.08.2014



Schwingel, Karsten □□: 3:35:08 □□: SG Stern Kassel □□: 14.78 km/h

[]: 190

☐: 53.00 km ☐☐☐☐☐☐: 177 (of 235)
Halbmarathon ☐☐☐☐☐: 167 (of 222)

00000: 2:05:31

□□□: 67(of 93)
Masters 2 □□□□□: 2:06:43

km km/h km km/h Kontrolle A 7.00 183 16:11 36:06 11.63 75 15:39 7.00 36:06 11.63 2:24 172 16:11 13 Kontrolle B 40.00 2:54:14 13.77 33.00 2:18:08 14.33 73 56:41 175 56:49 2 12:32 167 1:12:55 Ziel 13.00 40:54 57 16:05 137 17:29 53.00 3:35:08 14.78 67 1:28:25 167 1:29:37 19.07