



15. SKS-Bike-Marathon \"Rund um Zierenberg\"

Zierenberg / 24.08.2014

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Sarnecki, Bolko

□□□: 3:39:00

□□: Ziendorf

□□: 14.52 km/h

□□: 32

□□: 53.00 km

□□□□□/□□□: 186 (of 235)

Halbmarathon

□□□□□/□: 175 (of 222)

□□□□□□: 2:05:31

□□□□:

□□□□□: 29(of 41)

Masters 3

□□□□□□□: 2:44:13

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	33:16	12.63	21	7:25	149	13:21	7.00	33:16	12.63	10		180	13:21
Kontrolle B	33.00	2:14:29	14.72	26	29:32	167	53:10	40.00	2:47:45	14.31	10		175	1:06:26
Ziel	13.00	51:15	15.22	36	20:12	198	27:50	53.00	3:39:00	14.52	29	54:47	175	1:33:29