



15. SKS-Bike-Marathon \"Rund um Zierenberg\"

Zierenberg / 24.08.2014

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Sarnecki, Bolko

□□□: 3:39:00

□□: Ziendorf

□□: 14.52 km/h

□□: 32

□□: 53.00 km

□□□□□/□□□: 186 (of 235)

Halbmarathon

□□□□□/□: 175 (of 222)

□□□□□□: 2:05:31

□□□□:

□□□□□: 29(of 41)

Masters 3

□□□□□□□: 2:44:13

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|-------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Kontrolle A | 7.00 | 33:16 | 12.63 | 21 | 7:25 | 149 | 13:21 | 7.00 | 33:16 | 12.63 | 10 | | 180 | 13:21 |
| Kontrolle B | 33.00 | 2:14:29 | 14.72 | 26 | 29:32 | 167 | 53:10 | 40.00 | 2:47:45 | 14.31 | 10 | | 175 | 1:06:26 |
| Ziel | 13.00 | 51:15 | 15.22 | 36 | 20:12 | 198 | 27:50 | 53.00 | 3:39:00 | 14.52 | 29 | 54:47 | 175 | 1:33:29 |