



Erfurt 1 Marathon

Erfurt / 30.08.2014

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Thüringer Klöße

□□: BSG Commerzbank Sömmerda

□□: 53

□□: 42.20 km

Marathon 4er Staffel

□□□□:

Staffel 4 x Mix

□□□: 3:57:43

□□: 10.60 km/h

□□□□: 5:38 min/km

□□□□□/□□□: 10 (of 21)

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VP1 - Gubener St	5.40	25:24	4:42	2	0:20	2	0:20	5.40	25:24	4:42	4		4	
VP2 - Nordpark	4.80	25:38	5:20	2	0:28	2	0:28	10.20	51:02	5:00	7		7	
VP3 - Pfaffenstie	10.90	1:03:58	5:52	7	10:03	7	10:03	21.10	1:55:00	5:27	7	6:32	7	6:32
VP4 - Walterslebi	4.90	29:58	6:06	8	6:20	8	6:20	26.00	2:24:58	5:34	7	8:23	7	8:23
VP5 - Waldhaus	4.00	22:02	5:30	7	3:17	7	3:17	30.00	2:47:00	5:33	7	9:00	7	9:00
Nordpark Erfurt	12.20	1:10:43	5:47	7	20:12	7	20:12	42.20	3:57:43	5:37	6	29:12	6	29:12