



Erfurt 1 Marathon  
Erfurt / 30.08.2014

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Schwarzwald, Hans

□□: THOHAN

□□: 55

□□: 42.20 km

Marathon Einzel

□□□□:

Männer

□□□: 4:32:52

□□: 9.24 km/h

□□□□: 6:28 min/km

□□□□□/□□□: 23 (of 43)

□□□□□/□: 21 (of 41)

□□□□□□: 3:25:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Gubener St	5.40	29:47	5:30	26	8:15	26	8:15	5.40	29:47	5:30	37		37	
VP2 - Nordpark	4.80	27:54	5:48	15	5:21	15	5:21	10.20	57:41	5:39	2		2	
VP3 - Pfaffenstie	10.90	1:10:02	6:25	16	17:14	16	17:14	21.10	2:07:43	6:03	11		11	
VP4 - Walterslebi	4.90	36:25	7:25	17	9:45	17	9:45	26.00	2:44:08	6:18	4		4	
VP5 - Waldhaus	4.00	29:36	7:24	23	9:07	23	9:07	30.00	3:13:44	6:27	2		2	
Nordpark Erfurt	12.20	1:19:08	6:29	18	18:07	18	18:07	42.20	4:32:52	6:27	22	1:07:29	22	1:07:29