



Erfurt 1 Marathon
Erfurt / 30.08.2014

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Lenz, Gunther

□□□: 4:41:20

□□: 57

□□: 8.96 km/h

□□□□: 6:40 min/km

□□: 42.20 km

□□□□□/□□□: 27 (of 43)

Marathon Einzel

□□□□□/□: 26 (of 41)

□□□□□□: 3:25:23

□□□□:

□□□□□: 26(of 41)

Männer

□□□□□□: 3:25:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Gubener St	5.40	29:22	5:26	17	7:50	17	7:50	5.40	29:22	5:26	5		5	
VP2 - Nordpark	4.80	28:16	5:53	17	5:43	17	5:43	10.20	57:38	5:39	7		7	
VP3 - Pfaffenstie	10.90	1:10:04	6:25	17	17:16	17	17:16	21.10	2:07:42	6:03	6		6	
VP4 - Walterslebi	4.90	36:26	7:26	18	9:46	18	9:46	26.00	2:44:08	6:18	4		4	
VP5 - Waldhaus	4.00	29:50	7:27	24	9:21	24	9:21	30.00	3:13:58	6:27	6		6	
Nordpark Erfurt	12.20	1:27:22	7:09	27	26:21	27	26:21	42.20	4:41:20	6:39	27	1:15:57	27	1:15:57