



Erfurt 1 Marathon  
Erfurt / 30.08.2014

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Chaosteam

□□: 68

□□: 42.20 km

Marathon 4er Staffel

□□□□:

Staffel 4 x Mix

□□□: 4:09:15

□□: 10.11 km/h

□□□□: 5:55 min/km

□□□□□/□□□: 15 (of 21)

□□□□□/□□□: 10 (of 16)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
VP1 - Gubener St	5.40	26:27	4:53	4	1:23	4	1:23	5.40	26:27	4:53	9	0:24	9	0:24
VP2 - Nordpark	4.80	28:36	5:57	9	3:26	9	3:26	10.20	55:03	5:23	12	2:32	12	2:32
VP3 - Pfaffenstie	10.90	1:04:04	5:52	8	10:09	8	10:09	21.10	1:59:07	5:38	12	10:39	12	10:39
VP4 - Walterslebi	4.90	30:37	6:14	9	6:59	9	6:59	26.00	2:29:44	5:45	12	13:09	12	13:09
VP5 - Waldhaus	4.00	27:07	6:46	13	8:22	13	8:22	30.00	2:56:51	5:53	12	18:51	12	18:51
Nordpark Erfurt	12.20	1:12:24	5:56	8	21:53	8	21:53	42.20	4:09:15	5:54	10	40:44	10	40:44