



Erfurt 1 Marathon
Erfurt / 30.08.2014

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Fritzlar, Heike

□□: Mühlhäuser Röblinglauf e.V.

□□: 37

□□: 42.20 km

Marathon Einzel

□□□□:

Frauen

□□□: 4:48:24

□□: 8.74 km/h

□□□□: 6:50 min/km

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□□□□□□: 4:20:48

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VP1 - Gubener St	5.40	29:34	5:28	2	0:10	2	0:10	5.40	29:34	5:28	2	0:10	2	0:10
VP2 - Nordpark	4.80	28:46	5:59	2	0:31	2	0:31	10.20	58:20	5:43	2	0:41	2	0:41
VP3 - Pfaffenstie	10.90	1:15:42	6:56	1	-	1	-	21.10	2:14:02	6:21	2	-	2	-
VP4 - Walterslebi	4.90	38:40	7:53	1	-	1	-	26.00	2:52:42	6:38	1	-	1	-
VP5 - Waldhaus	4.00	28:33	7:08	1	-	1	-	30.00	3:21:15	6:42	2	23:12	2	23:12
Nordpark Erfurt	12.20	1:27:09	7:08	2	4:24	2	4:24	42.20	4:48:24	6:50	2	27:36	2	27:36